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Supported Employment for Veterans with Traumatic Brain Injury: Provider Perspectives

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1 Running Head: Providing Supported Employment to Veterans with TBI

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3 Supported Employment for Veterans with Traumatic Brain Injury: Provider Perspectives

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1 Supported Employment for Veterans with Traumatic Brain Injury: Provider Perspectives

2 Abstract

3 **Objective:** In 2006, 13 sites were provided with one-time pilot funding to provide supported
4 employment (SE) to Veterans with traumatic brain injury (TBI) history. In 2014, we surveyed
5 SE providers at pilot and non-pilot sites that did not receive this funding. Our objectives were to
6 identify any pilot and non-pilot site differences regarding current: (1) provision of SE to
7 Veterans with TBI; (2) staffing and communication between the SE and polytrauma/TBI teams;
8 and (3) provider perceptions on facilitators and barriers to providing, and suggestions for
9 improving, SE.

10 **Setting:** Veterans Health Administration (VHA) SE programs.

11 **Design:** Mixed methods cross-sectional survey study.

12 **Participants:** Providers included a total of 54 SE supervisors and 90 vocational rehabilitation
13 specialists (VRSs).

14 **Interventions:** Not applicable.

15 **Main Outcome Measures:** Web-based surveys of forced-choice and open-ended items included
16 questions on SE team characteristics, communication with polytrauma/TBI teams, and
17 experiences with providing SE to Veterans with TBI history.

18 **Results:** SE was provided to Veterans with TBI at 100% of pilot and 59.2% of non-pilot sites (p
19 = .09). However, VRSs at pilot sites reported that communication with the polytrauma/TBI team
20 about SE referrals was more frequent than at non-pilot sites ($p = .003$). In open-ended items,
21 suggestions for improving SE were similar across pilot and non-pilot sites, and included

22 increasing staffing for VRSs and case management, enhancing communication and education
23 between SE and polytrauma/TBI teams, and expanding the scope of the SE program so that
24 eligibility is based on employment support need, rather than diagnosis.

25 **Conclusions:** These findings may contribute to an evidence base that informs SE research and
26 clinical directions on service provision, resource allocation, team integration efforts, and
27 outreach to Veterans with TBI who have employment support needs.

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31 **Keywords:** Supported Employment, Traumatic Brain Injury; Veterans; Interdisciplinary Health
32 Team; Community Integration

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41 Abbreviations

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43 Compensated Work Therapy (CWT)

44 Full-time employee equivalent (FTEE)

45 Individual Placement and Support (IPS) model of Supported Employment (SE)

46 Institutional Review Board (IRB)

47 Polytrauma Network Site (PNS)

48 Polytrauma Support Clinic Team (PSCT)

49 Polytrauma Point of Contact (PPOC)

50 Polytrauma/TBI System of Care (PSC)

51 Posttraumatic stress disorder (PTSD)

52 Severe mental illness (SMI)

53 Therapeutic and Supported Employment Services (TSES)

54 Traumatic brain injury (TBI)

55 Department of Veterans Affairs (VA)

56 Veterans Health Administration (VHA)

57 Vocational rehabilitation specialist (VRS)

58 More than 2.7 million U.S. service members have been deployed in support of the Iraq and
59 Afghanistan wars.¹ As many Veterans return to civilian life with service-related physical and
60 psychological injuries, including traumatic brain injury (TBI), it is critical that healthcare
61 systems are adequately resourced to address their health and psychosocial needs.² Frontline
62 clinicians and healthcare managers can provide essential macro-level perspectives on patient
63 health service needs.³⁻⁷ This key stakeholder input allows for successes to be documented and
64 shared, but is also important for identifying gaps in care. A methodology that identifies
65 facilitators and barriers to service provision is important for informing recommendations on
66 future implementation efforts that address healthcare concerns.^{3,8} Here, we report the results of a
67 survey of Veterans Health Administration (VHA) Compensated Work Therapy (CWT) program
68 supervisors and frontline vocational rehabilitation specialists (VRSs) about their experiences
69 with and perceptions of providing the evidence-based Individual Placement and Support (IPS)
70 model of Supported Employment⁹ (hereafter referred to as SE) to Veterans with TBI.

