Community vocational success of institutionalized mental retardates as a function of coping style

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COMMUNITY VOCATIONAL SUCCESS OF INSTITUTIONALIZED MENTAL RETARDATES AS A FUNCTION OF COPING STYLE

by

Jane C. Schilling

A report submitted in partial fulfillment of the requirements for the degree of

MASTER OF
SOCIAL WORK

Portland State University
1973
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COMMUNITY VOCATIONAL SUCCESS OF INSTITUTIONALIZED MENTAL RETARDATES AS A FUNCTION OF COPING STYLE
CHAPTER I

INTRODUCTION

In May, 1968, Fairview Hospital and Training Center (for the Mentally Retarded) located in Salem, Oregon, initiated its first Manpower Development and Training Program (MDT) coupled with an On-The-Job Training Program (OJT). The OJT portion of the training phase was eventually renamed and is now known as the Jobs Optional Program (JOP). Since the start of the program, a total of 273 residents have participated in the institutional phase and 131 in the JOP phase.

Presently there are approximately 1,500 residents at Fairview Hospital and Training Center and a total of 20 cottages serving as residential facilities. Medical services for the residents are provided by a complete hospital and dental department. The Fairview School provides classes ranging from pre-school through adult education. Varied recreational programs are made available to all residents. There is a physical rehabilitation center for physically handicapped residents. The Vocational Education Department provides training for non-physically handicapped as well as physically handicapped residents. Each individual resident is placed on programs designed to meet his special needs from learning to feed himself to learning how to ride a bus or travel unassisted in the community.

During the five years that the program has been in existence, it has become increasingly apparent that some type of pre-selective, reliable testing should be used in order to better select and serve those trainees enrolled in the program.
The four training areas of the program (1) Maids/Housekeeping, (2) Kitchen, (3) Nursing Home Orderly, and (4) Custodial) offer 50 training slots per year. Reliable methods of pre-selecting trainees before admission into the program will not only help to insure the success of the program; but, more importantly, help to insure the success of the individual who will be leaving the institution to return to society and competitive employment.
CHAPTER II

RATIONALE

The purpose of this study was to develop a scale that would predict a trainee's (or potential trainee's) success or failure in the JOP phase of the program. It was felt that an individual's method of coping with everyday patterns of living would influence his success or failure in employment. For example, it was felt that if a trainee was too withdrawn or too hostile that his chances for successful employment would decrease.

Mentally retarded persons have proven to be a great untapped work force. They are usually good, reliable, steady employees and have benefitted greatly from participation in vocational training. As an example, from 1956 to 1967, the number of rehabilitated mentally retarded rose from 1,578 to 17,724, while their proportion among all rehabilitated persons rose from 2% to 10%. (7)

The MDT portion of the program at Fairview Hospital and Training Center provides a trainee with up to 35 weeks of vocational instruction within the institutional setting and a 15 week period of Jobs Optional Training. During the JOP portion, the trainee is paid the starting salary for that particular position, providing the salary is not less than the Federal Minimum Wage of $1.60 per hour. For the 15 week JOP training, the employer is reimbursed one-half of the wages paid to the trainee.

Since the beginning of the program in 1968, it has been apparent that some way of objectively measuring the ability of the trainee entering the program was necessary. Trainees for MDT were being selected on
the judgment of staff members and scores obtained on the Weschler Adult Intelligence Scale (WAIS) and the Wide Range Achievement Test (WRAT). However, intelligence and achievement tests soon proved to be of little value in measuring aptitude for vocational success. The General Aptitude Test Battery (GATB) also proved to be very limited, as many of the trainees being considered for the program were unable to read.

In 1963 the Manpower Administration began research on a battery of tests which would measure the same aptitudes as the GATB, but which could also be used for the culturally and educationally disadvantaged populations. The Non-reading Aptitude Test Battery (NATB) is the result of their experimental efforts. (3) The NATB proved to be ideal for use with the mentally retarded as it required little or no reading ability.

