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Bicycling Toward Equity: Opportunities, Barriers, and Policies for Vulnerable Groups

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Women of Color on Two Wheels Jennifer Dill, Ph.D | @JenniferDillPSU Nathan McNeil, John MacArthur, Joseph Broach, Ph.D.



www.pedbikeimages.org

www.pedbikeimages.org/Shawn Turnei





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Survey Data



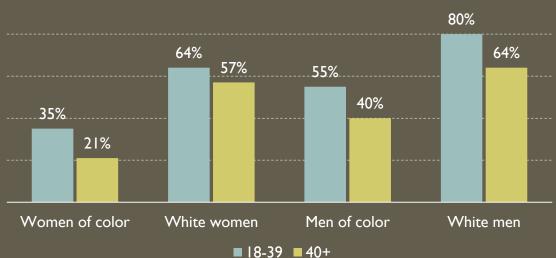
	Women of color	White women	Men of color	White men
Age (mean)	49.8	36.7	52.4	38.2
Children in HH	36%	21%	26%	18%
Employed	61%	87%	50%	90%
Black or African American	85%		78%	
HH income below 300% of poverty	67%	21%	63%	13%
n	619-696	167-172	265-280	129-136

Analysis limited to respondents who said they were physically able to ride a bike.

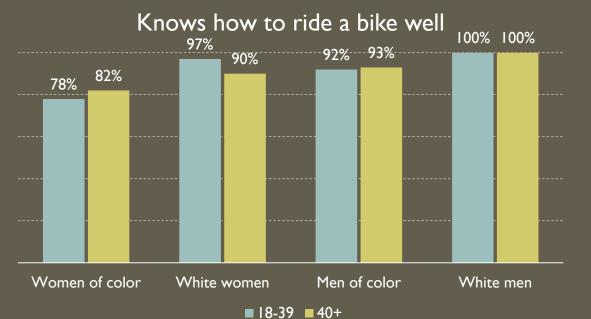
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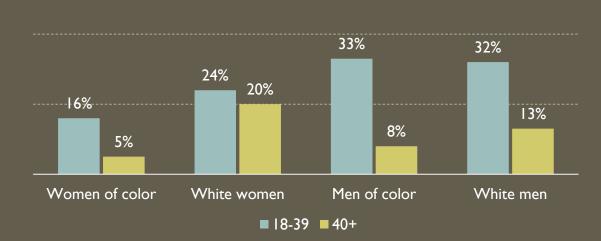
Rode a bike in the past 12 months



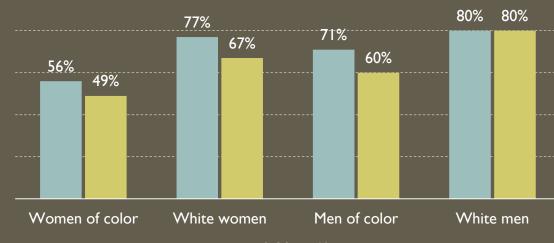
■ 18-39 **■** 40+



Has ridden a bikeshare bike



Would like to ride more for transportation

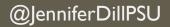


■ 18-39 ■ 40+



Compared to white men	Women of color are	41% as likely to want to ride more for transportation	28% as likely to have ridden a bike in the past 12 months
	White women are	just as likely	52% as likely
	Men of color are	just as likely	50% as likely

Controlling for	
income	
education	
age	
having a bicycle	
knowing how to ride a bike well	





Differences ...

