# DIAPERS TO DEGREES: HIGHER EDUCATION'S CONTRIBUTION TO THE IMPOSTER SYNDROME

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#### JUST A BIT ABOUT US!



### THE IMPOSTER SYNDROME CLANCE AND IMES, 1978

- WHAT IS IT?
- ORIGINALLY PROPOSED AS A PARTICULARLY FEMALE PHENOMENON RELATED TO THE PERSONAL EXPERIENCE OF GRADUATE STUDENTS. A PHENOMENON CHARACTERIZED BY AN INABILITY TO INTERNALIZE <u>ACADEMIC</u> SUCCESS. INTERNAL AND EXTERNAL CONSTRUCTS THAT ARE REAL AND PERCEIVED BY STUDENT-PARENTS THAT HINDER ACADEMIC SUCCESS.



CAROLINE
NON-TRADITIONAL IN EVERY SENSE

SHELLEY
TRADITIONAL TO STAFF TO
NON-TRADITIONAL

YVETTE

NON-TRADITIONAL MOTHER AND

GRANDMA EXTRAORDINAIRE

## INSTITUTIONAL BARRIERS THAT CONTRIBUTE TO THE IMPOSTER SYNDROME 15 MINUTES

**VISIBLE** 

**INVISIBLE** 

## SOLUTIONS AND ADVOCACY TO ENSURE A CLEAR PATH FROM DIAPERS TO DEGREES

- WHAT CAN YOUR INSTITUTION IMPLEMENT OR IMPROVE TO CONFRONT
   (OTHERNESS' AND MINIMIZE THE IMPOSTER SYNDROME FOR STUDENT-PARENTS?
   NOTE TO YOUR PRESIDENT, PROVOST, FACULTY, ALUMNI DONOR TWO
   PARAGRAPHS
- NOTE TO YOUR DEPARTMENT OF HUMAN SERVICES, STATE REPRESENTATIVE,
   VOTERS, CORPORATION THAT ADDRESSES THESE SUGGESTIONS. TWO





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