Studies performed at Fairview Hospital and Training Center indicate that the NATB can be used with a good amount of reliability in predicting vocational success for a trainee in the community upon completion of his JOP training. (2) However, many of the trainees whose NATB scores predicted vocational success were not successful in JOP; thereby indicating a need for continued research.

The NATB consists of 10 separate testing batteries (See Appendix A) plus five tests found in the GATB. The tests used in the NATB are briefly explained below.

1. Picture-Word Matching

The examinee must determine which of five pictures associates best with a stimulus work read by the examiner. Measures general intelligence and verbal aptitude.
2. Oral Vocabulary

The examinee must decide whether the two words read by the examiner have the same, opposite, or different (neither) meaning. Measures general intelligence, verbal aptitude, and numerical aptitude.

3. Coin Matching

The examinee must indicate whether the two groups of coins presented have the same value. Measures numerical aptitude.

4. Matrices

This test contains 29 matrix type items of increasing difficulty. Measures general intelligence and numerical aptitude.

5. Tool Matching

This test contains a stimulus drawing and four drawings of simple shop tools. The examinee indicates which of the four drawings is exactly the same as the stimulus drawing. Measures form perception.

6. Three-Dimensional Space

This exercise contains a stimulus drawing and four drawings of three-dimensional objects. The stimulus drawing is presented as a flat object and must be mentally bent, rolled, or both. Lines on the stimulus drawing indicate where the fold or bend is to be made. The examinee indicates which one of the four three-dimensional objects can be made from
the stimulus drawing. Measures general intelligence and spatial aptitude.

7. Form Matching

The test is composed of two groups of variously shaped line drawings. The examinee indicates which figure in the second group is exactly the same in size and shape as the figure in the first group. Measures form perception.

8. Coin Series

This test consists of three parts, each more difficult than the one preceding it. The examinee is required to mentally manipulate the coins according to the assigned directions. Measures numerical aptitude.

9. Name Comparison

The test is composed of two columns of names. The examinee inspects each pair of names and determines whether they are exactly the same or different. Measures clerical perception.

10. Letter Cancellation

A test for speed containing the letter "i". The examinee must indicate which "i"s are printed upside down. Measures clerical perception.

11. Mark Making (GATE, Part 8)

The test is composed of a series of squares. The examinee is to make three pencil marks in each
square following a prescribed pattern (two vertical and one horizontal below them). Measures motor coordination.

12. Place (GATB, Part 9)

The equipment used in the place test, as well as the following test, consists of a rectangular pegboard divided into two sections. The upper section contains cylindrical pegs. The examinee removes the pegs from the upper holes and inserts the pegs in the corresponding holes in the lower section. The examinee moves two pegs at once, one in each hand. The test is administered three times and the examinee tries to move and place as many pegs as possible within a specified period of time. Measures manual dexterity.

13. Turn (GATB, Part 10)

See above for a description of the equipment used for this test. For this test, the examinee starts with all the pegs in the lower section of the board. Using his preferred hand, the examinee removes a peg from a hole, turns it over, and replaces it in the same hole with the opposite end up. The test is administered three times and the examinee attempts to turn as many pegs as possible. Measures manual dexterity.
14. Assemble (GATB, Part 11)

The equipment used for this test and the following test consists of a small rectangular finger dexterity board, a supply of small rivets, and washers. The examinee removes a rivet from the upper part of the board with his preferred hand while at the same time removing a washer from a vertical rod with his other hand. He places the washer on the rivet and inserts the assembled piece into a corresponding hole on the bottom part of the board, using only his preferred hand. There is only a short period of time allowed (90 seconds) and the examinee must work as quickly as possible to assemble as many pieces as he can. Measures finger dexterity.

15. Disassemble (GATB, Part 12)

The equipment used for this test has been described in the test preceding it. The examinee removes the assembled rivet from a hole in the lower part of the board with his preferred hand. At the same time, using his other hand, he slides the washer to the bottom of the board. He places the washer on vertical rod with one hand and the rivet in the corresponding hole on the upper part of the board with his preferred hand. He works as quickly as he can in order to disassemble as many pieces as
possible in 60 seconds. Measures finger dexterity.

