TWAS the night before Christmas when all thru the house
Not a creature was stirring not even a mouse.
The stockings were hung by the chimney with care,
In the hopes that Saint Nicholas soon would be there.

The children were nestled all snug in their beds,
While visions of sugar-plums danced in their heads,
And mamma in her 'kerchief and I in my cap,
Had just settled down for a long winter's nap.

When out on the lawn there arose such a clatter,
I sprang from my bed to see what was the matter.
Away to the window I flew like a flash,
Tore open the shutters and threw up the sash.

The moon on the breast of the new-fallen snow,
Gave a lustre of mid-day to objects below,
When, what to my wondering eyes should appear,
But a miniature sleigh, and eight tiny reindeer;

With a little old driver, so lively and quick,
I knew in a moment it must be St. Nick.
More rapid than eagles his coursers they came,
And he whistled, and shouted, and called them by name:

"Now, Dash! now, Dance! now, Prancer! and Vixen!
On Comet! on Cupid! on Donder and Blitzen!
To the top of the porch, to the top of the wall!
Now, dash away, dash away, dash away all!"

As dry leaves that before the wild hurricane fly,
When they meet with an obstacle, mount to the sky,
So up to the house-top the coursers they flew
With the sleigh full of toys, and St. Nicholas, too.

And then in a twinkle, I heard on the roof
The prancing and pawing of each little hoof.
As I drew in my head, and was turning around,
Down the chimney St. Nicholas came with a bound.

He was dressed all in fur, from his head to his foot,
And his clothes were all tarnished with ashes and soot;
A bundle of toys he had flung on his back,
And he looked like a peddler just opening his pack.

His eyes how they twinkled! his dimples how merry!
His cheeks were like roses, his nose like a cherry.
His droll little mouth was drawn up
to a whistle, and shouted, and called me by name:

"Happy Christmas to all and to all a good night!"

—CLEMENT C. MOORE.
A Recipe From the Publisher: How to Make a Perfect Uncle Tom

Special to the Defender

A Recipe From the Publisher of Black America, the Magazine that Created Miss Black America:

**HOW TO MAKE A PERFECT UNCLE TOM**

by J. Morris Anderson

**INGREDIENTS**

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>40 boxes of Oreos</td>
<td>25 gallons of Negro powder</td>
</tr>
<tr>
<td>50 gallons of white power</td>
<td>29 boatloads of house niggers</td>
</tr>
<tr>
<td>40 cups of shame</td>
<td>1 teaspoon of economic security</td>
</tr>
<tr>
<td>20 quarts of insecurity</td>
<td>3 teaspoons of political power</td>
</tr>
<tr>
<td>5 cups of integration</td>
<td>A pinch of common sense</td>
</tr>
<tr>
<td>22 quarts of White Anglo-Saxon History</td>
<td>2 tablespoons of bleaching cream</td>
</tr>
</tbody>
</table>


Serves five million "negroes," five million "culluds" and five million "oreos." Can be digested much easier before the Black Revolution.
I have always dreamed of doing something for the sake of human dignity. Today, I feel that I have fulfilled my desire. Some six years ago, my decision was made towards this long awaited dream to later one in reality. I, too, had dreamed many years ago. I was born and partially raised in Canton, Mississippi, a small and congested town. I left the south at the age of eleven.

The only important thing I am able to best remember about the South is the cotton fields and farming in general, because I grew up on a huge plantation, some twelve miles from Canton, which was the nearest town.

I once stated, "I'd Never Again" return to the State of Mississippi, but as time progressed, and I grew older, I began to realize the facts of life and the way some of our people were treated, I decided upon taking advantage of the knowledge I had gained. I was determined to take a giant step and go forth to the land in which I first lived, and become re-united with my people.

I had a dream and that dream was not a dream that one can forget easily. I was constantly approached by the same dream and the same place. I had to go to the rescue because I was needed, needed in my home state, the sovereign State of Mississippi.

Finally, I did reveal to my mother of my proposed trip South, and for particular reason, she wasn't at all surprised. At first, it wasn't at all easy for her, as she knew the situation in the South far better than myself and perhaps better than may others. Being a faithful Christian and church worker, she said she would not ask me not to go ahead as that might have discouraged me.