71 VHA provides a range of vocational rehabilitation services through its Therapeutic and
72 Supported Employment Services (TSES) CWT program. In fiscal year 2005, SE for individuals
73 with severe mental illness (SMI) was implemented VHA-wide.¹⁰ Policy allowed up to 25% of an
74 SE caseload to include Veterans without SMI but who had intense employment support needs.
75 SE is designed for individuals unable to work independently without intense intervention.
76 Various models of supported employment, including the IPS model of SE, have been evaluated
77 in civilian populations and shown to be effective for those with intellectual/developmental
78 disabilities, physical disabilities, and moderate/severe TBI history.^{11,12} SE's core principles
79 include no pre-requisite vocational training, rapid job searches for competitive work that matches
80 the individual's interests, long-term workplace support as needed, and integration between the

81 SE and clinical treatment teams so that health and employment-related issues can be addressed in
82 tandem.^{9,13} A significant minority of Iraq and Afghanistan war Veterans using VHA services
83 have TBI history and are unemployed.¹⁴ However, among those with a history of TBI, a
84 substantial proportion may have intense employment support needs. In a national survey of
85 Veterans with TBI, 45% reported unemployment. In this same survey, 42% reported at least
86 moderate interest in SE.¹⁵ Providing SE to these Veterans, many of whom are in their prime
87 working years,¹⁴ could positively impact their long-term employment success.

88 In the U.S. civilian population, approximately 2.5 million individuals sustain a TBI
89 annually,¹⁶ and since 2000, more than 360,000 TBIs have been reported in U.S. military service
90 members.¹⁷ In an analysis of more than 600,000 Iraq and Afghanistan war Veterans accessing
91 VHA services between 2009 and 2011, 9.6% had a TBI diagnosis.¹⁸ For both civilians¹⁹ and
92 recent U.S. service members,²⁰ at least 75% of diagnosed cases are classified as mild TBI.

93 Workforce participation is considered a significant indicator of recovery and has been closely
94 studied in those who sustained TBI.²¹⁻²⁸ The return to work rate following TBI varies widely^{29,30}
95 and is associated with various demographic, injury-related, and post-injury rehabilitation factors,
96 including use of vocational rehabilitation services.³¹⁻³⁵ For many civilians, return to pre-injury
97 levels of functioning following mild TBI usually occurs within 3 to 12³⁶ months or sooner,^{37,38}
98 although up to 20%³⁹ continue to experience a range of cognitive, emotional, and physical
99 symptoms⁴⁰ years after the injury that impact function. For those who served in the Iraq and
100 Afghanistan wars, recovery from mild TBI is difficult to measure and is confounded by such
101 factors as reporting delays⁴¹ and comorbid conditions like posttraumatic stress disorder
102 (PTSD),^{18,42,43} depression, and substance use,⁴⁴ which may complicate evaluation and
103 rehabilitation.⁴⁵

104 VHA's Polytrauma/TBI System of Care (PSC) was developed to address the multiple
105 healthcare needs of Iraq and Afghanistan war Veterans with TBI and comorbid conditions. Its
106 outpatient services include 23 regional Polytrauma Network Sites (PNS), 87 Polytrauma Support
107 Clinic Teams (PSCT) that are more geographically dispersed, and 39 Polytrauma Points of
108 Contact (PPOC) that do not have polytrauma/TBI rehabilitation teams but can make referrals for
109 appropriate care.^{46,47} Interdisciplinary polytrauma/TBI rehabilitation teams include physiatrists,
110 psychologists, and case managers.⁴⁸ Vocational rehabilitation specialists (VRSs) are not typically
111 core team members, but may be co-located in the same medical center or available for referral.