< positive than all

• Related to both race and gender

< positive than
 all whites
= men of color</pre>

• Related more to race than gender

< positive than all men = white women</pre>

• Related more to gender than race

For brevity, only presenting items where 20% or more of the WoC agree



Differences in attitudes

< positive than all

- I often see people like me riding bikes in my neighborhood (69%)
- There are **better ways for me to get around** than by bicycling (88%)
- Riding a bike would make me more independent in getting around (39%)
- Bikeshare is useful for people like me (64%)
- Getting more people to bike is good for the env't (87%); will help make comm. healthier (85%)
- Overall, bikeshare is good for the city/neighborhood (87%/83%)

< positive than all whites = men of color</pre>

- **City should invest** in projects that make riding bike safer & easier (84%)
- People on bikes make roads less safe for others (48%)
- Bike lanes make it harder to get around my neighborhood (28%)
- Bikeshare stations take up space that would be better used for other things (26%)

< positive than all men = white women</pre>

- Riding a bike would be a good way for me to get exercise (91%)
- Riding a bike would be a good way for me to spend time with friends or family (47%)

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Differences in Barriers to biking



- The places I need to go are too far away to reach on a bike (53%)
- **Carrying things** on a bike is too difficult (41%)
- Too expensive to buy a bike/gear (35%)
- I don't have a safe place to store a bike at home (33%)
- Something could go wrong w/ bike (25%)

> barrier than
 all whites
 = men of color

- There might not be a safe place to leave a bike at the places I go (42%)
- Riding a bike could cause me to be harassed/victim of crime (26%)
- I don't know a good place to get a bike fixed (20%)

> barrier thanall men= white women

- **Traffic** makes riding a bike in my neighborhood feel dangerous (55%)
- I don't have a bike or related gear (41%)

No differences:

Riding a bike would make me sweaty (20%) The clothes I wear are not appropriate for biking (17%) @JenniferDillPSU



Differences in Barriers to bikeshare

> barrier than all

> barrier thanall whites= men of color

- I worry that I'll have to pay for the bike if anything happens (45%)
- **Costs** are too high (43%)
- I don't want to use a credit card (35%)
- I don't have a smart phone (22%)

> barrier than all men = white women

 I can't use bikeshare with my children (27%)



Interest in bikeshare

55% of younger women of color and 43% of older women of color (40+) would like to use bikeshare more

Reasons for using bikeshare in future	Women of color	White women	Men of color	White men
To get exercise	67%	52%	61%	50%
For fun	56%	44%	47%	49%
To ride with friends/family	40%	30%	42%	33%
To help the environment	34%	41%	39%	35%
Stations are near my home/work/school	31%	52%	35%	55%
Want to try biking	31%	24%	28%	15%
It's an easy way to get around	29%	45%	37%	48%
Saves me time vs. other modes	15%	40%	23%	39 %



What would make respondents much more likely to use bikeshare

Reasons for using bikeshare in future	Women of color	White women	Men of color	White men
Free transfers between public transportation and bikeshare	32%	44%	33%	45%
More short-term membership or pass options	30%	31%	28%	30%
Discounted membership or use options	2 9 %	33%	31%	34%
Access to free or low cost helmets and other gear	27%	21%	24%	16%
Help finding safe ways to get where I need to go	26%	27%	23%	17%
Option to sign up/buy passes at a store instead of online	23%	9 %	24%	8%
If more of my friends/family could use bikeshare with me	23%	7%	21%	10%
More bikeshare stations where I want to go	23%	35%	26%	37%
Organized rides for people like me	21%	7%	16%	6%
Easier way to pay with cash	20%	9 %	19%	11%
More bikeshare stations close together	19%	23%	22%	25%

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Conclusions

- Women of color bike less, but many are interested in biking more
- Most do not see the utility of bicycling for transport, but are possibly motivated for exercise, fun, and social reasons
- Traffic safety is the biggest barrier, which is related to gender, not race
- Many other differences are correlated more with race than gender, particularly social and economic factors
- Need for qualitative research and evaluation of policy/program changes



Adaptive Bike Share: Expanding Bike Share to People with Disabilities and Older Adults

TREC Friday Seminar January 17, 2020 Presented at 1394 – Bicycling Toward Equity: Opportunities, Barriers, and Policies for Vulnerable Groups TRB Annual Meeting - January 2020