So, in turn, she said if this is what you desire to do, and is what you really want, I am all for it and God will take care.

I was late on arrival at Oxford, so therefore, I did receive the proper amount of basic training others had received in order to continue on to Mississippi as planned. I was somewhat despondent and irritated after being in on the actual training sessions, therefore, I accumulated an upset stomach and lost my appetite for a few days.

Then, I asked my Coordinator permission to see a Doctor to learn the cause of my sudden loss of appetite and stomach illness. So, I did, and after conducting a complete examination along with several other physicians and psychiatrists, they all came to the very same conclusion that it was my nerves, and that I shouldn't go on to Mississippi and suggested that I return to Portland, and that I could be more useful at a later time. I flatly refused, as nothing could or would hinder my trip to Mississippi, and I would not let them turn me back.

I disobeyed their orders and did continue the "Long Hot Journey" to Mississippi, where I was so determined to take an active part in my native born land, as was mentioned in earlier paragraphs. After having arrived in Canton, where I was assigned to work, I had to be re-assigned, after facing minor difficulties in Ohio. I was determined nothing was preventing me from doing what I had a dream to do for my kind of people.

By the time I arrived in Jackson, Mississippi, the Civil Rights Act had been passed, and there was built-up pressure from all directions in the white community. Those were my downfalls, as I could no longer stay in comfort with my relatives, who no longer made me welcome. I had one choice left and the choice was to come back to Portland, Oregon, and report my true findings of my experiences in the weary South. I had a desire in lending a hand in something I felt was a need and a necessity for every decent citizen, black or white to fully take part in a program in order for every human-being regardless to race, creed, color or national origin, to be accepted in the American way of life as citizens and not aliens.

I am proud I participated in the Great and now historic project in the name of freedom, liberty, and justice for all of God's children. In essence, I'd like reminding every courageous and dedicated person who also took part in performing a responsibility in Mississippi, "I live with these words: It's Not What My People Can Do For Me, It's What I Can Do For My People."
# The very foods for a MERRY CHRISTMAS

## AT SAFEWAY TOTAL DISCOUNT WITH A DIFFERENCE

**SAFeway STORES WILL CLOSE EARLY FRIDAY, DEC. 24th AT 6:00 P.M.**

**CLOSED ALL DAY DEC. 25th**

<table>
<thead>
<tr>
<th>Grade A Turkeys</th>
<th>Boneless Hams</th>
<th>Pork Chops</th>
</tr>
</thead>
<tbody>
<tr>
<td>Manor House Fancy</td>
<td>Cudahy Home</td>
<td>Quarters loin</td>
</tr>
<tr>
<td>18-24 lb.</td>
<td>Half or Whole</td>
<td>Cut into End and Center Chops</td>
</tr>
<tr>
<td>10-14 lb.</td>
<td>Fully Smoked</td>
<td>lb.</td>
</tr>
<tr>
<td>32¢</td>
<td>lb.</td>
<td>89¢</td>
</tr>
</tbody>
</table>

- Beef Franks Safeway 49¢
- 2-lb. Bacon Safeway 1.36¢
- Leg of Lamb 98¢

### EXTRA SAVINGS ON SUPER SAVERS

<table>
<thead>
<tr>
<th>Cream Cheese</th>
<th>Cranberries</th>
<th>Fruit Cocktail</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lactone</td>
<td>29¢</td>
<td>24¢</td>
</tr>
<tr>
<td>Pop.</td>
<td>29¢</td>
<td>24¢</td>
</tr>
<tr>
<td>Whole pkg.</td>
<td>17 oz.</td>
<td>24 oz.</td>
</tr>
</tbody>
</table>

### EVERYDAY DISCOUNT PRICES

<table>
<thead>
<tr>
<th>Hot Roll Mix</th>
<th>Fancy Yams</th>
<th>Tiny Shrimp</th>
<th>Soft Margarine</th>
<th>Mandarin Tangerines</th>
<th>Crockettes</th>
<th>Cook-in Bag</th>
<th>Medium Size</th>
<th>Chili w/Beans</th>
</tr>
</thead>
<tbody>
<tr>
<td>14 oz.</td>
<td>19 oz.</td>
<td>29 oz.</td>
<td>28 oz.</td>
<td>20 oz.</td>
<td>40 oz.</td>
<td>30 oz.</td>
<td>98¢</td>
<td>41¢</td>
</tr>
</tbody>
</table>

