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Chiropractic Care in a System Dynamics Model for Minimizing Opioid Abuse for Chronic Non-Malignant Pain Patients

Marion McGregor

Canadian Memorial Chiropractic College

Alexandra Nielsen

Substance Abuse and Mental Health Services Administration

Chadwick Chung

Canadian Memorial Chiropractic College

Mark Fillery

Canadian Memorial Chiropractic College

Wayne W. Wakeland

Portland State University, wakeland@pdx.edu

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Authors

Marion McGregor, Alexandra Nielsen, Chadwick Chung, Mark Fillery, Wayne W. Wakeland, and Silvano Mior

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ACC-RAC
March 18, 2016



Marion McGregor
Alexandra Nielsen
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Silvano Mior

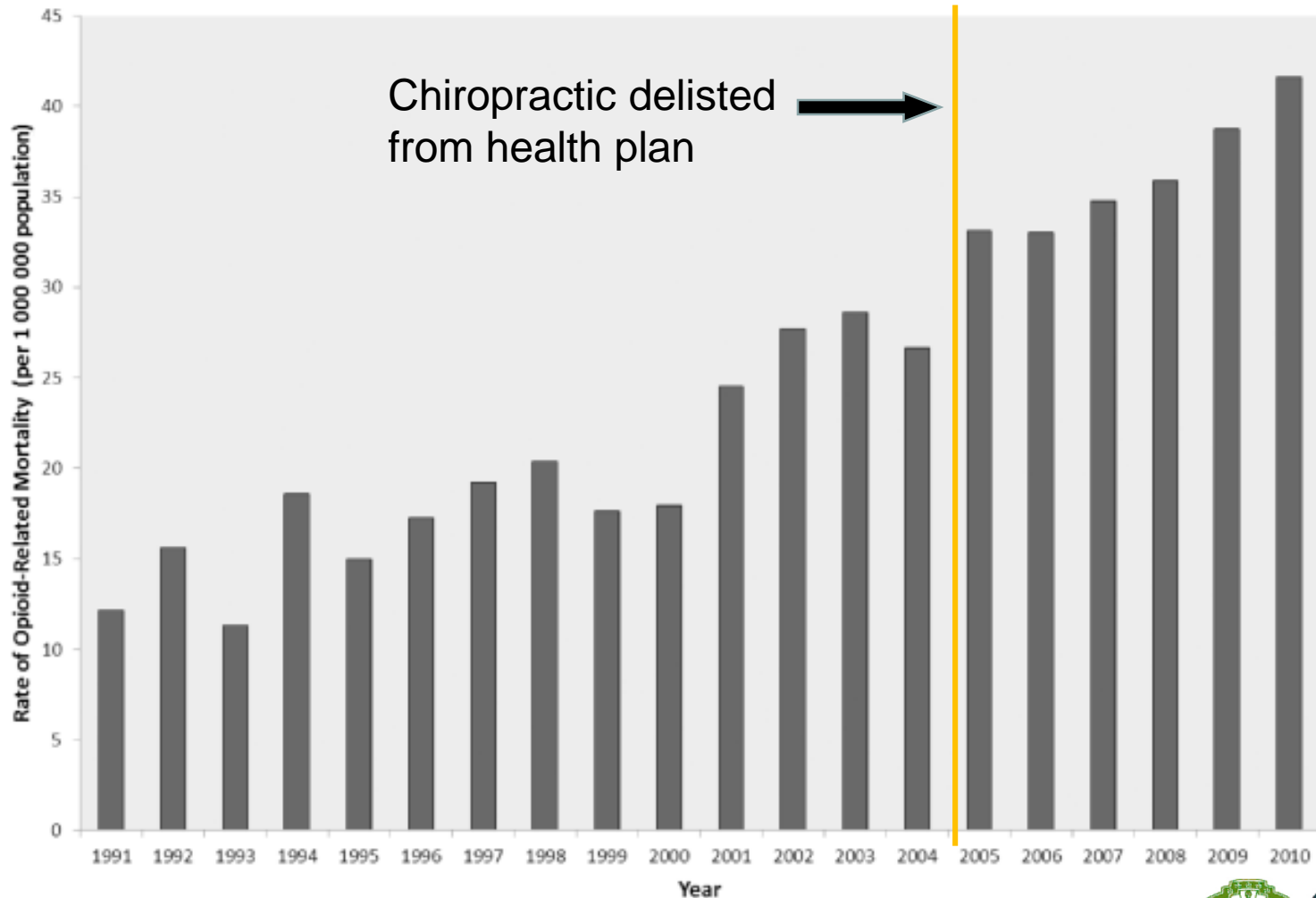


CMCC

Agenda

- Background—Opioid Use Disorder in Canada
- Purpose
 - Chiropractic care as an alternative/adjunct to opioids
 - Modeling to inform clinical trials
- System Dynamics Model
- Future directions