John MacArthur Research Associate Portland State University



<u>Co-authors:</u> Nathan McNeil Austin Cummings Joseph Broach Portland State

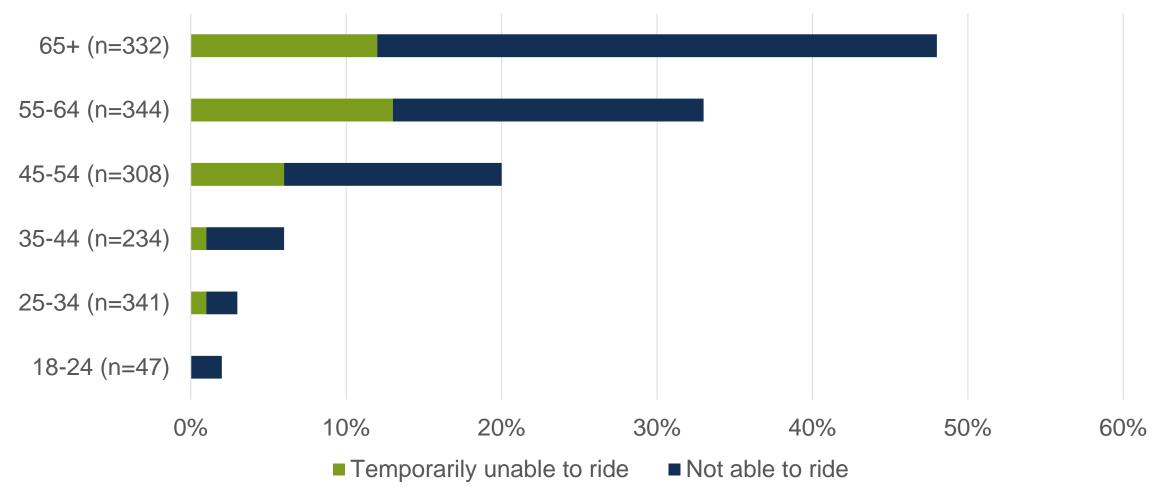
BREAKING BARRIERS TO BIKE SHARE

RESULTS FROM A RESIDENT SURVEYS

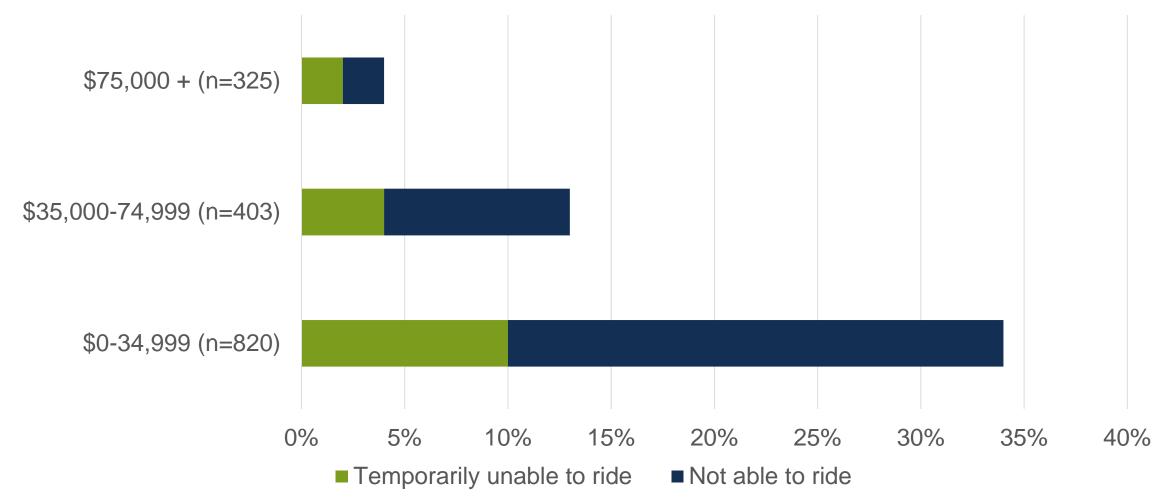


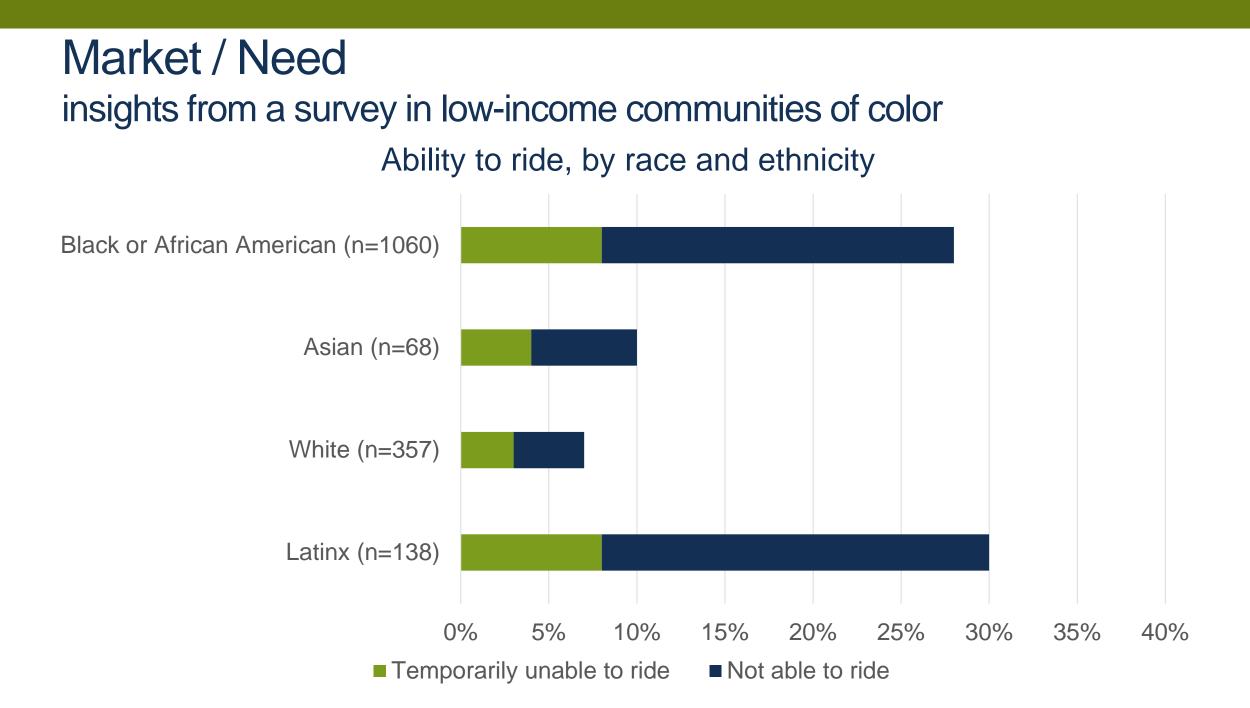


Ability to ride, by age

