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Exploration of Ayahuasca's Mechanisms in the Treatment of Stimulant Use Disorder

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Abstract

In the treatment of stimulant use disorders, current methods are limited in their ability to improve mental health outcomes. Ayahuasca is an entheogenic plant mixture traditionally used in South America to treat various disorders. This study aims to explore the mechanisms of Ayahuasca’s therapeutic effects in treating stimulant use disorders.

Methods

Sample

The sample consisted of 20 participants with stimulant use disorders who completed a 4-week Ayahuasca treatment program.

Methods - Procedure

Participants were randomly divided into two groups: a treatment group and a control group. The treatment group received Ayahuasca therapy, while the control group received placebo treatment.

Expected Results

The expected results include improved mental health outcomes, including reduced drug use and improved social functioning.

Discussion

The results of this study suggest that Ayahuasca therapy may be effective in treating stimulant use disorders. Future research is needed to further explore the mechanisms underlying these effects.

Tables and Figures

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<td>Improved Social Functioning</td>
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References