### PRODUCE at Discount Prices Every Day!

<table>
<thead>
<tr>
<th>Fancy NAVELS</th>
<th>CRANBERRIES</th>
</tr>
</thead>
<tbody>
<tr>
<td>California Jersey Sun-ripened &quot;Four stretching strings&quot;</td>
<td>Fresh Ocean Spray</td>
</tr>
<tr>
<td>Case Box 1.49¢</td>
<td>The holiday menu favorite</td>
</tr>
<tr>
<td>50 Box 2.25¢</td>
<td>It's the traditional fruit for beauty and color in Christmas decorations</td>
</tr>
</tbody>
</table>

### VARIETY DISCOUNTS

<table>
<thead>
<tr>
<th>Super Saver</th>
<th>Score Hair Cream</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tan</td>
<td>74¢</td>
</tr>
<tr>
<td>3-oz. size</td>
<td>48¢</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Party Dips</th>
<th>Shoestrings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fancy Bacon</td>
<td>68¢</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Canned Hams</th>
<th>Fancy Bacon</th>
</tr>
</thead>
<tbody>
<tr>
<td>Safeway Fully Cooked, Waste-free</td>
<td>Safeway Lean-streaked Bacon</td>
</tr>
<tr>
<td>1.1 lb.</td>
<td>1 lb.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Mabry Baker's Butter Baked</th>
<th>Party Dips</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 for $1</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Egg Nog</th>
<th>Peanuts</th>
</tr>
</thead>
<tbody>
<tr>
<td>49¢</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Plated Olives</th>
<th>Sweet Pickles</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 for $1</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>POLAROID FILM</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>color 120-4 x 6</td>
<td>$3.96</td>
</tr>
<tr>
<td>Color 126 Color Flashcubes</td>
<td>$1.48</td>
</tr>
</tbody>
</table>

**SAFEWAY**

We welcome U.S. Gov't. Food Stamps Where Authorized

### Price Policy

- All prices effective Dec. 23-25-1974 at all Portland Safeways.

- Brown Mushrooms For the Christmas dinner table
- Extra Fancy Apples RED HOMESTYLE Cripp's & Sweet Tangerines + Tangelos Real holiday favorites, Year 'round

### Safeway Prices

- Christmas 404
- Merry Christmas 404
- Merry Christmas 88c
- Merry Christmas 404
- Merry Christmas 404
**SANTA CLAUS IS COMIN' TO TOWN**

HAVEN GILLESPIE
J. FRED COOTS

You better watch out, you better not cry,
Better not pout, I'm telling you why:
Santa Claus is comin' to town.
He's making a list and checking it twice,
Gonna find out who's naughty and nice.
Santa Claus is comin' to town.
He sees you when you're asleep,
He knows when you're awake,
He knows if you've been bad or good,
So be good for goodness sake!
Oh! You better watch out, you better not cry,
Better not pout, I'm telling you why:
Santa Claus is comin' to town.

With little tin horns and little toy drums,
Roaty-toot-toots and rummy-cum-tums
Santa Claus is comin' to town.
And curly head dolls that toddle and coo,
Elephants, boats and kiddie cars too,
Santa Claus is comin' to town.
The kids in giri-and boy-land
Will have a jubilee,
They're gonna build a Toyland town
All around the Christmas tree,
So! You better watch out, you better not cry,
Better not pout, I'm telling you why:
Santa Claus is comin' to town.

**JOY TO THE WORLD**

ISAAC WATTS
GEORGE F. HANDEL

Joy to the world, the Lord is come
Let every heart prepare Him room
And heav'n and nature sing
And heav'n and heav'n and nature sing.
Joy to the world the Saviour reigns
Let men their songs employ
While fields and floods, rocks, hills and plains
Repeat the sounding joy
Repeat the sounding joy
Repeat, repeat the sounding joy.
He rules the world with truth and grace
And makes the nations prove
The glories of His righteousness
And wonders of His love
And wonders, wonders of His love.