112 In 2006, VHA TSES provided 13 CWT programs with one-time funding for that fiscal
113 year for a dedicated VRS to provide SE to Veterans with TBI history. At most pilot sites there
114 was also funding for a psychologist to facilitate integration between vocational rehabilitation and
115 clinical providers. Due to limited resources, there was no contemporaneous evaluation of this
116 implementation. In 2014, we followed up with SE supervisors and VRSs from the 13 pilot sites
117 and their counterparts at other (non-pilot) sites that did not receive this specialized funding. This
118 study's objectives were to identify any differences between pilot and non-pilot sites with regard
119 to providing SE to Veterans with TBI; staffing and communication between the SE and
120 polytrauma/TBI teams; and provider perceptions on facilitators and barriers to, and suggestions
121 for, improving SE for this Veteran population. We hypothesized that compared to non-pilot sites,
122 pilot sites would: (1) have a higher rate of providing SE to Veterans with TBI history, (2) report
123 better interactions between the SE and polytrauma/TBI teams, and (3) experience fewer
124 challenges with providing SE to Veterans with TBI history.

125

126

127 Methods

128 *Design.* This was a mixed methods cross-sectional survey study with forced choice and open-
129 ended questions.

130 *Participants.* Target participants were identified through VHA administrative records, and
131 included SE program supervisors (pilot sites: n = 13; non-pilot sites: n = 133) and VRSs (pilot
132 sites: n = 90; non-pilot sites: n = 159). SE providers could not be identified at 2 of the 152
133 Department of Veterans Affairs (VA) medical centers, and therefore these 2 sites were excluded
134 from participating.

135 *Procedure.* The Research and Development Committees and/or human subjects Institutional
136 Review Boards (IRBs) of the research team investigators approved all procedures. Prior to
137 recruitment, we notified 150 VA medical center directors about the study. Of these, four
138 prohibited the survey from proceeding locally because of privacy concerns or lack of local IRB
139 guidance, and were subsequently excluded. Using a modified Dillman method for mailing
140 timelines,⁴⁹ in August 2014 we emailed invitations to participate in a web-based survey to SE
141 providers at the remaining 146 sites. The survey was programmed in and administered using
142 Verint Enterprise Feedback Management software version 6.5 (Melville, NY), which securely
143 captured responses within the VA firewall.

144 Survey questions differed by participant type. For forced-choice items, supervisors were
145 asked to provide information on broader program-level issues, such as which clinical populations
146 their SE program served, and current and ideal full-time employee equivalent (FTEE) hours
147 dedicated to providing SE to Veterans with TBI history. Questions for SE VRSs focused on
148 field-level experiences, such as working with the site's polytrauma/TBI clinic team (yes/no),
149 communication frequency with the polytrauma/TBI clinic team about SE referrals on a 1 (never)

150 to 9 (daily or almost daily) Likert-type scale, and perceived helpfulness in working with the
151 polytrauma/TBI clinic team on a 1 (not at all) to 5 (extremely) Likert-type scale. The software
152 had automated skip patterns so that participants did not respond to questions that previous
153 responses indicated were not applicable. For example, participants at sites without a
154 polytrauma/TBI team (PPOC) were not presented with questions about their interactions with
155 them.

156 Open-ended questions asked respondents to: list their ideal SE team composition
157 (supervisors only), describe their experiences working with Veterans and the local
158 polytrauma/TBI clinic team (VRSs only), identify training they have received (VRSs only), and
159 suggest program improvements (supervisors and VRSs).

160 *Statistical Analysis*

161 Means, standard deviations, percentages, and proportions were used to describe the
162 quantitative outcome variables. Continuous outcomes were compared using independent and
163 pairwise t-tests. For categorical data, we used chi-square test for independence, and Fisher's
164 Exact Test (one-sided) when the statistical assumptions for chi-square were not met. We also
165 tested VA medical center characteristics, including pilot site status, region of country (West,
166 Midwest, South, Northeast), and outpatient PSC level (PNS, PSCT, PPOC) to identify any
167 differences between responders and non-responders. Analyses were performed with IBM SPSS
168 Statistics v20.⁵⁰

169 *Qualitative Analysis*

170 Open-ended responses were coded with NVivo v10.⁵¹ A priori constructs focused on
171 general experiences providing SE to Veterans with TBI history; working with polytrauma/TBI
172 clinic providers; and facilitators, challenges, and suggested improvements for providing SE to

173 these Veterans. Any new themes that emerged were coded. Inter-rater reliability between two
174 team members (TKP, KEG) was established using a “check-coding” process.⁵² Open-ended
175 responses were coded independently for 10 respondents, and initial reliability estimates
176 (agreements as a proportion of agreements plus disagreements) were at least 85%. Consensus
177 was reached after discussing areas of initial disagreement. Additional open-ended responses from
178 5 different participants were then independently coded by both team members, maintaining a
179 stable level of percent agreement of $\geq .90$. Finally, the remaining open-ended responses were
180 coded independently.