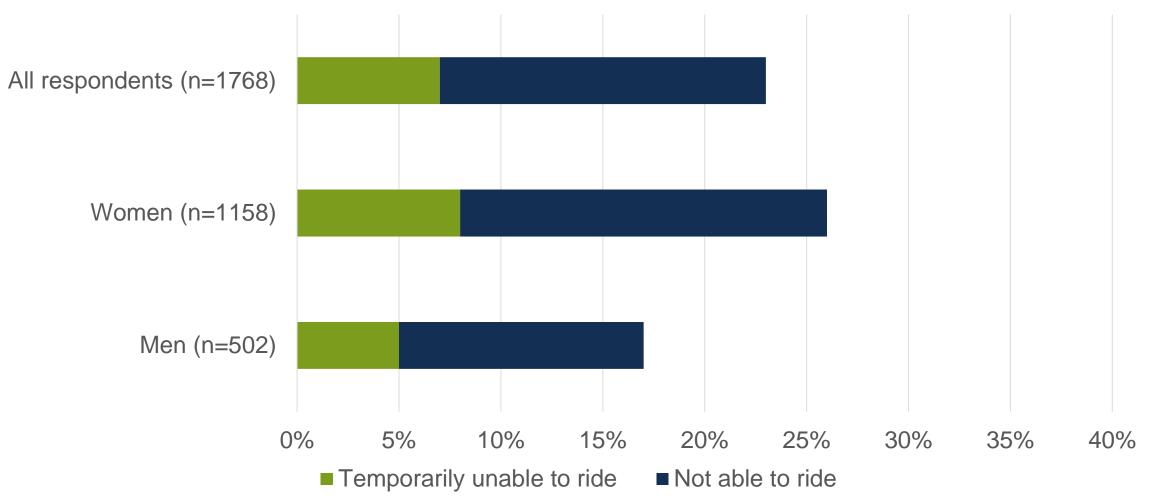


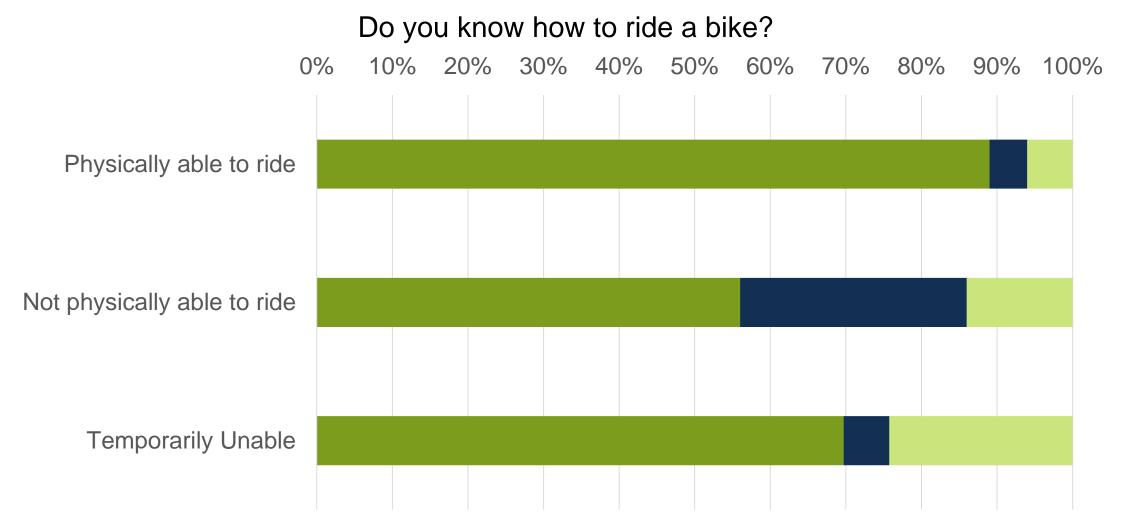
Ability to ride, by income



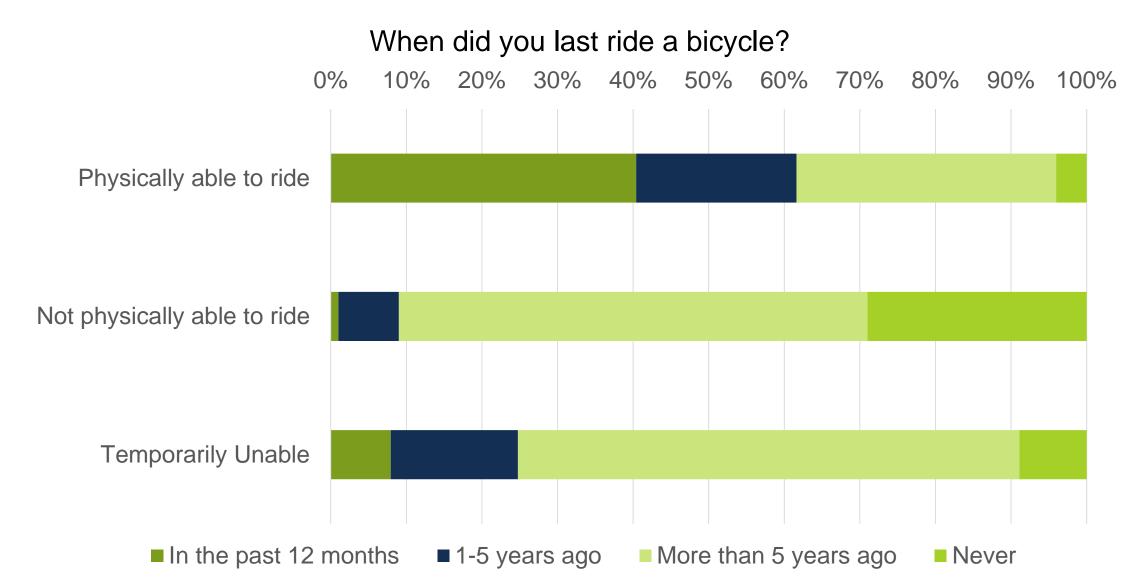


Ability to Ride, by gender





■ Yes ■ No ■ Not well



Interest / Use for biking, Percent Agree 20% 40% 0% 60% 80% 100% I would like to ride a bicycle (for transportation) more