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FOOD STAMP PROGRAM

The food stamp program, 1200 S. E. Morrison, sponsored by the U.S. Department of Agriculture, is not subject to the restrictions effective November 1 for public assistance. Every household in which all members are included on welfare is automatically eligible for food stamps. If the household contains members not receiving welfare, eligibility is subject to the food stamp maximum income limits.

However, the food stamp program is of real benefit to those no longer eligible for public assistance and after December 1, if necessary, monthly income is less than $20 the cost of stamps is 50c per person. For example, the single unemployed woman under 65 who is living alone may obtain $14 worth of food stamps for a month as only a cost of 50c per person. The single unemployed childless couple, who live by themselves, may obtain $24 worth of food stamps per month for 2. The nonincidence, who has received his maximum 14 days assistance, will be eligible for food stamps. The ADC family, who started 30 days after termination of full time employment for assistance, may also be helped by the food stamp program.

Call the food stamp center, 222-4113, for further information.

George Sanders, general manager of Radio Station KKL, (center) and Jimmy Banks Walker (right) welcomes Dick Gregory to Portland in 1968.

BY LEE ITOY

CHICAGO-CLARK-Dick Gregory, declared independent candidate for President of the United States in 1968, announced last week that he would fast beginning on Thanksgiving Day and lasting until Christmas.

There was such excitement in the Continental Room of the Kik-ker-bocker Hotel here as the somewhat gaunt comedian explained to reporters, radio and television newsmen the philosophical reasons and technical details of his demonstration.

"I am determined to set an example as an individual American loyally protesting against my government's policy in Vietnam," he said on a glass of water, his only form of sustenance during the 32-day fast. About two days prior to the press conference, Gregory was extolling un water and orange juice. The fast eliminated even the vitamins found in the fruit juice.

He continued: "From Thanksgiving Day until Christmas, I will fast in sympathy with the millions of Americans who are also opposed to the war in Vietnam. I will not eat, drink juice or take prepared vitamins or other food supplements. I will drink only distilled water.

Gregory fielded a barrage of pointed questions asked by white musicians on assignment who felt the demonstration was a publicity stunt. Having worked with Dick Gregory for the past two years, it is my considered opinion that whatever Gregory does—and regardless of how it may seem to spectators—"is done with sincere conviction and a deep and abiding concern for his fellow man.

To add further emphasis to his demonstrative fast, Gregory asked that "all those who, like myself, are opposed to war to demonstrate their determination by not buying a turkey for Christmas dinner. I suggest that true Christmas and Hanukkah celebrants celebrate this year by buying a turkey for Christmas dinner, which would be senseless for me to make this kind of public sacrifice.

I shouldn't have to do this, as a morally committed man, it would be senseless for me to make this kind of public sacrifice and wish on it. I would be only chastising myself. If for any reason I will and I hope to continue to fast, I would simply make that announcement.

Gregory vowed to willingly accept medical examination at any time during the fast in order to scientifically ascertain whether anything is in his digestive system other than distilled water. As long as a doctor of his choice is permitted to be present.

NO NAMES

No Names Duplicate Bridge Club gave their first Western Rodeo Dance at the FDAC last Saturday night and it was a go!
A Second Israel

In an address before the American Sociological Association's annual convention, Professor Charles P. Loomis, 35, an authority on the valleys of the Andes mountain would be an ideal place for American Negroes to

"Why should not the Negroes such as those among the black pop­

culates, so it will guide them in any frac­

3. The Negro problem is not insoluble. The good society can be built

herself it, too. He must have a book done" he asked.

He said he felt sure that the United States government could

in the San Diego California American or

The suggestion was accompanied by an anxious warning that

in another chapter, they were not ex­

beauty is not a substitute for more

and disgust. But it has no real meaning beyond recording Negro

of the institution in which

What has happened on these campuses and in 1969 would

But in 1960, the students were demonstrating almost

South Carolina, and the College

pockets and the deep beliefs of their parents and grandparents. They

The Negro Almanac has been endorsed by such persons as

But Negro fellow citizens can help him in the same way the

The city thus deserves as many congratulations as its new mayor.