181

182

Results

183 *Quantitative.*

184 *Response rate.* Response rate for SE supervisors was similar across pilot (5/13; 38.5%) and non-
185 pilot (49/133; 36.8%) sites ($p = .51$), and was not independently associated with country region
186 ($p = .81$), or PSC level ($p = .87$). For VRSs, the response rate between the pilot (14/40; 35.0%)
187 and non-pilot (76/209; 36.4%) sites was also comparable ($p = .87$), and did not vary by country
188 region ($p = .70$) or PSC level ($p = .97$).

189 *SE Supervisors.* Length of time supervising the SE program was comparable across pilot and
190 non-pilot sites (Table 1). The percentage of sites providing SE to Veterans with TBI history was
191 higher among pilot (100%) than non-pilot (59%) sites, although this result did not reach
192 statistical significance ($p = .09$). Across sites, supervisors reported comparable VRS FTEE hours
193 dedicated to serving Veterans with TBI history. Notably, there was more than a twofold gap in
194 the current versus perceived ideal FTEE hours for providing SE to Veterans with TBI history at

195 both pilot ($M = .70, SD = .45$ vs. $M = 1.80, SD = .45, p < .02$) and non-pilot ($M = .76, SD = .87$
196 vs. $M = 1.67, SD = .93, p < .0001$) sites.

197 *SE VRSs*. Length of time working in the SE program was comparable across pilot and non-pilot
198 sites. Respondents across sites were similarly divided in their perceptions on how providing SE
199 to Veterans with TBI history compared to Veterans with other conditions, with approximately
200 half endorsing that it was about the same to easier, and half stating that it was more difficult.

201 After excluding participants from PPOCs, there was no statistically significant difference
202 in percentages of pilot and non-pilot sites that worked with the polytrauma/TBI teams. Among
203 sites that reported working with the polytrauma/TBI team, communication between the SE and
204 polytrauma/TBI clinic teams about SE referrals was reported to be more frequent among pilot
205 site VRSs compared to what was reported from non-pilot site VRSs. Despite communication
206 frequency differences, across sites the VRSs perceived the polytrauma/TBI teams to be
207 moderately to very helpful when they worked together.

208 *Qualitative*

209 *Supervisors*. SE program supervisors were asked to list which disciplines they would add to their
210 SE teams to further support the needs of Veterans with TBI history. Because of similarities,
211 responses are collapsed across pilot and non-pilot sites (Table 2). The three most frequently
212 identified disciplines were: peer support specialists, case managers/social workers, and job
213 developers that were separate from VRSs. Others included mental/behavioral health
214 professionals, medical providers, and other rehabilitation providers.

215 SE supervisor perspectives on how to improve SE services for Veterans with TBI history
216 may be seen in Table 3. The most frequent suggestion for program improvement was to increase
217 VRS FTEE dedicated to serving Veterans with TBI history. Some supervisors were concerned

218 that employment was not prioritized during the recovery process and recommended that
219 vocational rehabilitation be discussed as part of rehabilitation treatment planning. They also
220 suggested that SE eligibility be based on level of employment support need, rather than
221 diagnosis. Finally, although employment is an obvious goal of vocational rehabilitation, some
222 supervisors were concerned that the CWT program was too focused on jobs, rather than careers,
223 and suggested that continuing education be considered an important gateway to future
224 employment.