than I currently do. I would like to use bike share more than I currently do Riding a bike would make me more independent in getting around Riding a bike would be a good way for me to get exercise I see people like me using bike share in my neighborhood

Physically able to ride

Not physically able to ride

Temporarily Unable

Barriers to bicycling

Bicycling Barriers, Percentage stating each is a "big barrier"

Traffic makes riding a bike in my neighborhood feel dangerous

The places that I need to go are too far away to reach on a bike

I don't have a bike or related gear (such as helmet / lock / lights)

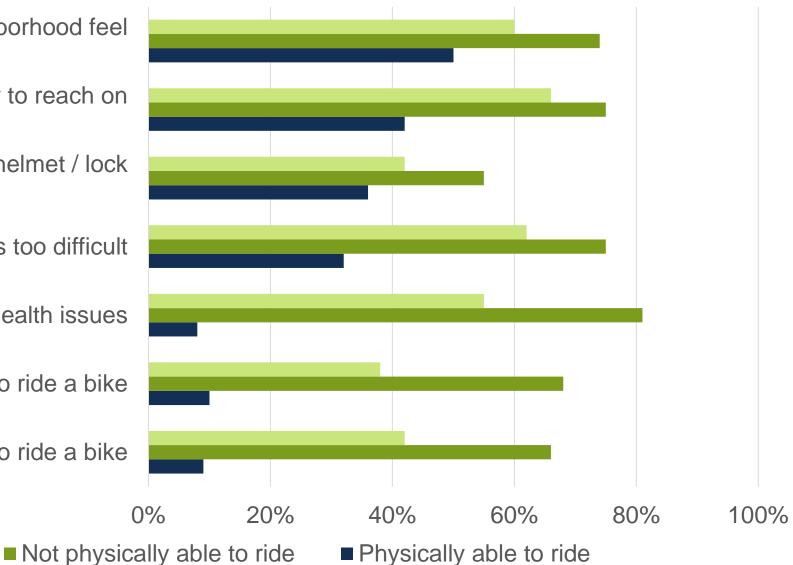
Carrying things on a bike is too difficult