Previous studies (1) indicate that age and academic achievement are not statistically related to an individual’s Job Optional Training Performance. Three of the NATB tests have proven to be fairly reliable predictions for a trainee’s success, both during and following the JOP period. These three tests are:

1) Letter Cancellation
2) Form Matching
3) Disassemble

It was noticed that of the trainees who had NATB scores predicting successful JOP periods, many of these trainees were not completing the JOP period and/or were not being hired as full-time, regular employees following JOP training. It was felt that since these individuals should have been successful (based on their NATB scores) some other variable was interfering with their chance for success.

Walter S. Neff (5) has developed a theory describing and explaining what he calls, the “work personality”. His theory maintains that in order to be successful in any job setting, the individual must be able to meet the necessary conditions (mobility, manual dexterity, and ability to perform the task) as well as the sufficient conditions. For example, they cannot be fearful of authority, cannot decide what hours or pace they will work. Upon examining the trainee in the MDT program, it was found that they did meet the necessary conditions of their job. However, since many were failing, it was felt that they might not be meeting the sufficient conditions of their job.

It was decided to apply a Coping Scale as developed by Doctor Neff (5) to the MDT trainees who had received NATB scores predicting success,
but who failed their JOP training and determine whether or not vari-
ances in coping styles might account for these differences.
CHAPTER III
DEFINITION OF COPING STYLE

Work placements, by the very nature of the setting in which they take place, are social situations. Social situations are characterized by a highly developed set of norms, customs, and demands. Neff (5) states that we should not be concerned with those individuals who are able to satisfactorily meet both the necessary and sufficient conditions of their work, "but in those who encounter major difficulties. Given that the ability to work is a function of long-term developmental process, it is important to know something about the various ways in which the process can go wrong...."

In his work, Neff has described five different types of "work psychopathology". (5) These various types of psychopathology are described below.

Type 1. People who appear to have major lack of work motivation. They have a negative conception of their role as an employee.

The individual seems to have a general indifference to the productive role; work serves no vital needs of the personality. Work is resisted or evaded.

Type 2. Individuals whose predominating response, to the demand to be productive, is to manifest fear and anxiety.

The individual has learned to believe that he cannot meet the standards of being a productive
person; that he is inept; that he is incapable; or that he is impotent.

Type 3. People who are predominantly characterized by open hostility and aggression.

To this individual any kind of supervisory criticism is seen as an attack and is actively resisted. The slightest disagreement with peers may result in open quarrels.

Type 4. People who are characterized by marked dependency.

These individuals are often able to produce effectively only under very close and continuous supervision.

Type 5. People who display a marked degree of social naivete.

For these individuals, there is no understanding of work; no conception of oneself as a worker; no knowledge of the demands and realities of work environments. The problems manifested are those of simple ignorance rather than those of rejection or resistance.

The concept of work psychopathology, maintains that any individual whose coping style demonstrates a marked predominance in one or more of the above categories (types) will not be able to successfully cope with the demands of his duties as an employee.
CHAPTER IV
REVIEW OF LITERATURE

Walter S. Neff and Myron Koltov in 1967 (6) completed a study using the Coping Scale with 86 rehabilitated mental patients. Their findings indicate that "it would appear that the ability of the ex-
mental patient to sustain a comprehensive program of rehabilitation is related to judgments concerning his characteristic coping behavior.
...there is a tendency for patients who do not sustain such a program to exhibit greater amounts of traits which, by definition, seem mala-
daptive." (6, Page 369)

Studies performed by Caruham and Wells (1) using 125 mentally re-
tarded subjects attempted to identify characteristics of the work per-
sonality. The results obtained were based on two criteria; the first was a 5 point 8 factor rating form completed by the work supervisor
(Appendix B) and the second was the actual amount of time spent on the job. The obtained results indicated that "the majority of the trainees classified into the 'below average' group appear to manifest the work-
failure behavior characteristic of Neff's Type 4 (dependency) and especially Type 5 (social naivete)."
CHAPTER V

METHOD

For the purpose of this study only those MDT trainees who achieved scores on the NATB predicting that they would be successful during their JOP training were sampled. The NATB tests relevant to use in this study were Letter Cancellation (Test No. 6), Form Matching (Test No. 7), and Disassemble (Test No. 15). These tests are designed to measure perceptual speed (Letter Cancellation), non-verbal intelligence (Form Matching), and manual dexterity (Disassemble).