225 *SE VRSs*. Table 4 illustrates content domains and exemplar quotes by VRSs regarding their
226 experiences with providing SE to Veterans with TBI history. The most noted challenge in
227 working with these clients was their co-occurring cognitive and behavioral conditions, especially
228 problems with memory and anger, which require more intense workplace support. At the facility
229 level, perceived facilitators of SE success were leadership providing administrative resources;
230 clinicians taking a team-based approach to care, which was further supported by VRSs attending
231 weekly meetings and having ongoing communication with the team; supportive community
232 employers; and family and peer support involvement. Reported barriers to providing SE
233 included leadership not wanting to expand it to other clinical populations, like those with TBI;
234 clinicians not valuing employment or understanding the SE model, and the case management
235 needs of Veterans not being met.

236

237 Discussion

238 There was strong support by SE supervisors and VRSs that SE would be a positive and
239 integral support for readjustment to civilian life for Veterans with TBI who have intense
240 employment support needs. Across pilot and non-pilot sites, SE supervisors advocated for an

241 expansion of services for Veterans with TBI history on multiple levels: increased staffing for
242 VRSs and other Veteran supports (e.g., peer support specialists, case managers); emphasizing the
243 importance of employment during rehabilitation treatment planning; extending SE eligibility to
244 those with functional limitations, irrespective of diagnosis; and broadening SE services to
245 include support for continuing education. We note that SE focuses on competitive employment,
246 rather than education. It de-emphasizes pre-vocational training, and promotes working with
247 Veterans to find jobs that match their current skill level and interests. However, our findings are
248 consistent with the growing literature on supported education,^{53,54} which can assist returning
249 Veterans with TBI with educational pursuits.

250 A recent survey of Veterans with TBI who use VHA, conducted in parallel to the current one,
251 demonstrated a high rate of unemployment and an interest in receiving SE.¹⁵ Together, these
252 studies suggest that offering SE to Veterans with TBI would be well-received by both patients
253 and SE providers. These findings are also consistent with earlier studies of provider
254 perspectives. In interviews about the rehabilitation needs of Veterans with polytrauma/TBI,
255 VHA providers reported that those with jobs worry about maintaining them as they cope with
256 memory loss,⁴ and a “need for more and tailored vocational services” (p. 708)⁷ for these
257 Veterans. Difficulty with vocational and clinical team integration, the need for provider
258 education, and lack of resources have also been described in smaller, time-limited studies that
259 implemented SE for Veterans with spinal cord injury³ and SMI.⁵ Addressing Veteran vocational
260 rehabilitation needs and implementing SE remain ongoing challenges.

261 SE supervisors at nearly 60% and 100% of responding non-pilot and pilot sites,
262 respectively, reported that their SE programs currently served Veterans with TBI. This was more
263 prevalent than we had anticipated, since Veterans with SMI are the intended recipients of most

264 SE services. Our hypothesis that a higher rate of pilot sites would provide SE to Veterans with
265 TBI history was not supported by statistical significance testing; however, the difference in
266 percentages suggests a trend that pilot sites are more likely to provide SE to Veterans with TBI
267 history.

268 Among sites that had polytrauma/TBI teams, a similar percentage of VRSs from pilot and
269 non-pilot sites indicated that they worked with these clinicians. This may reflect greater VHA-
270 wide awareness of vocational rehabilitation needs for Veterans with TBI or a growing trend of
271 interdisciplinary collaboration for this clinical population. Nonetheless, VRSs at pilot sites
272 reported more frequent communication about SE referrals than VRSs at non-pilot sites. Thus, the
273 pilot funding may have been a facilitating mechanism to develop and sustain communications
274 between the SE and polytrauma/TBI teams that continued after the funding ended. However, it is
275 not possible to parse out cause and effect in this cross-sectional study; it is also possible that sites
276 that received pilot funding were already coordinating care between their polytrauma/TBI and SE
277 teams or were better positioned to integrate care than sites that did not receive pilot funding.
278 Despite this, these findings are consistent with our hypothesis that better interactions between the
279 SE and clinical teams would be associated with previous funding support.¹³ Our third hypothesis
280 that pilot sites would have fewer current SE challenges was not supported. Open-ended
281 responses revealed concerns that there was not a shared knowledge-base about SE program
282 principles and education on TBI, perceptions that case management needs were not being met
283 (e.g., by the polytrauma/TBI team), and perceived weak management support to expand SE to
284 Veterans with TBI history.