The point is clear - an amount of demonstra­

with the years.

the source of motivation,

It helps whites, too, by making deeper and truer the nites of

...Cleveland's population will have

"I think that a Negro fellow citizen can help him in the same way the

in the Negro community, from black nationalists to ultraconservatives

the little tune. What has happened on these campuses and

famous American

The Negro Almanac by Roy Wilkins. The Negro Almanac is a

and wish to call those that have been

How Americans can help them is a completely different story. The

\section{Unidentified Style

This has been a hectic spring. Negro students are demonstrating all over the place; in what place? They have had their troubles at Howard University in Washington, Allen University in Columbia, South Carolina, and the State College in Orangeburg, South Carolina. They have demonstrated at Fisk and Tennessee A & I. They have had it at Lincoln University in Missouri, Texas Southern in Houston, and Southern University in Baton Rouge, Louisiana. Miles College in Birmingham, Alabama, has had some uprisings. There may be others. I have seen them that do not come to my mind at this time. What is it all about? Is it my opinion that much or all of this could have been avoided. The ques­

The armed forces, etc. Educational opportunities for

in the present stage

One point is clear - no amount of

the minimun or they would not exist

What has happened on these campuses and in 1969 would happen

of the institution in which they are temporarily serving. Pau­

the university's student body and society.

This is one

Hill Negro fellow citizens can help him in the same way the

No amount of time and energy and effort in

the Negro Almanac is a book by and about Negroes -- biographies, juveniles, history, fiction

The Negro problem is not insoluble. The good society can be built

Anyone who is in poor health. Nothing could

The Negro problem is not insoluble. The good society can be built

the source of motivation.

importance to black and white Americans. For those of us who

It is important that white people also have the ability to face the
dimensions of the Black American dream and identify our hopes

realize that the source of motivation,

...the present stage

the Little tune. What has happened on these campuses and

by and about Negroes -- biographies, juveniles, history, fiction

The Negro Almanac is a book by and about Negroes -- biographies, juveniles, history, fiction

was defeated. They will try to prevent a recurrence of these
demonstrations should be done. Of course, the

A point to note is that the Negro students are academically compe­

or Bolivia, and other nations.

It helps whites, too, by making deeper and truer the nites of

The city thus deserves as many congratulations as its new mayor.

They have had their troubles at Howard University in Washington, Allen University in Columbia, South Carolina, and the State College in Orangeburg, South Carolina. They have demonstrated at Fisk and Tennessee A & I. They have had it at Lincoln University in Missouri, Texas Southern in Houston, and Southern University in Baton Rouge, Louisiana. Miles College in Birmingham, Alabama, has had some uprisings. There may be others. I have seen them that do not come to my mind at this time. What is it all about? Is it my opinion that much or all of this could have been avoided. The question naturally arises - what end is

Whatever has happened on these campuses and in 1969 would happen

Held Negro fellow citizens can help him in the same way the

The city thus deserves as many congratulations as its new mayor.

To the Soviet specialists, it was the time to which Stokes

The Negro problem is not insoluble. The good society can be built

and disgust. But it has no real meaning beyond recording Negro

The Negro problem is not insoluble. The good society can be built

Every man needs some kind of skill

The city thus deserves as many congratulations as its new mayor.

this will have to be a second book.

Two New York University Doctors of Philosophy have just published one of the most important and attractive books I have ever seen which concerns the black man in the United States. It is not a novel or a civil rights tome or a political exercise. It is a reference work called "The Negro Almanac" and that is precisely what it is.

This is one

They have had their troubles at Howard University in Washington, Allen University in Columbia, South Carolina, and the State College in Orangeburg, South Carolina. They have demonstrated at Fisk and Tennessee A & I. They have had it at Lincoln University in Missouri, Texas Southern in Houston, and Southern University in Baton Rouge, Louisiana. Miles College in Birmingham, Alabama, has had some uprisings. There may be others. I have seen them that do not come to my mind at this time. What is it all about? Is it my opinion that much or all of this could have been avoided. The question naturally arises - what end is

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PORLAND NEWSLETTER

"INSIDE NEWS OTHERS DARE NOT PRINT"

I haven’t seen any performance this year that surpasses Sidney Poitier’s “To Sir With Love” and “In the Heat of the Night.” If he doesn’t win his second Academy Award Oscar, he will be because of his paint job.

Speaking of paint jobs, the damn “Un-Godders!” in the Civil Rights field who are criticizing the all-black cast “Hello Dolly” starring Pearl Bailey got a good “Shunnable” in People, Places & Faces by Major Robinson, who along with Eric Hoffer, and Lee Ivory the great personality of show biz, will become regular contributors to the greatest Negro Newspaper in the Northwest.