**I HEARD THE BELLS ON CHRISTMAS DAY**

HENRY W. LONGFELLOW
JOHNNY MARKS

I heard the bells on Christmas Day
Their old familiar carols play,
And wild and sweet the words repeat
Of peace on earth, good will to men.

I thought as now this day had come,
The belfries of all Christendom
Had rung so long th' unbroken song
Of peace on earth, good will to men.

And in despair I bowed my head
There is no peace on earth I said,
For hate is strong, and mocks the song
Of peace on earth, good will to men.

Then pealed the bells more loud and deep
God is not dead, nor doth He sleep
The wrong shall fail, the right prevail
With peace on earth, good will to men.

**TWELVE DAYS OF CHRISTMAS**

On the first day of Christmas
My true love sent to me
A partridge in a pear tree
On the second day of Christmas
My true love sent to me
Two turtle doves and a partridge in a pear tree
On the third day of Christmas
My true love sent to me
Three red hens, two turtle doves and a partridge in a pear tree
On the fourth day or Christmas my true love sent to me
Four calling birds, three red hens, two turtle doves and a partridge in a pear tree
On the fifth day of Christmas
My true love sent to me
Five golden rings, four calling birds, three red hens, two turtle doves and a partridge in a pear tree
On the sixth day of Christmas
My true love sent to me
Six geese a-laying, five golden rings, four calling birds, three red hens, two turtle doves and a partridge in a pear tree
On the seventh day of Christmas
My true love sent to me
Seven swans a-swimming, six geese a-laying, five golden rings, four calling birds, three red hens, two turtle doves and a partridge in a pear tree
On the eighth day of Christmas
My true love sent to me
Eight maids a-milking, seven swans a-swimming, six geese a-laying, five golden rings, four calling birds, three red hens, two turtle doves and a partridge in a pear tree
On the ninth day of Christmas
My true love sent to me
Nine ladies dancing, eight maids a-milking, seven swans a-swimming, six geese a-laying, five golden rings, four calling birds, three red hens, two turtle doves and a partridge in a pear tree
On the tenth day of Christmas
My true love sent to me
Ten lords a-leaping, nine ladies dancing, eight maids a-milking, seven swans a-swimming, six geese a-laying, five golden rings, four calling birds, three red hens, two turtle doves and a partridge in a pear tree
On the eleventh day of Christmas
My true love sent to me
Eleven pipers piping, ten lords a-leaping, nine ladies dancing, eight maids a-milking, seven swans a-swimming, six geese a-laying, five golden rings, four calling birds, three red hens, two turtle doves and a partridge in a pear tree
On the twelfth day of Christmas
My true love sent to me
Twelve drummers drumming, eleven pipers piping, ten lords a-leaping, nine ladies dancing, eight maids a-milking, seven swans a-swimming, six geese a-laying, five golden rings, four calling birds, three red hens, two turtle doves and a partridge in a pear tree.
```
We Wish You a Merry Christmas

Traditional English Folk Song

1. We wish you a Merry Christmas,
   We wish you a Merry Christmas,
   We wish you a Merry Christmas,
   We wish you a Merry Christmas.

2. And when we areathering safely home,
   We'll tell our tale of Christmas glee,
   We'll tell our tale of Christmas glee,
   We'll tell our tale of Christmas glee.

3. Then will the birds a-singing be,
   A glad Christmas to you and me,
   A glad Christmas to you and me,
   A glad Christmas to you and me.

We wish you a Merry Christmas.
```

```
Away In A Manger

Martin Luther

(Luther's Carol) J. R. Spilman

1. A way in - a - manger, No crib for His bed, The lowly Infants by night! Ho
   Be - low Math-ew's in - gent stars, And gath - ered round the manger's care,
   The babytown of Jesu's birth! And gath - ered round the manger's care.

2. But-in - a - manger, Jesu lies, Jesu lies, Jesu lies,
   Jesu lies, Jesu lies, Jesu lies,
   Jesu lies, Jesu lies, Jesu lies,
   Jesu lies, Jesu lies, Jesu lies,
   Jesu lies, Jesu lies, Jesu lies,
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   Jesu lies, Jesu lies, Jesu lies,
   Jesu lies, Jesu lies, Jesu lies,
DECEMBER 23, 1971 THIS NEWSPAPER IS THE OLDEST BLACK PUBLICATION IN THE NORTHWEST