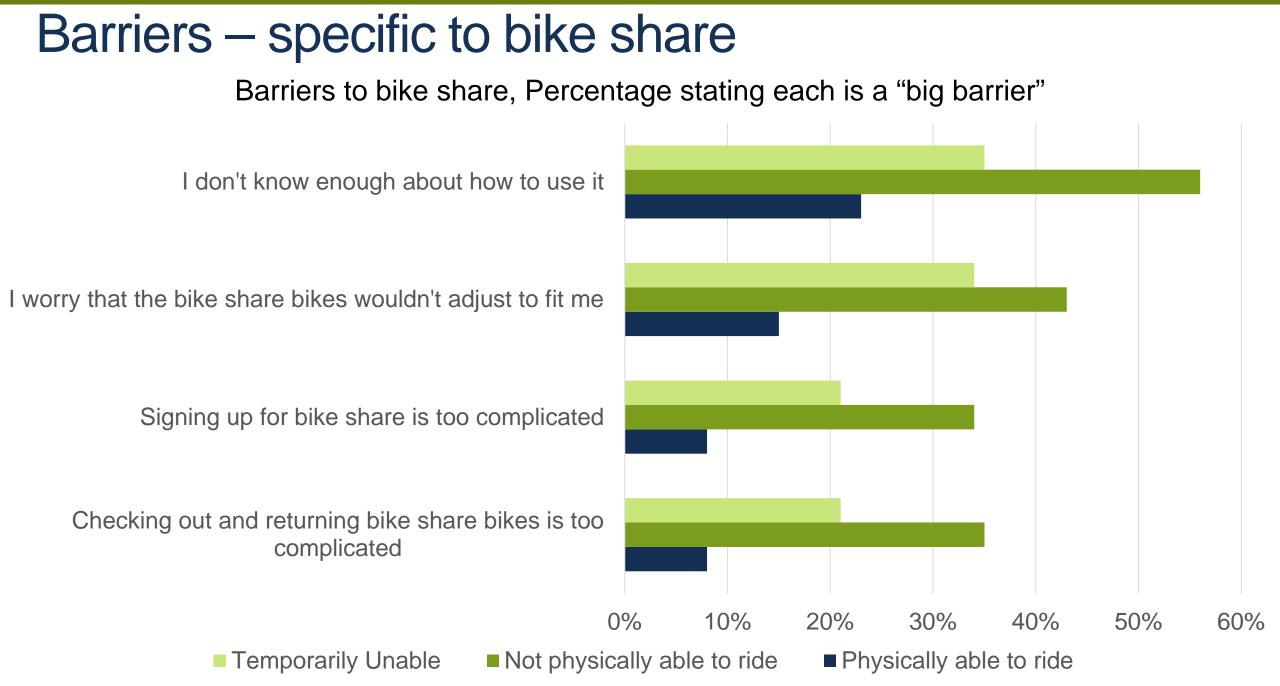
Biking might aggravate my personal health issues