Meanwhile wasn’t it the Defender’s Jimmy “Bang Bang” Walters and pretty Miss “Bright Eyes” going into the City of Portland on Sunday? They had enough land to farm, and James Evers kept cows, pigs, chickens, and a pair of mules for plowing. He grew vegetables for the table and cotton for cash. But, like most “race” country boys, he was no “Do-Gooder” in the world of warmth and closeness, of discipline and family pride.

The simple fact that he had helped earn money that had done so much to improve his parents’ home was an indication of the possibilities of life outside his native state. And yet, when the war was over, back to Mississippi he went, along with his parents, for the love of his country.

The two boys went to school at a segregated school and played in segregated sports. The schools met at the edge of the crowd. As he grew older, those ties constantly to test him. He had an opportunity to travel to Millsaps College, and the Army. Eventually he wound up in a segregated port battalion that saw service in England and, after the end of World War II, returned to Mississippi. They had enough land to farm, and James Evers kept cows, pigs, chickens, and a pair of mules for plowing. He grew vegetables for the table and cotton for cash. But, like most “race” country boys, he was no “Do-Gooder” in the world of warmth and closeness, of discipline and family pride.

There was a constant factor of Medgar’s life; it was not something he had brought with him to the world, but it was something he learned as he grew older.

Times were changing, and he and Medgar found themselves constantly to test. For years he went with his mother on occasional days to the home of the white family where she worked. He played with white children both there and on his property to account for the sort of man he was.

Ruth finished high school, and both she and Medgar were to learn were the boundaries, to the future of their race, and for their family, and here was a world of warmth and closeness, of discipline and family pride.

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PEOPLE, PLACES & FACES

By MAJOR ROBINSON

NEW YORK CITY — Frankly, I know that Miss Bailey doesn't feel poor little me to come to her defense, but I would like to stick in my two cents against some De-Losers in the civil rites field who've criticized the all-Negro cast of the long-running Broadway hit show, "Hello, Dolly," which Pearl Bailey leads these days.

You've probably read the garbage that's come out of their mouths about how "they don't think that producer David Merrick was justified in staging this formerly all-white cast with soul singers and dancers. They said it was plain ole segregation."

Now let's look at those who've opened their big, fat mouths and let out ill-chosen words at Pearl Bailey and the rest of those wonderful guys and gals who are lighting up the Broadway theatre these nights and routines, with some of the jazziest song and dance routines we've ever heard and seen. What did they ever do for Pearl before? Did they ever offer her a job when she needed one.

Did they ever offer a job to Chris Calloway (Cab's daughter), one of the bright new stars on stage this week, folks. Major Robinson, 511 W. 165th St., New York City 10032.

The dancing dandies and dolls, all dressed up in colorful costumes that highlight their brown skins, give you a lift. They're as handsome as you would imagine a Negro can look. And if you sit in the audience and enjoy "Hello, Dolly" you can get nothing but pride if you're a Negro.

For these same objections to Pearl Bailey and the rest of the cast are valid.

When those same objections to Pearl & Co. get ready to stage a benefit to raise some loot for their causes, when do they first contact to help put it over? Why show people of color.

So Pearl, just forget about those few insignificant blackheads being tossed your way. Instead, concentrate on bringing happiness and joy to millions who love you really. That's your mission in life.

Every night you walk out on the stage of the St. James Theatre on W. 44th St. It is like a star rising down from Heaven. And right now you Cab, and the rest of the cast are the stars of Broadway. And if you want to get corny, that is BLACK POWER at its finest. That's it for this week. Fols. Major Robinson, 811 W. 146th St., New York City 10032, NY.

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When you see Wonder in this new Sta-Fresh plastic bag you'll be seeing Good Housekeeping Seal. Yes, Wonder has earned this famous seal your added assurance that Wonder Enriched Bread is baked with the finest ingredients for the most flavorful and nutritious loaf.

Garbed in the attire of the times of our American history, these same objectors to Pearl Bailey's show, just forget about those few insignificant blackheads being tossed your way. Instead, concentrate on bringing happiness and joy to millions who love you really. That's your mission in life. You serve, and there's no one else as good as you.

---

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