285 The majority of Iraq and Afghanistan war Veterans with TBI have co-occurring psychiatric
286 diagnoses, pain, and other symptoms,^{14,18,55} which underscores the importance of

287 interdisciplinary treatment. Unlike other federal, state, or local agencies in which supported
288 employment is compromised by a fragmented system wherein employment and clinical
289 providers may work in different healthcare settings,^{9,56} the VHA provides a national
290 infrastructure for SE and polytrauma/TBI programs to co-exist within many VA medical centers
291 or regional VA healthcare systems. The extent to which employment and clinical providers
292 integrate, rather than work in parallel, is modifiable,⁵⁶ but may be constrained by local resources.
293 Without adequate supports, local implementation practices can drift from the SE model.^{5,57}

294 Historically, VHA SE implementation efforts have included technical assistance and on-site
295 monitoring by SE experts who conduct thorough reviews (e.g., SE providers, client, and
296 employer interviews), evaluate each site's SE model adherence, and report results to local
297 leadership to facilitate engagement.^{10,58,59} Any future implementation efforts to provide SE to
298 Veterans with TBI will benefit from a small-scale demonstration study that incorporates these
299 elements, in addition to systematic and contemporaneous documentation and assessment of
300 facilitators and barriers. Lessons learned from that effort can be used to tailor strategies to
301 maximize successful implementation in any larger-scale rollout.⁸

302 In 2016, the VHA TSES program announced a Transformation Plan that includes a focus on
303 competitive employment services, including SE, and a new program called Community Based
304 Employment Services, an evidence-informed practice that follows SE principles but is intended
305 for those not requiring the employment support intensity that is offered through SE. These
306 program shifts may provide additional opportunities for Veterans with TBI history to reach their
307 vocational potential.

308 *Study Limitations*

309 The study is limited by several factors, including its cross-sectional design which precludes
310 interpretations about cause and effect. Survey data were captured eight years after the pilot
311 funding. Without a detailed accounting of each site's SE implementation efforts, we cannot
312 determine whether the snapshot represents an iteration, new development, sustainment, or
313 devolvement in process. We also assumed that sites that reported providing SE were providing
314 the IPS model of SE, but we could not verify the extent of SE implementation fidelity.⁵⁷

315 Approximately one-third of VA employees from pilot and non-pilot sites responded; their
316 experiences may not be representative of the VHA SE community. This concern is tempered by
317 the range of positive and negative responses across sites, and geographic and PSC-level
318 similarities between responders and non-responders.

319 Finally, administratively obtained site-level data on the number of Veterans with TBI history
320 utilizing SE, their TBI history severity, comorbidities, and employment outcomes, in addition to
321 Veteran-reported experiences,¹⁵ would have provided broader and richer dimension to provider
322 responses, but was outside the scope of this study. Future research into the implementation of SE
323 for Veterans with TBI history would be enhanced by ascertaining these patient characteristics.

324

325 Conclusions

326 SE supervisor and VRS experiences on providing SE to Veterans with TBI discussed
327 here complement the vocational rehabilitation needs, interests, and service use described by
328 Veterans with TBI history in a parallel survey effort.¹⁵ Together, these findings can contribute to
329 an evidence base that informs VHA research and clinical considerations of service provision,
330 resource allocation, team integration efforts, and outreach to Veterans with intense employment
331 support needs.

332

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Table 1. Supervisor and vocational rehabilitation specialist experiences with providing SE to Veterans with TBI history, by site type.

