

Portland State University

PDXScholar

RAPS Sheet: Monthly Newsletter

Retirement Association of Portland State
(RAPS)

11-2019

RAPS Sheet, November 2019

Retirement Association of Portland State

Follow this and additional works at: https://pdxscholar.library.pdx.edu/raps_sheet

Let us know how access to this document benefits you.

Recommended Citation

Retirement Association of Portland State, "RAPS Sheet, November 2019" (2019). *RAPS Sheet: Monthly Newsletter*. 103.

https://pdxscholar.library.pdx.edu/raps_sheet/103

This Book is brought to you for free and open access. It has been accepted for inclusion in RAPS Sheet: Monthly Newsletter by an authorized administrator of PDXScholar. Please contact us if we can make this document more accessible: pdxscholar@pdx.edu.

The RAPS Sheet

The newsletter of the Retirement Association of Portland State

NOVEMBER 2019

Retirement Association of Portland State

Portland State University—RAPS
Post Office Box 751
Portland OR 97207-0751

Campus Public Safety Building
Second Floor, Room 212
SW Montgomery at Broadway

Office Manager

Emily Caparelli

Telephone: 503-725-3447

Email: rapsmail@pdx.edu

Office hours: Mon. 8 am to 12 pm;
Tues. 12 pm to 4 pm; Weds. 8 am to
10 am; Thurs., 8 am to 4 pm.

Campus mail: RAPS

Web: www.pdx.edu/rap

Board Members

Co-Presidents

Steve Brennan

David Krug

Secretary

Brian Lewis

Treasurer

Ansel Johnson

Members-at-Large

Constance Andersen

Steven Brenner

Nancy Eriksson

RAPS Sheet Editor

Eileen Brennan

Website Editor

Larry Sawyer

RAPS Representative to Regional & National Retirement Associations

Larry Sawyer

Committees

Awards

Steve Brennan, Chair

History Preservation

David Krug, Chair

Membership/Program

Dawn White, Chair

Scholarships

Joan Shireman, Chair

Social

Nancy Eriksson, Chair



Provost Susan Jeffords considers student success at PSU on Thursday, November 21. Provost Jeffords's presentation will follow a light lunch beginning at noon in 333 Smith Memorial Student Union.

Susan Jeffords discusses student success on November 21

“COMMITTING TO STUDENT SUCCESS” is the topic Provost Susan Jeffords takes up at the next member meeting on Thursday, November 21. Now in her second year as Portland State's chief academic officer, Provost Jeffords came from the University of Washington's Bothell campus, where she served as vice chancellor for academic affairs from 2007 to 2018. Prior to UW Bothell, she served as vice provost for global affairs at UW's main campus in Seattle.

During her time on the UW Bothell campus, Jeffords organized a comprehensive 10-year strategic plan for the campus's academic growth and restructured the divisions of enrollment management and student affairs. She also launched a science

initiative and developed initiatives in sustainability, diversity, and educational technologies.

Provost Jeffords received her bachelor's degree in English and psychology from Pennsylvania State University and master's and doctoral degrees in English from the University of Pennsylvania. Before entering administration at the University of Washington, she was an English professor. She has written and taught broadly in the area of American popular culture, with a particular focus on Hollywood film, the Vietnam War, and feminism.

The Thursday, November 21, meeting begins at noon in 333 SMSU with a light deli lunch. Provost Jeffords's presentation begins about 12:45 pm.

—Dawn White

CO-PRESIDENT'S MESSAGE

RAPS members get involved as community volunteers

AS MEMBERS OF RAPS we all are at least partly retired. We have mostly stopped doing the primary work of our careers. Retirement gives us time to pursue volunteer activity.



Many non-profit groups and organizations do important and needed work in our community. They offer opportunities for volunteer work and they typically rely on volunteers for assistance carrying out their missions.

Volunteer opportunities offer a wide variety of work choices. Volunteers might do work very similar to what they were doing for their career (e.g., a retired accountant might volunteer as an AARP Tax Aide preparing tax returns for those in need of help at tax time). Retirement gives freedom to strike out and learn new skills not so closely related to our career (e.g., stopping white collar work to volunteer for Habitat for Humanity building homes).