Opioid-related mortality in Ontario, Canada



Addiction

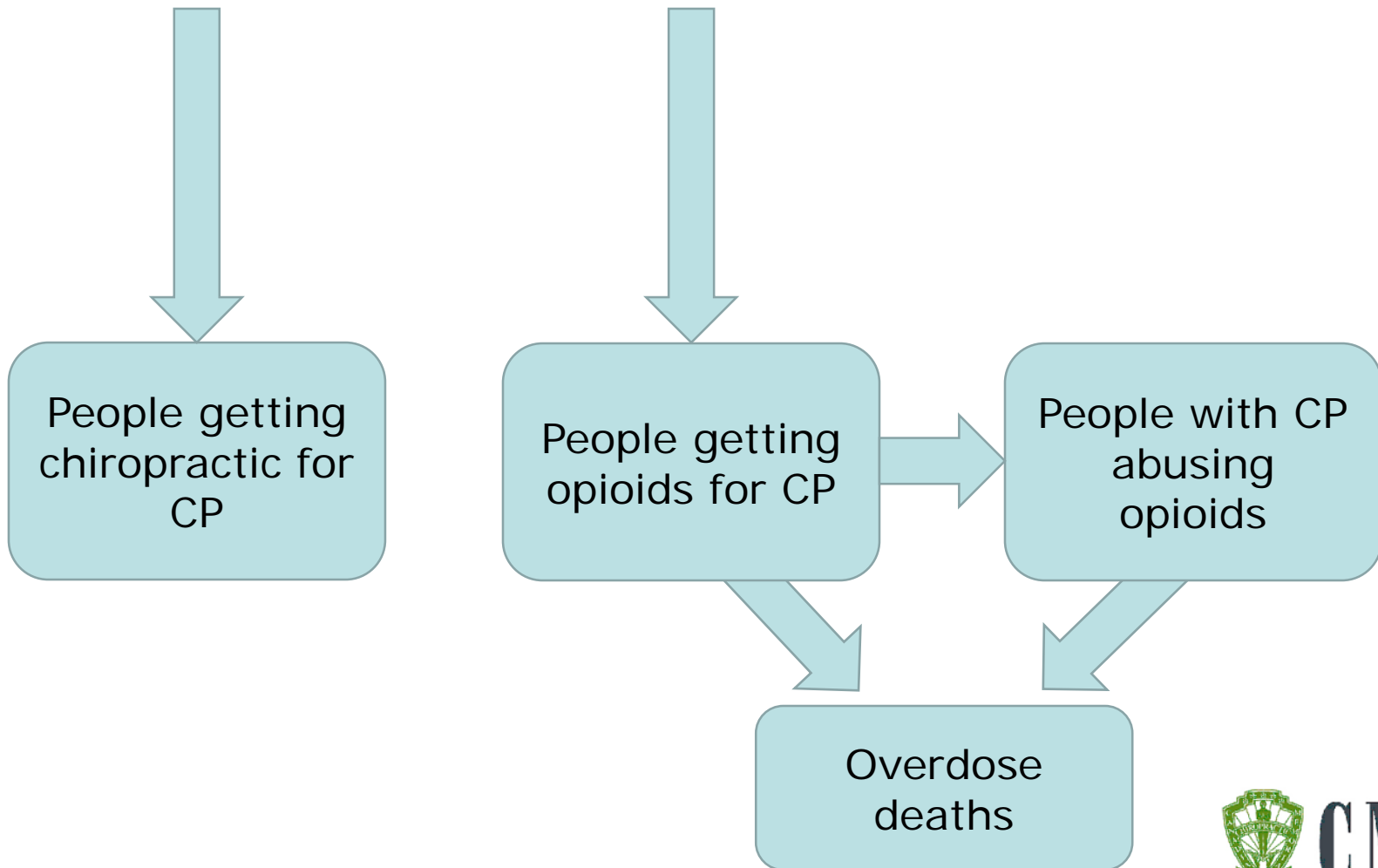
Volume 109, Issue 9, pages 1482-1488, 7 JUL 2014 DOI: 10.1111/add.12598
<http://onlinelibrary.wiley.com/doi/10.1111/add.12598/full#add12598-fig-0001>

Can chiropractic change this trend?