| | Site Type | | p-value or Fisher's Exact Test |
|---|-----------------------------|--------------------------------|--------------------------------|
| | Pilot N = 5 | Non-pilot N = 49 | |
| SE Supervisors | | | |
| SE provided to Veterans with TBI history | 100% (n = 5) | 59.2% (n = 29) | .09 |
| Time working with SE program | | | .39 |
| < 5 years | 40.0% (n = 2) | 57.1% (n = 28) | |
| > 5 years | 60.0% (n = 3) | 42.9% (n = 21) | |
| SE vocational rehabilitation specialist FTEE dedicated to Veterans with TBI history | | | |
| Current | .70 ± .45 (0-1) (n = 5) | .76 ± .87 (0-4) (n = 46) | .89 |
| Ideal | 1.80 ± .45 (1-2) (n = 5) | 1.67 ± .93 (.25-5) (n = 46) | .77 |
| SE Vocational Rehabilitation Specialists | N = 9 | N = 56 | |
| Time working with SE program | | | .25 |
| < 5 years | 33.3% (n = 3) | 51.8% (n = 29) | |
| > 5 years | 66.7% (n = 6) | 48.2% (n = 27) | |
| Providing SE to Veterans with TBI history compared to other conditions | | | .40 |
| About the same to much easier | 55.6% (n = 5) | 44.6% (n = 25) | |
| Somewhat to much more difficult | 44.4% (n = 4) | 55.4% (n = 31) | |
| Worked with polytrauma/TBI clinic | 77.8% | 53.8% | .18 |

| | | | |
|---|------------------------------|----------------------------------|-------|
| team | (n = 7) | (n = 21/39)* | |
| Communication frequency with polytrauma/TBI clinic team about SE referrals [†] | 3.86 ± 1.35 (2-6) (n = 7) | 1.86 ± 1.46 (0-6) (n = 22/39) | 0.003 |
| Perceived helpfulness in working with polytrauma/TBI clinic team [‡] | 4.29 ± 1.11 (2-5) (n = 7) | 3.27 ± 1.45 (0-5) (n = 22/39) | .10 |

Note. Values are mean ± SD (range) or as otherwise indicated.

*Denominator is reduced after Polytrauma Point of Contact sites indicate they have no polytrauma/TBI clinic team. One Polytrauma Point of Contact site did not respond. All pilot sites had a polytrauma/TBI clinic team.

[†]0 (Never) to 7 (Daily or almost daily)

[‡]1 (Not at all) to 5 (Extremely)

Table 2. SE supervisor responses to which disciplines would be helpful to better support the vocational rehabilitation needs of Veterans with TBI history.

Ideal Team (ranked by frequency of response)

1. Peer support specialists
 2. Case managers/social workers
 3. Job developers (separate from vocational rehabilitation specialists)
 4. Mental/behavioral health professionals (e.g., psychologist, neuropsychologist, psychiatrist, substance abuse counselor)
 5. Medical providers (e.g., physician, physician assistant, nurse)
 6. Other rehabilitation staff (e.g., occupational therapists, recreational therapists, and speech-language pathologists)
-

1 Table 3. SE supervisor suggestions for program improvement

| Suggestion | Exemplar Quotes |
|---|--|
| 1. Increase SE Staffing | <ul style="list-style-type: none"> • "To have a VRS/VRC staff dedicated to, or embedded in supporting the Polytrauma/TBI program providing SE services. Currently only providing CWT/SE to Veterans with SMI." (Non-pilot) |
| 2. Add vocational rehabilitation as part of rehabilitation treatment plan | <ul style="list-style-type: none"> • "Most often active Polytrauma cases are staffed and discussed in a very 'medical/acute rehab' manner. Vocational rehabilitation is seen as a tertiary referral that often comes just prior to discharge from other Polytrauma services. This delay in referral and focus on vocational rehabilitation also results in veterans feeling that vocational options are not part of their future planning, and also allows complacency and/or a focus/mindset on 'obtaining/maintaining disability benefits' to set in." (Non-pilot) • "To be effective, the SE program has to be an active participant in the Psychosocial Rehab Treatment Team. This provides the best wrap around services possible." (Non-pilot) |
| 3. Base SE eligibility on employment | <ul style="list-style-type: none"> • "SE needs to be expanded to vets with TBI and PTSD, beyond the 25% rule. This would be invaluable to our program. We often refer [veterans with] PTSD & TBI for voc[ational] assistance and they |

support needs, not receive less intensive services than is needed because we can't fit diagnosis them in the 25% SE. Flexibility to assess Veteran service needs based on functional capacity and support needs, rather than diagnosis, is better service for veterans. (Pilot)