The individuals who successfully scored on the NATB were then divided into two groups. One group was composed of those trainees whose NATB scores predicted success and who actually did succeed both during and following their JOP training. For example, these trainees were hired following their JOP experience and were still employed six months later. The second group comprised those trainees who experienced failure either during or immediately following their JOP experience even though their NATB scores predicted they would be successful. In other words, these individuals were either fired during their JOP training or immediately following the training period. From the total number of trainees in these two groups, a random sampling was drawn of 59 individuals.

Group A consisted of those trainees who were successful during and immediately following their JOP experience. There was a total of 36 trainees in this group. The group contained 18 males and 18 females, even though selected at random.
Group B was composed of those trainees who experienced failure either during or immediately following JUP training. There was a total of 23 trainees in this group. The group consisted of 11 males and 12 females, again picked randomly.

A questionnaire based on the Coping Scale (Neff, 5) was developed and submitted to at least two staff members who had been well acquainted with each individual trainee. The Coping Scale is designed to evaluate seven different styles of coping behavior (see Appendix C). These coping styles are:

1. Dependent
2. Fearful
3. Impulsive
4. Socially Naive
5. Withdrawn, Apathetic
6. Self-deprecatory
7. Hostile

On the questionnaire, each coping style is followed by a brief description. The raters were asked to rate each individual in terms of the predominance of a given trait. The behaviors are listed on a four-point scale.

1. Very Predominant
2. Somewhat Predominant
3. Slightly Predominant
4. Not Predominant

The questionnaires were delivered to departmental supervisors at Fairview Hospital and Training Center who, in turn, distributed the questionnaires to appropriate personnel. All questionnaires were returned for each individual trainee included in this study.
CHAPTER VI

RESULTS

It was expected that there would be significant differences in the total scores, obtained by using the Coping Scale, between Group A and Group B. Although it was not expected that each of the seven areas of coping behavior examined would vary per group, it was felt that one or two areas would show substantial differences. It was also felt that the rating performed by the Social Worker would closely correspond with that rating done by the cottage worker.

It is interesting to note that neither of these predictions came true. There was no significant difference in the scores obtained by Group A and Group B as rated by cottage staff and Social Workers; and that the ratings completed by the Social Workers did not necessarily correspond closely with the ratings done by the cottage staff.

Using the total scores obtained on the Coping Scale done by both the Social Worker and the cottage staff a T test was done to determine if there was any difference between males and females on coping scores in those individuals who achieved success during and following their JOP training (Group A). The T test revealed that in Group A there were no differences in coping behaviors between males and females. See Table I on page 17.

Again, using the total scores obtained on the Coping Scale as rated by the Social Worker and cottage staff, a T test, computed as

$$T = \frac{|\bar{x}_1 - \bar{x}_2|}{\sqrt{\frac{S^2_x}{n_1} + \frac{S^2_y}{n_2}}}$$

was performed in an effort to determine where, if any, sex differences appeared in Group B, those trainees who, although their NATB scores predicted success, were not successful. It is noted that
Group A, those trainees who were successful during and after JOP training, demonstrated No Difference between male and female in regards to coping behavior as rated by Social Workers and cottage staff. 
N = 36

