

2-28-2010

## Interview with Bernard Smith, Full of Life Farms, 2010 (audio)

Bernard Smith

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Portland State University Oral History Project

Interview Index

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INTERVIEWEE: **Bernard Smith of Full of Life Farms**

Interviewer: **Kyle Dykstra**

Date: **February 28<sup>th</sup>, 2010**

Location of Interview: **Bernard Smith's home**

Research Assistant: **Michael Rivers**

Interview Series: SUSTAINING NORTHWEST LANDSCAPES & COMMUNITIES

Recording Equipment: DIGITAL RECORDER (WINDOWS MEDIA AUDIO FILE) WITH AN  
EXTERNAL, OMNIDIRECTIONAL MICROPHONE

Time            Notes

:34	How long have you lived in the greater Portland area?
1:00	Where did you go for the 21 years you spent away from the Portland area?
1:00	What were you doing in the bay area?
1:25	So you did grow up on this actual farm here?
1:53	Where were you educated and in what fields?
2:35	What brought you back to the Portland area?
9:32	What was it about Joel Salatin's practices that made you want to model your farm after his?
10:50	Did you have to revitalize the land at Full of Life farm in the same way Joel Salatin did?
14:22	Have you noticed that the lack of organic certifications has helped or hindered your business?
16:57	What kind of substances do you use to amend the soil?
18:51	Can you describe what an egg mobile is?
20:20	What are your practices for slaughtering animals?
24:10	How are you able to become economically sustainability as a smaller farm?
30:20	What was your plan by selling through all three of a meat CSA, farm stand, and farmers markets?

33:00	What was your plan behind your internet presence?
34:55	Do you supply meat to local restaurants or grocery stores?
36:04	How would you define sustainability as a broad topic?
38:24	How do you assess your progress towards sustainability?
40:50	Could you describe a typical day at your farm?
44:00	Could you describe an atypical day at your farm?
45:25	What are some of your proudest achievements so far?