4. Continuing education considered as part of the vocational rehabilitation process
- "Integration of VBA [Veterans Business Administration] Chapter 31 Voc[ational] Rehab Counselors to the VHA TBI Team. We have a lot of veterans with TBI who are younger compared to our other SE (SMI) population and a significant number of them have SC [service-connected] disability. As such, they are interested in obtaining the necessary education to develop a career." (Non-pilot)
 - Please avoid 'just get then a job syndrome'; focus on careers, education, and training. DO NOT let these veterans squander their GI bill benefits or Chapter 31 when they have the ability to go to school. TSES needs to know that education and training are of equal value to employment and result in better jobs and life quality. Let TSES/CWT programs support education as well as employment. (Pilot)

- 1 Table 4. SE vocational rehabilitation specialist experiences with, and suggestions for, providing
- 2 SE to Veterans with TBI history.

| Experience | Exemplar Quotes |
|--|---|
| 1. Challenging health and functional characteristics of Veterans with TBI | |
| Cognition and Behavior | <ul style="list-style-type: none"> • “Often those with TBI have more complex underlying issues that can pose barriers to employment, such as memory, anger management or organic personality syndromes. These can make it more difficult for the person as an employee in an often complex work environment to navigate all the accompanying stressors when compared to those with less complex issues....” (Non-pilot) • “Job supports require more assistance at work site, coaching, developing tools for assistance with cognitive issues.” (Pilot) |
| 2. Stakeholder support | |
| A. Facilitators | <ul style="list-style-type: none"> • “Support by VA administration regarding schedule and resources to provide services to [the TBI] population, weekly [staff meetings] and on-site trainings also assist with providing services to [the TBI] population.” (Pilot) • “Clinicians who have recognized and diagnosed TBI in Veterans, |

access to on-line training and information, team approach to service provision, quality case management, good family and peer support, motivation on the Veterans' part, understanding employers.” (Non-pilot)

- “Great relationships with some employers that are willing to employ and monitor this population of Veterans.” (Non-pilot)

B. Barriers

- More restrictions from management and other clinics that are clueless in the realities of job placement of this population diminish the SE VRS from being more effective (Non-pilot)
- There is a great potential to provide a breadth of SE Services to Veterans [with TBI] at this VA [medical center]. The CWT management are not interested in the CWT/SE program growing beyond what it already is. (Pilot)

3. Integration of the SE and TBI clinical teams

A. Facilitators

- “Our polytrauma team is very engaged in seeking positive outcomes for each of the Veterans they serve - this shows in my interactions with them. We have one of our SE specialists assigned to the polytrauma weekly meetings.... I can send messages or speak directly when needed and am confident in getting a great response
-

(Non-pilot)

- “The communication and integration that the SE services have with treatment team which consist of case managers and a combination of psychiatrist, psychologist and or physician has really made the outcome successful.” (Non-pilot)

B. Barriers

- “They [TBI clinic providers] did not understand the SE model and the send inappropriate referrals. (Non-pilot)
- “Many of the polytrauma staff hold the belief that competitive employment is not a realistic goal for patients with TBI. Furthermore, they are not quick to follow evidence-based practice and refer for employment services when a patient expresses an interest; they wait for the patient ‘to be ready.’” (Pilot)

4. Education and training on SE and post-TBI symptoms

A. Facilitators

- “SE staff at this VA has been provided direct SE training from our mentor training VA site; we have been provided books, access to websites, therapeutic email workgroup, professional publications, etc.; and professional training seminars.” (Non-pilot)
 - “Several trainings yearly, to include national level training for SE
-

staff, local SE trainings, webinars, and continued monthly staffings and in-services to emphasize EBSE [evidence-based SE] practices.” (Pilot)

B. Barriers

- “I believe the Polytrauma/TBI program could benefit from further education on EBSE [evidence-based supported employment] practices and success stories to further encourage involvement and integration with SE.” (Pilot)
- “I would like more training and education regarding TBI so that I am more prepared when employers talk with me about the TBI as well as the potential benefits/concerns.” (Non-Pilot)

5. Suggestions for SE program improvement for Veterans with TBI

- Case management and Resources
- “SE staff can't provide ‘case management’ however that's exactly what many of our Vets need to gain/retain employment.” (Non-pilot)