Temporarily Unable

am too old to ride a bike

I am too out of shape to ride a bike



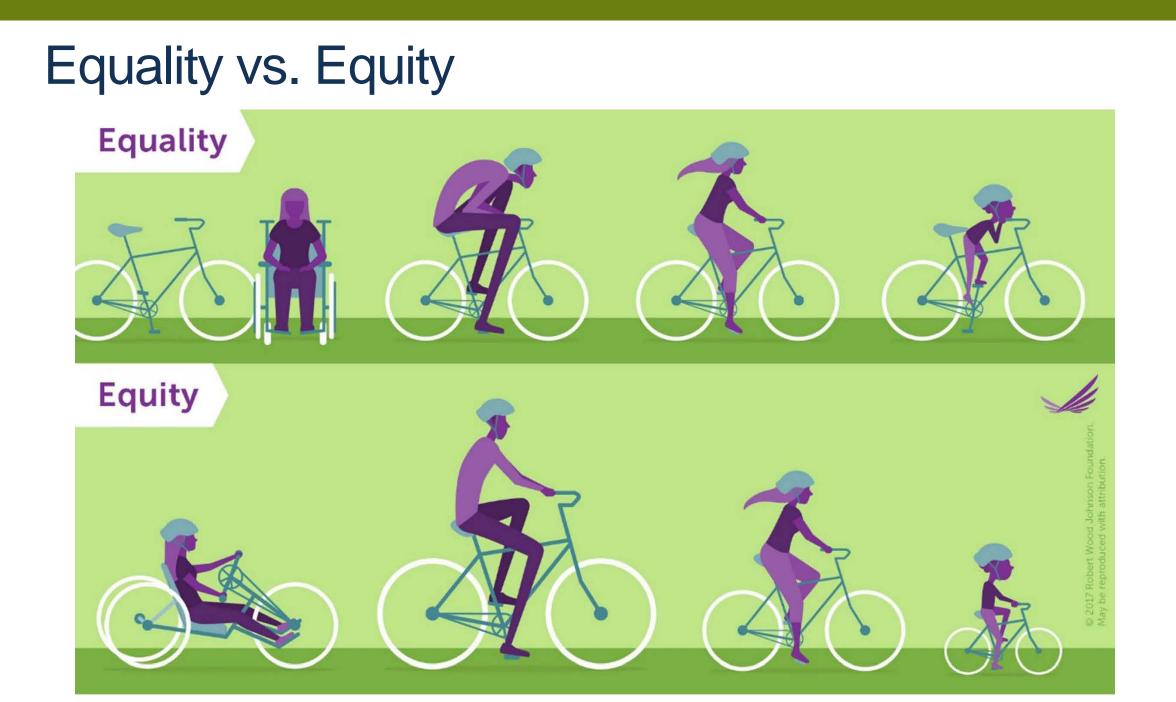


ADAPTIVE CYCLING

Results from National Scan of Bike Share Equity Programs







Adaptive Bicycles



Trikes/quadricycles



Hand cycles



Tandems



Electric bikes/scooters

Emerging Programs

 Of the 70 systems that responded to the survey, 10 indicated that they had adaptive bikes in their systems: BIKETOWN, in Portland, OR, Bublr in Milwaukie, WI, Blue Bikes in New Orleans, LA, CoGo Bike Share in Columbus, OH, LimeBike Ithaca in Ithaca, NY, mBike in College Park, MD, MoGo in Detroit, MI, PeaceHealthRides in Eugene, OR, and Pedal Corvalis in Corvallis, OR.





Bike Library Model

- Pick-up location, rental store usually near recreational access
- Specific hours of operations, reservations
- Staff to assist sizing and questions
- Parking or storage for personal equipment
- Various types of equipment available
- Cost per hour/day, discount programs









Partnerships



MADE POSSIBLE BY...



Ralph C. Wilson Jr. Legacy Funds OF THE Community Foundation FOR SOUTHEAST MICHIGAN



High value for individual users



Adaptive Biketown offers folks the ability to choose within their abilities a recreational vehicle of sorts to experience our beautiful city in a new way which is not only fun, but also good for the body, for the mind, and for the soul. - Deidre Hall

Integrated Model

- Integrated into existing bike share system, same pricing
- Limited model types
- Limited access for some, parking
- Various pricing models
- No storage





Challenges facing the programs and operators

- Who to serve and how?
- Integration
- Cost
- Logistics and density
- Personalized assistance/fitting
- Maintenance
- Types of bikes





Further work is needed

- Develop a better understanding of the needs and experiences of people with disabilities with regard to cycling/bike share.
- Explore how to design and scale the bike share systems to be more inclusive to all users.
- Develop new technologies and vehicles that can expand current bike share systems
- Understand how to structure, fund, and manage adaptive bike share programs to maximize their ongoing viability.

Contact Information

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National Scan of Bike Share Equity Programs Approaches and best practices for promoting equity in bike share

> Portland State University Nathan McNeil John MacArthur Joseph Broach Austin Cummings



National Scan of Bike Share Equity Programs

https://trec.pdx.edu/research/project/1278





Thanks to all individuals that share information on their programs.