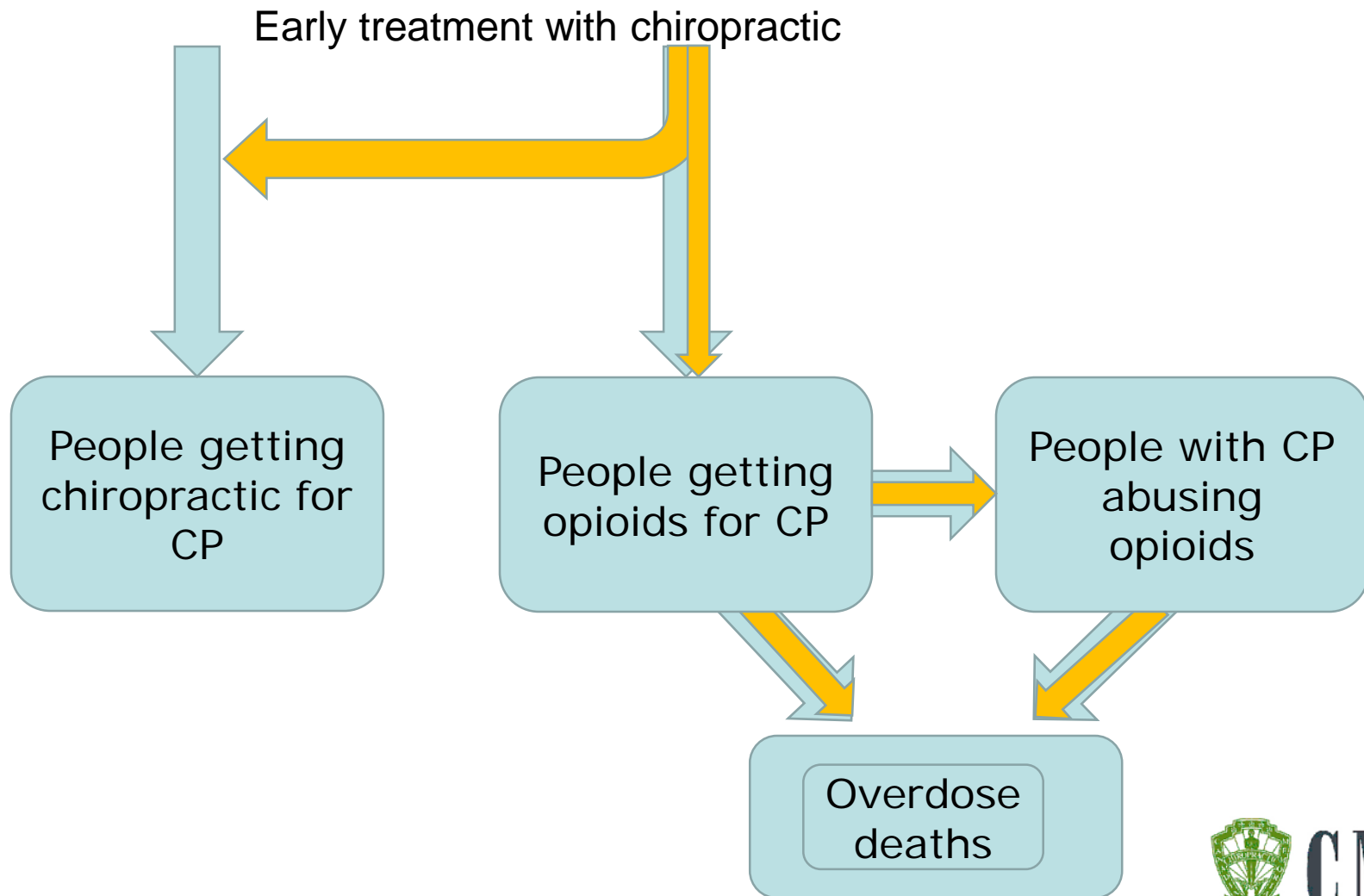
- Seeing a chiropractor initially associated with “dramatically lower odds” of long term opioid use¹
- Need clinical trials
 - Expensive
 - Difficult to conduct
 - Long study duration
- Implementation to change is slow

[1] Franklin GM, Rahman EA, Turner JA, Daniell WE, Fulton-Kehoe D. Opioid use for chronic low back pain: A prospective, population-based study among injured workers in Washington state, 2002-2005. The Clinical Journal Of Pain 2009 Nov 20;25(9):743-51.