FROM START TO FINISH.

Rich in Emollients,
Lanolin, Coconut Oil

A job well done.

REMEMBER: If it is safe in water, it is safe to use KNOCKOUT

- Mechanics
- Printers
- Painters
- Workers who really have rough, dirty hands!

KNOCKOUT is all purpose.
No longer is it necessary to stock all sorts of cleaners and detergents.

NO ROUGH RED HANDS - NO RUBBER GLOVES
GUARANTEED TO SEND DIRT FLYING!
NON-INFLAMMABLE

You must try KNOCK-OUT to know its power. "BANG-BANG'S" Knock-Out Cleanser is made from organic bio-degradable ingredients that are so miraculous they are revolutionizing the cleaning products industry. The greatest breakthrough since the invention of soap.

KNOCKOUT Does what other products claim to do—Ideal for

1. Dishes, utensils
2. Appliances, walls
3. Woodwork, floors, windows
4. Wax stripping
5. Heavy grease
6. Shampoo, shaving
7. Woolens, Nylons
8. Fine fabrics
9. Barbecue, grills
10. Pots and pans
11. Stain remover
12. Fruits and vegetables
13. Automotive—inside and out
14. Bath, adults, babies and animals
15. Paint brushes
16. Rugs, upholstery
17. Grease and oil on cement
18. Add to water in washing machine
19. Use as hand lotion
20. Will not burn the skin or sting the eyes.

REMEMBER... If it is safe in water, it is safe to use KNOCKOUT

Retail Price - One Pint $1.00,
One Quart - $1.98, One Gallon - $5.95,
Five Gallons - $20.00,
15-Gallon Drum - $50.00,
55-Gallon Drum - $125.00.

Liquid Concentrate

FOR SALE AT:
Clarion Defender
319 N.E. Wygant Street
284-1289

Fashion Wheel
1637 N.E. Killingsworth
281-3358

ONE ROUND AND THE Dirt is Out

Can You Dig It?

"1550 On Your Dial"
Soulful Weekend
with
Jimmy "Bang-Bang" Walker
Sunday 12-2 p.m.

"1550 On Your Dial"
Soulful Weekend
with
Jimmy "Bang-Bang" Walker
Sunday 12-2 p.m.
Rev. Ellis Casson and Miss Shirley Usthank surprised their friends Saturday by going over to Vancouver, Washington and getting married. They spent their honeymoon down on the coast.

Mrs. Exie Henderson accompanied her son Rev. A.L. Henderson back to our city to spend the holiday season with him and his family.

Following the morning service in Bethel A.M.E. Church Sunday morning, Baptism Rites were given to the children Master Russell Joshua and Mrs. Richard Payne. His grandparents Dr. and Mrs. Searcy parents of Mrs. Payne's Henderson back to our city to spend the holiday season with their friends Saturday by going over to Vancouver, Washington.

Little Miss Nonita Michelle Payne's Godparents are Mr. and Mrs. Richard Payne, Little Master Brian Lowell Payne. Payne's Godparents are Mr. and Mrs. Sharon Smith. Little Master Russell Joshua Payne Jr. 's Godparents are Mr. and Mrs. Stanley Wheeler. Also present for the occasion were their grandparents Mr. and Mrs. Scarry parents of Mrs. Payne and Mrs. Payne Sr., mother of Mr. R. Payne.

The December issue of Ebony Magazine honored our own Mrs. Clara Peoples telling of her work with the city's Community Care self-help program and all the work she has done for the needy. We should read about her and I know we are all very proud of Mrs. Clara Peoples. Congratulations!

Friday evening in the Police's Athletics Hall the Rose Social Club had their Annual Formal Ball. A large crowd was out to enjoy the affair.

Music was by the Lawon's Orchestra. From the first note to the last the floor was filled with gay dancers. It was the outstanding event of the pre-holiday season.

The Club members went all out to see that everybody enjoyed themselves. Mrs. Bonnie Holiday is President of the Club. Other members are Nellie Bond, Marguerite Bohanon, Lillian Mae Lewis, Elsie McBell, Virgil Mosley, Juanita Simms, Lelia Robertson and Reta Taylor.

Miss Nellie Fowles is leaving this week to spend the holidays with her mother and friends in Houston, Texas. Also leaving town for the holidays is Mrs. Elsie McBell who is planning on spending it with her daughter and friends in New York City.
IT'S YOUR NAVY
Lt. Gladics and En. 1st Class Harris