Volunteers are not paid, so organizations get work accomplished with only the cost of training and

supervising volunteers. This is a good deal for the organization and the volunteer. The volunteers can learn new skills that they might have been interested in while doing their paid work. If it takes a volunteer who is retired longer to perform a task for a non-profit group than a paid professional would need, no problem. The volunteer can learn while doing and it costs the group being helped nothing in salary. Examples of places RAPS members volunteer include: CASA (child welfare), Native Plant Society, Multnomah Falls Lodge, Meals on Wheels, OMSI, the Oregon Zoo, Gardens (Chinese and Japanese), the Oregon Historical Society, and various boards and advisory committees.

Before retirement we had co-workers, work which was rewarding (most of the time), and pay for that work. Volunteer activity can also be very rewarding. Retirees get new “co-workers” as they volunteer. Volunteers stay active and get to learn new skills, giving them a real sense of accomplishment. It definitely is the case that volunteer work for those in need of help returns more in satisfaction than it costs in time, travel, and effort.

—Steve Brennan

PORTUGAL

IT'S WHERE RAPS IS GOING!
OCTOBER 3-12, 2020



Portugal, a land of ancient castles, Roman ruins, white-washed villages and welcoming locals. We'll see Lisbon and the narrow streets of its Alfama District . . . the Portuguese Riviera and its brightly colored buildings

. . . the countryside, including Evora, “the museum city of Portugal” . . . and, if you choose the optional extension, Madeira, an island full of culture and charming villages. And part of your fare supports the RAPS scholarship!

\$3,649 Per person, double occupancy; includes airfare from PDX.

For trip details, visit:
<https://gateway.gocollette.com/link/944136>

To learn more, contact Larry Sawyer:
503-771-1616 or
larry_sawyer@comcast.net

RAPS Group Reports

Book Group

THE RAPS BOOK GROUP met on October 15 at Phyllis Leonard's home. We shared our impressions and opinions of *Where the Crawdads Sing* by Delia Owens. The book is plotted around a murder, and the group was quite dissatisfied with this element of the book, wanting significantly more detail around the murder itself and more clues about the identity of the perpetrator. The book is also the story of a little girl growing up and coming of age in the North Carolina coastal marsh, and the group agreed that this aspect of the story was beautifully told, arousing appropriate empathy and indignation. Overall we liked the book, perhaps not quite as well as the reviewers.

On November 19, we are meeting at 1:30 pm at the home of Eileen and Steve Brennan, and discussing a completely different kind of book—*Bad Blood: Secrets and Lies in a Silicon Valley Startup* by John Carreyrou. This is the report of an investigative journalist, based on multiple interviews and reviews of records. It details the fraud behind the rise and fall of a Silicon Valley start-up. Eileen and Steve live at 5945 SW 152nd Avenue in Beaverton. Please telephone them at 503-646-6297 or email Eileen at brennane@pdx.edu to let them know whether you will be there.

The book group meets at 1:30 pm on the third Tuesday of every month. New members are always welcome.

—Joan Shireman



October hikers Tom Hard, Tom Dieterich, Cilla Dieterich, Kirke Wolfe, Marge Terdal, and Leif Terdal enjoyed the fall colors in Forest Park

—Larry Sawyer photograph 3

Hiking Group

THE OCTOBER 22 HIKE in Forest Park included following a path 1.3 miles from the Lower Macleay Trail up to the Portland Audubon Society Wildlife Sanctuary. At 10:30 am the seven hikers had a pre-arranged meeting with Nick Hardigg, the PAS executive director, who gave us a good overview of the society and its recent 22-acre purchase. Afterward we hiked 1.5 miles on the Jay Trail behind the Nature Center which features a small old growth grove on the trail with a recently dedicated Portland heritage tree.

On Tuesday, November 26, the hiking group will follow a portion of the Banks-Vernonia State Trail, the first linear rail trail state park in Oregon. The Portland, Astoria & Pacific Railroad built the original rail line in 1913 to transport timber, freight, and passengers. In the 1920s, trains on the line hauled logs and lumber from Keasey and the Oregon-American mill in Vernonia to Portland.

The November hike will be from the Buxton Railroad Trestle to the Stubbs Park day area where we will have a sack lunch before returning about 3.5 miles to the Buxton trail head.