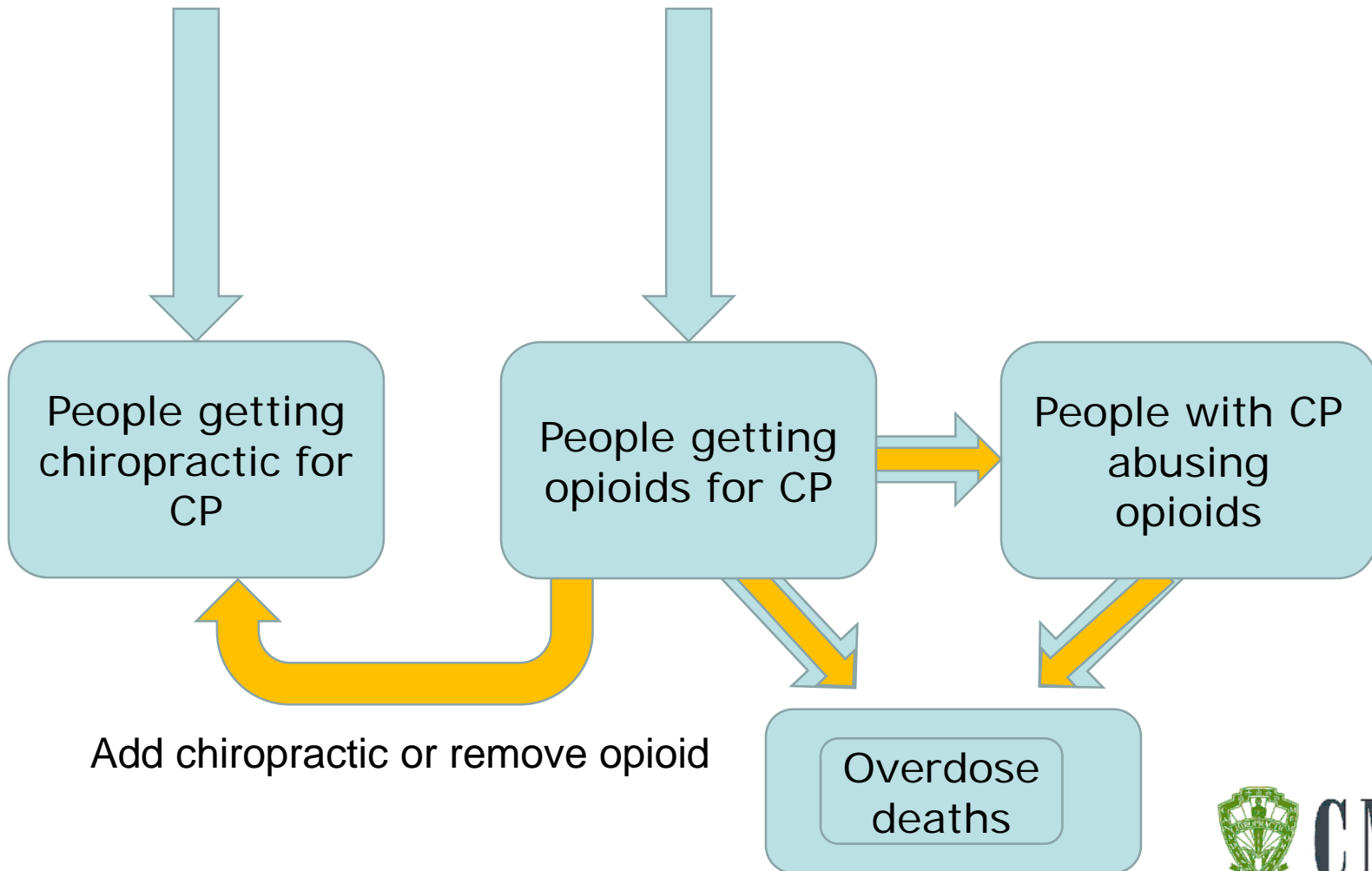
Modeling to inform RCT decision-making



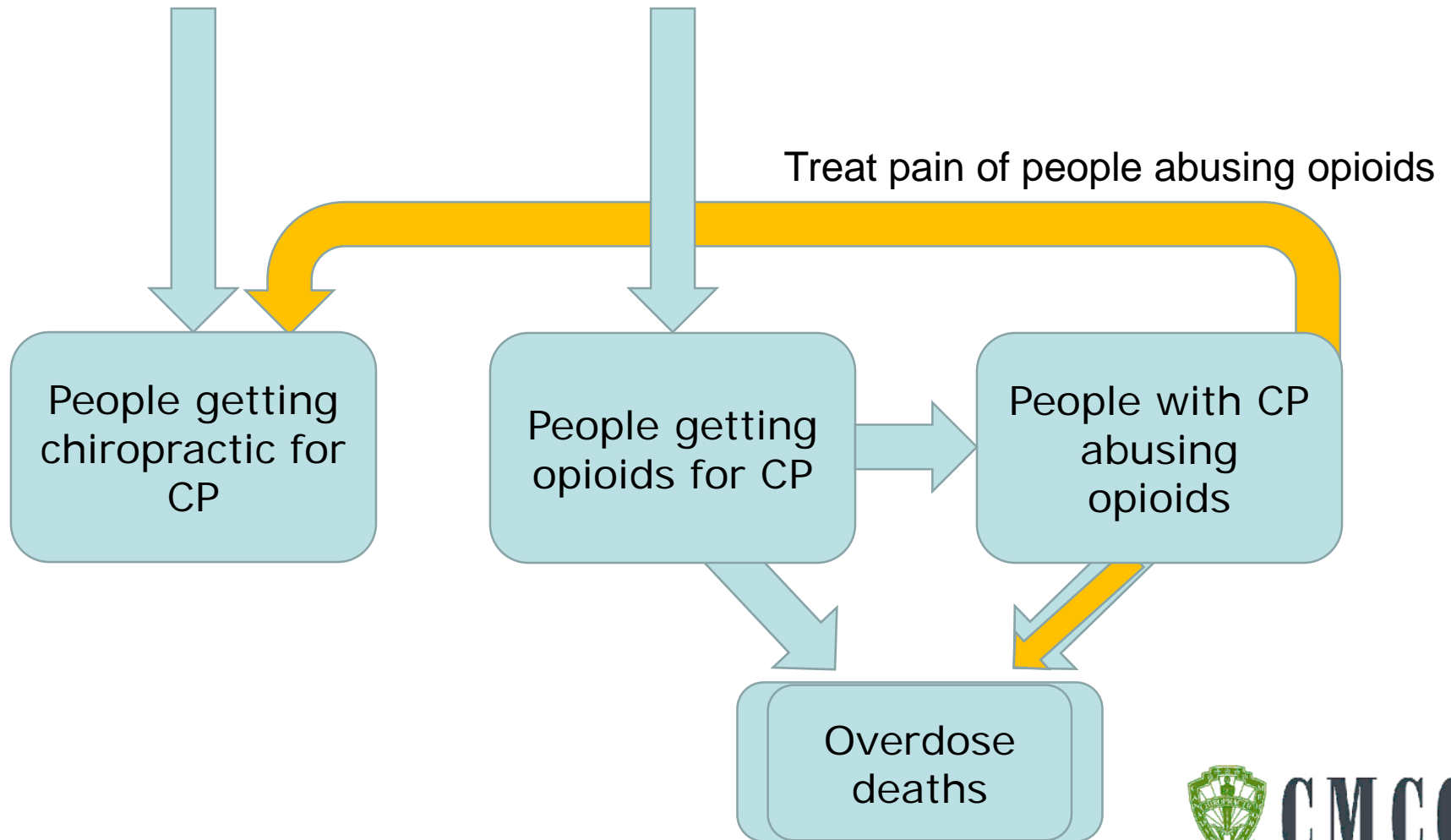
Modeling to inform RCT decision-making



Modeling to inform RCT decision-making



Modeling to inform RCT decision-making



Model expansions

- Generating more hypotheses
 - More interventions
 - Comparing effectiveness
 - Cost analysis
 - Find where we have greatest leverage
- Proposing RCTs
 - Evidence + Modeling
 - Applying the greatest leverage

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Alexandra Nielsen works
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Substance Abuse and Mental
Health Services
Administration