Healthy Living Environments

Tina Taeb  
*Portland State University*

Ashley Schahfer  
*Portland State University*

ZGF

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HEALTHY LIVING ENVIRONMENTS

Internal Connection:
- Drivers: Privacy, Safety, Comfort, Entry
- Design elements: Windows, Walls, Common facilities

Physical Connection:
- Drivers: Spatial dimensions, Proximity, Window thickness, Familiarity
- Design elements: Ceiling heights, Hallway proportions, Entry, Windows, Accessibility

Social Connection:
- With building residents and the city
- Drivers: Auditory, Visual, Activity
- Design elements: Entry, Windows, Wall thickness, Privacy, Common facilities

Environmental Connection:
- Drivers: Air quality, Light quality, Thermal comfort
- Design elements: Windows, HVAC, Orientation

Pruitt-Igoe
Via Verde, NY
60 Richmond Housing Cooperative, Toronto

Measures of stress levels between environments with and without natural elements.

Brain areas activated during exposure to environment without nature.
Brain areas activated during exposure to natural environments.