Today Bill B. of Portland would like to know, "What is an Engineman?" Well, Bill, basically an Engineman is a Navyman who has been trained to maintain and repair internal combustion engines. This may include out-board motors, automobile engines, generators, and large diesel engines. Usually an Engineman works on diesel engines since they are the workhorse engine in the Navy. These may be as small as a single cylinder generator or as large as a 500 horsepower ship's engine. The training and experience a sailor gets in the Navy makes him a highly qualified and desirable employee in the civilian job market. Anyone who is interested in working on engines and wants training should consider the Navy as a possibility. You can get paid and trained at the same time at no cost to yourself save your time.

The North Portland YMCA will have a special swim schedule for the week of December 27 - December 30, 1971. All Youth Swim Classes are cancelled. Youth Recreation Swims are scheduled from 1:30 to 5:30 p.m., Monday through Thursday. All Youth are invited to participate in the youth swims. The North Portland YMCA will be closed December 24, 25, and 26 for the Christmas holidays and December 31, January 1, and 2 for the New Year's holiday. A new winter and spring swimming schedule will be in effect starting Monday January 3, 1972. The YMCA has made available for rental to youth groups the time of 7:30 - 9:00 p.m. during the holiday week. Questions about the rental of the pool may be directed to the North Portland YMCA, at 282-5517 now to make sure the desired time will be available.

The pediatric service of the Albina Multi-Service Center, 5022 N. Vancouver, was created to fill the vacuum in medical care available to infants, children, and young adults living in the area. Since the conception of the model cities unit, the service has tried to stress well child care, preventive medicine, and the usual illnesses a pediatrician would see in his practice. Medical care is available to any individual under 19 years of age who lives in the Model Cities area.

The clinic is funded by a grant from the County of Multnomah and the University of Oregon Medical School, and is serviced and staffed by the County of Multnomah and the University of Oregon Medical School, and public health nurses, and other medical and social agencies in the community, states Dr. Larry Wolff, Medical Director Albina MSC.
To whom it may concern and to the public at large, Johnny J. Moore and Robert Christopher are no longer associated with the Clarion Defender Newspaper as of the December 21. These two are not and never were connected with the 8th Annual Albina Children's Christmas Party. Although they collected hundreds of dollars throughout the community and mostly in the Lloyd Center in support of the 8th Annual Party -- where the hell is the money?

If they try to represent this newspaper or the Christmas Party in any way please call 284-1289, or better yet, call the Fraud Department of the Police Station at 226-7551.

WANTED

A young couple, bondable to manage apartment. Initially, it will require a great deal of time and interest. This is a good opportunity to learn how to manage apartments. There is a potential future. It will be necessary that you can write clearly and be able to do some typing. Free 2 bedroom apartment, salary and an opportunity for additional earnings. Please write your qualifications and interests to the following address, PRU-REY Co., 5315 N. Vancouver Ave., Portland, Ore. 97217.

FRONT PAGE

Merry Christmas from

THE STAFF AND MANAGEMENT OF THE NORTHEAST' S OLDEST BLACK PUBLICATION WISH YOU A MERRY CHRISTMAS. DON'T FORGET THE 8TH ANNUAL ALBINA CHILDREN'S CHRISTMAS PARTY DECEMBER 23 FROM 2 - 5 P.M. AT CASCADE COLLEGE GYMNASIUM. EVERYONE IS INVITED!
Children Learn What They Live

If a child lives with criticism, he learns to condemn.
If a child lives with hostility, he learns to fight.
If a child lives with ridicule, he learns to be shy.
If a child lives with tolerance, he learns to be patient.
If a child lives with encouragement, he learns confidence.
If a child lives with praise, he learns to appreciate.
If a child lives with fairness, he learns justice.
If a child lives with security, he learns to have faith.
If a child lives with approval, he learns to like himself.
If a child lives with acceptance and friendship, he learns to find love in the world.

Merry Christmas kids*

Lamb-Weston: The big potato guys.

* of all ages