Additional background information can be found at: <https://www.pdx.edu/raps/RAPS-Hikers>

If you plan to hike in November, please contact Larry Sawyer at 503-771-1616 or larry_sawyer@comcast.net.

—Larry Sawyer

Bridge Group

THE RAPS BRIDGE GROUP meets in the afternoon on the first Tuesday of each month. We begin play at 12:15 pm. We try to finish up by 4 pm. We meet in Smith Center. We have had some new and returning members join us for our last few meetings. Please feel free to be another one of our new members for bridge (we really would welcome more new members).

Our next meeting will be on the afternoon of Tuesday, November 5, in Room 323 of Smith Center. Please mark your calendars for the following upcoming meetings: Tuesday, December 3, and Tuesday, January 7. I will send out the reminder email notice about one week prior to each date we play. If you wish to join us, please contact Steve Brennan, 503-646-6297. My email address is: the.steve.brennan@gmail.com.

—Steve Brennan

In memoriam: Paula Bates Mike

A MEMORIAL SERVICE will be held on Sunday, November 17, for Paula Bates Mike, retired assistant professor of social



work, who died on August 30.

The service will be held from 2 to 4 pm at the Milwaukie Center, 5440 SE Kellogg Creek Drive, Milwaukie.

Professor Mike grew up in Connecticut and was of French-Canadian heritage. She joined Portland State University as a lecturer in social work in 1978 and became an assistant professor in 1988.

She earned a bachelor's degree in 1968 from Southern

Connecticut State University, New Haven, Connecticut, and a master of social work from Portland State in 1975.

In addition to her service to Portland State, Professor Mike was in private practice as a Licensed Clinical Social Worker in Portland. Earlier in her career she practiced at Bess Kaiser Medical Center, Portland; the Crippled Children's Division at Oregon Health & Science University; and the Lincoln County Children's Services Division, Newport.

Her professional memberships included the National Association of Social Workers and the Academy of Certified Social Workers. She was also a board member of the Domestic Violence Surrogate Dialogue Program and the School of Social Work Alumni Association.

—Doug Swanson

—Pam Miller photograph

Recent donations to the RAPS Scholarship fund

WE WOULD LIKE to acknowledge the individuals and organizations that have made donations to the Retirement Association of Portland State Scholarship between February 1, 2019, and September 30, 2019.

Barbara L. Alberty in honor of Alice Armstrong, Scott F. Burns, Thomas P. Fink, and James F. Rippey, and in memory of Orcilia Z. Forbes, Anne C. Hawkins, Isabel B. Leineweber, and Robert W. Vogelsang

Roger Alberty

Collette Travel Services, Inc.

Terri M. Cummings

Terril J. Doherty in honor of William A. Welty and in memory of Deborah I. Janikowski

Arthur C. Emlen in honor of Charles M. White and in memory of Charles H. Shireman

Charlene G. Emlen in memory of Lynn E. Thompson

Ansel G. Johnson in memory of Gilbert T. Benson and Doryl E. Pierson

Susan M. Jonsson

Susan Karant-Nunn in honor of Charles A. Le Guin and in memory of Bernard V. Burke, Kenneth W. Butler, Chloe E. Gilmore, Lila N. Goodman, and Craig E. Wollner

David A. Krug in memory of Rob Krug, Keith H. Larson, and Wendelin H. Mueller

Mary T. Krug

Bill Lemman in memory of Joseph C. Blumel, Richard B. Halley, George C. Hoffmann, William A. Manning, Branford P. Millar, Deborah L. Murdock, Donald D. Parker, and Gary D. Robinson

Genna Lemman

Edith Lippert

Bryron E. Lippert

Robert W. Lockerby in honor of Kenneth W. Butler, and in memory of Neal Keefer, Deborah L. Murdock, Gary D. Robinson, and Robert W. Vogelsang

Frederick M. Nunn in honor of Robert C. Mercer and in memory of Bernard V. Burke, Kenneth W. Butler, and Chloe E. Gilmore

Susan B. Poulsen in memory of Miles Turner and Robert W. Vogelsang.

