

2006

## Interview with Myo DeMayo, Urbanstead Farm (audio)

Myo DeMayo

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# PORTLAND STATE UNIVERSITY ORAL HISTORY PROJECT

## INTERVIEW INDEX

INTERVIEWEE: Myo DeMayo

Interviewer: \_\_\_\_\_

Date: \_\_\_\_\_

Location of Interview: \_\_\_\_\_

Research Assistant: \_\_\_\_\_

Interview Series: SUSTAINING NORTHWEST LANDSCAPES & COMMUNITIES

Recording Equipment: DIGITAL RECORDER (WINDOWS MEDIA AUDIO FILE) WITH AN  
EXTERNAL, OMNIDIRECTIONAL MICROPHONE

Time	Notes
:30	Redondo beach, CA '66
1	La suburbs, dad rose farmer
1:45	Public education 6 years. Brigham young college
2:30	Agriculture comes later, social work first
2:55	End up on farm, 4 yr working on and off
3:20	1 <sup>st</sup> Portland farm
4:00	Alberta co-op
4:38	2002 farm rental for 2 years
5:08	Moves to current property, farming on 1/3 acre
5:50	Transformation of back yard
6:45	Back yard explanation
7:40	Permaculture
9:00	Spiral garden, cat story
9:40	Urban farm, 1 <sup>st</sup> year
10:26	Lots of fruit on farm
11	Taking year off csa
11:45	Organic food not sustainable at current cost
12:10	Soil rejuvenation through permaculture

12:55	Price to support current local agriculture
13:50	Csa subsidized in ways different than industrial agriculture
14:50	Sustainable competition
16:15	Hard to maintain farm budget against market prices
17:10	Hard to make a living in Portland farming
17:50	Sustainability for first
18:40	Lettuce, beets, growing what people like
20:20	Will probably return to csa model
24	Evolution of permaculture
26:10	Oil dependency
27:00	Redeveloped old way of farming
28:20	Good food, good neighbors, good live
29:20	A different look at labor
30:30	Benefits of urban farming
31:25	Heading towards food crisis
33	Would like to see people growing for others
33:40	Animals, veggies are not enough
35	Manure discussion
36	Negative side of urban farming
37	Chicken farming
39	Volunteer work force
40	Only those with money can volunteer
40:50	Learning comes with time
41:50	26 weeks of raising food
43:10	Delivery
45	Personal economy, goals
46:40	Future of csa
48:18	Live and be happy
49:20	Everyone has to move as one

