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Retirement Association of Portland State
(RAPS)

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RAPS Sheet, September 2014

Retirement Association of Portland State

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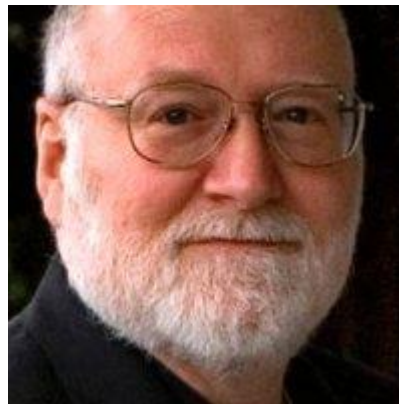
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Priscilla Blumel and Nancy Chapman

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Jay Bloom and RAPS Members Explore "Returnment"

At September 18 Meeting



Since 1983, Jay C. Bloom has been providing executive and personal coaching to leaders, managers, and individuals in the private, philanthropic, and government sectors who are experiencing a transition in their lives or desiring to strengthen their professional skills and capabilities. Jay is passionately promoting his concept of "returnment," a term he created for aging boomers as an alternative to retirement. Returnment encourages older adults to spend their later years using their skills, resources, and knowledge to benefit the greater good. He is also assisting organizations locally and nationally in finding ways to more effectively utilize older adults as a valued resource. Jay has an MA in Counseling Psychology and has studied at leadership and management training programs at Harvard and Yale. He is well known for his work as President and CEO of Morrison Child and Family Services and as Director of the Task Force on Vital Aging for Multnomah County. He twice served as the Interim CEO of the local United Way. You may want to visit his web site at www.BloomAnew.com for further background.

RAPS members Steve Brennan, Roger Jennings and Marge Terdal will discuss their post-retirement activities and experiences of returnment. The meeting will be in Room 236, SMSU. A light lunch will be available at noon. Jay Bloom and RAPS panelists will speak at 1:00pm.

President's Message

My greetings to all continuing and new members of RAPS. It seems impossible that we are beginning the 2014-2015 academic year. I am delighted to serve RAPS as your President and look forward to seeing you at our events.

I'd like to thank Vic and Beryl Dahl who comprise our Friendship and Social Committee. Beryl organized the annual August Picnic at Willamette Park and she will continue on through the year managing our social events. Vic fulfills a unique service for RAPS and Portland State University with beautifully composed memorials of the PSU faculty and staff who have passed away.

Larry Sawyer deserves kudos for representing RAPS in Minneapolis at the Association of Retirement Organizations in Higher Education and the NW Regional Retirement meetings in Seattle in September. Thanks, Larry.

President-elect Eileen Brennan has booked Jay Bloom, CEO of BloomAnew, for the first membership meeting September 18. He believes older people should use their skills, resources and knowledge for the greater good, and RAPS members qualify as stars in this arena. Bloom is a dynamic speaker and is a great lead-in for the new academic year.

Do come to the interesting programs planned by Eileen, and a wine tasting, our Christmas Brunch and the President's Luncheon. We have a wonderful year ahead and I hope to see everyone enjoying RAPS as I do.

--Priscilla Blumel

PSU Football Tickets Available for RAPS Members

The Portland State Athletics department has made a block of 20 tickets available for the October 4, 2014 football game. The home game will be at Providence Park and promises to be an exciting event. RAPS members may request up to two tickets from Carissa Ponting at the RAPS Office, either through her email, raps@pdx.edu, or by phone at 503-725-3447. Tickets will be available on a first-come first-served basis

--Eileen Brennan

AROHE Notes

Larry Sawyer attended the conference of the Association of Retirement Organizations in Higher Education in Minneapolis in August. W. T. (Bill) Lemman, formerly of PSU and of the OSSHE Chancellor's Office in Eugene, was elected to the Association's Board of Directors. The August 2016 Conference will be hosted by the University of Washington in Seattle. The RAPS Board has approved offering to assist in the event as much as possible. The University of Washington will also ask University of Victoria and University of British Columbia to help. More information will be available after the NW Regional meetings in Seattle in September.

--Larry Sawyer

RAPS Group Reports

The RAPS Book Group will meet at the home of Joan Shireman, 13584 S.E. Snowfire, Happy Valley, on Tuesday, September 16, at 1:30pm. This month's selection is *The Valley of Amazement* by Amy Tan. It is described as "a sweeping evocative epic of two women's intertwined fates and their search for identity that moves from the lavish parlors of Shanghai courtesans to the fog shrouded mountains of a remote Chinese village."

Please let Joan know if you plan to attend. Her telephone number is 503-698-9951, and her email is joan.shireman@frontier.com.

--Maxine Thomas

The RAPS Bridge Group will meet (or already has met) on Tuesday, September 2, 2014. We meet regularly on the first Tuesday of each month. Given the timing of the monthly *RAPS Sheet*, let me inform you of a couple of upcoming bridge sessions: October 7, 2014 and November 4, 2014.

We gather in the conference room of Friendly House's Anderson Building. (This building is on the north side of NW Savier Street, around the corner from the main entrance to Friendly House.) Play begins at 1:00 pm and continues to about 4:30 pm.

We are pretty friendly and are always looking for new players. If you wish to join us, please contact Steve Brennan, 503-646-6297. My email address is the.steve.brennan@gmail.com.

--Steve Brennan

The RAPS Hiking Group – On Tuesday, August 12, a flash flood wiped out the bridge across the Sandy River on the Ramona Falls trail, sweeping one hiker downstream to his death, and stranding 23 others, who were rescued by emergency crews. More information is available at this site:

<http://www.kgw.com/story/news/local/2014/08/12/deputies-called-ramona-falls-trail-sandy-river-washout/13973927/>.

In peaceful contrast to the above, the RAPS hike on August 8 had perfect weather. The six hikers (Tom and Cilla Dieterich, Leif and Marge Terdal, Tom Hard and Mary Lane Stevens) took Cilla's excellent suggestion to do the trail loop clockwise. We hiked uphill along the shadier creek side and downhill on the riverside trail, breaking for lunch at Ramona Falls. Photos from the hike appear on the next page.

--Tom Hard

Scholarship Contributions

A complete list of scholarship contributions since June 1, 2014 will appear in the October issue of the *RAPS Sheet*. I offer my apologies to those contributors whose gifts have not yet been acknowledged. The givers and the gifts are important to us and we appreciate your contributions.

--Mary Ricks

RAPS Hiking Group Ramona Falls Hike



Ramona Falls (photo by Tom Hard)



RAPS Hikers on Ramona Falls Trail (photo by Tom Dieterich)