Diane M. Sawyer in memory of Doryl E. Pierson

Lawrence J. Sawyer in memory of Barbara E. Vogelsang and Robert W. Vogelsang

Barbara K. Swanson

Douglas H. Swanson in memory of Gunner P. Ingraham and Deborah L. Murdock

Robert B. Tufts in memory of James F. Heath, Ellen Tufts, and Barbara E. Vogelsang

—Joan Shireman, Chair, Scholarship Committee

November 2019

Dear RAPS member,

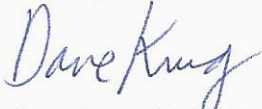
In the years ahead many of us will require assistance from professionals with educational backgrounds in gerontology and social work. But education in these specialties comes at a high cost. Tuition, books, and room and board grow more expensive every year.

That's why we work so diligently to provide a scholarship each year to a student who is passionate about a career working with seniors, a career serving our future needs. RAPS scholarship recipients are planning to work with seniors in many fields; their work improves the lives of all of us, as well as the lives of other older people.

The first RAPS Scholarship was awarded in 2011-12. This year Lauren Brown, a student working toward a Master of Social Work and a Certificate in Gerontology, is our ninth scholarship recipient. A first generation college student, she has relied on her own work and scholarships for her educational expenses. Currently she is the administrative assistant at the PSU Center for Senior Adult Learning, and she speaks with enjoyment of her experiences there. Her field placement this year is at the Hillsboro Department of Human Services, where she is working with adult foster homes.

More than ever we need your help to continue awarding scholarships and to assist deserving students like Lauren. Please help support the RAPS scholarship with a generous donation at this joyful time of year.

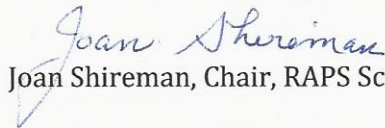
Thank you!



Dave Krug, RAPS Co-President



Steve Brennan, RAPS Co-President



Joan Shireman, Chair, RAPS Scholarship Committee

RAPS Scholarship Donation Form:

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Donation Amount \$1,000 _____ \$500 _____ \$250 _____ \$100 _____ Other \$ _____

Donation made in memory of _____

Donation made to honor _____

Make checks payable to the PSU Foundation and noted for RAPS Scholarship

Please mail to Retirement Association of Portland State—RAPS/Portland State University/ PO Box 751/Portland OR 97207-0751.

To use a credit card, go to <https://www.pdx.edu/raps/scholarship-fund>

Welcome to RAPS Annual Holiday Brunch

Thursday, December 12, 10:30 am

Augustana Lutheran Church, 2710 NE 14th Avenue, Portland



PLEASE MARK YOUR CALENDAR for the 2019 RAPS Holiday Brunch. Holiday beverage bar opens at 10:30 am, with catered buffet brunch beginning at 11:00 am. Augustana Lutheran Church is located at 2710 NE 14th Avenue, Portland, Oregon 97212. For easiest access, please enter on the east side of building (15th Avenue), which has a ramp.

Please note that this year we are holding our annual event in Portland's beautiful and historic Northeast. While only street parking is available, it is free to all. This location is served by TriMet line 8, Jackson Park/NE 15th.

We happily offer our Holiday Brunch again this year for \$25 a person. Brunch menu includes: scones, scrambled eggs, roasted vegetable scramble, broccolini, green salad, house-cured bacon, roasted red potatoes, coffee and other beverages.

Our always popular Treat Table will offer seasonal goodies, gift certificates, and unique items for sale—all to support our Scholarship Fund. Please bring checks or cash to purchase a treat.

We must hear from you and have your payment no later than November 27. To reserve your tickets, please contact Emily Caparelli at rapsmail@pdx.edu or 503-725-3447.

Mail brunch attendees' names, and checks made out to the PSU Foundation, to our office: RAPS, Portland State University, PO Box 751, Portland OR 97207-0751, or contact Emily directly to use a credit card.

—Nancy Eriksson, Chair, RAPS Social Committee

—Larry Sawyer photograph

Please consider donating an item to the Treat Table to support the RAPS Scholarship!

You decide the appropriate price.

Contact RAPS office manager, Emily Caparelli, for additional details at rapsmail@pdx.edu or at 503-725-3447.