<table>
<thead>
<tr>
<th></th>
<th>1(Fearful)</th>
<th>2(Independent)</th>
<th>3(Impulsive)</th>
<th>4(Socially Naive)</th>
<th>5(Withdrawn)</th>
<th>6(Self-Deprecatory)</th>
<th>7(Hostile)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Xm</td>
<td>5.67</td>
<td>5.33</td>
<td>5.56</td>
<td>4.83</td>
<td>6.78</td>
<td>6.67</td>
<td>6.94</td>
</tr>
<tr>
<td>XF</td>
<td>6.06</td>
<td>5.11</td>
<td>5.83</td>
<td>5.67</td>
<td>7.11</td>
<td>6.22</td>
<td>6.78</td>
</tr>
<tr>
<td>T</td>
<td>0.71336</td>
<td>0.41491</td>
<td>0.46133</td>
<td>1.81513</td>
<td>1.08494</td>
<td>1.02879</td>
<td>0.35873</td>
</tr>
</tbody>
</table>
there were no significant differences between males and females in coping behavior. See Table II on page 19.

A composite of Group A and Group B is shown in Table III, which indicates that there were no significant differences between males and females in Group A and males and females in Group B. See Table III on page 20.

Using the T test a comparison of the mean scores obtained on the Coping Scale for Group A was made. The mean scores as rated by the Social Worker were compared to the mean scores as rated by the cottage staff. This revealed that there was significant difference between the Social Worker and cottage rating in the hostile category. See Table IV on page 21.

A comparison of the means of Group B as rated by the cottage staff and the Social Worker revealed no significant difference between the two ratings. See Table V on page 22.
Group B, those trainees who were unsuccessful during or immediately following JOP training revealed no difference between males and females in regard to coping behavior as rated by Social Workers and cottage staff.

*N = 23*

<table>
<thead>
<tr>
<th></th>
<th>1(Fearful)</th>
<th>2(Dependent)</th>
<th>3(Impulsive)</th>
<th>4(Socially Naive)</th>
<th>5(Withdrawn)</th>
<th>6(Self-Decreational)</th>
<th>7(Hostile)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Xm</td>
<td>6.46</td>
<td>5.73</td>
<td>4.82</td>
<td>5.18</td>
<td>6.73</td>
<td>6.64</td>
<td>5.64</td>
</tr>
<tr>
<td>Xf</td>
<td>6.00</td>
<td>5.17</td>
<td>6.00</td>
<td>4.92</td>
<td>6.83</td>
<td>6.08</td>
<td>6.58</td>
</tr>
<tr>
<td>T</td>
<td>0.87932</td>
<td>0.93868</td>
<td>1.30</td>
<td>0.42876</td>
<td>0.18068</td>
<td>0.85854</td>
<td>1.01381</td>
</tr>
</tbody>
</table>
Group A and B, no difference between males and females in regard to coping behavior.

N = 59

<table>
<thead>
<tr>
<th></th>
<th>1(Fearful)</th>
<th>2(Dependent)</th>
<th>3(Impulsive)</th>
<th>4(Socially Naive)</th>
<th>5(Withdrawn)</th>
<th>6(Self-Deprecatory)</th>
<th>7(Hostile)</th>
</tr>
</thead>
<tbody>
<tr>
<td>XA</td>
<td>5.86</td>
<td>5.22</td>
<td>5.69</td>
<td>5.25</td>
<td>6.94</td>
<td>6.44</td>
<td>6.86</td>
</tr>
<tr>
<td>XB</td>
<td>6.22</td>
<td>5.44</td>
<td>5.43</td>
<td>5.04</td>
<td>6.78</td>
<td>6.35</td>
<td>6.13</td>
</tr>
<tr>
<td>T</td>
<td>0.95129</td>
<td>0.53770</td>
<td>0.476.5</td>
<td>0.54240</td>
<td>0.49581</td>
<td>0.25119</td>
<td>1.42399</td>
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</table>
TABLE IV

Comparison of mean scores by Social Worker and cottage staff of Group A.

N = 36

<table>
<thead>
<tr>
<th></th>
<th>Fearful</th>
<th>Dependent</th>
<th>Impulsive</th>
<th>Socially Naive</th>
<th>Withdrawn</th>
<th>Self-Deprecatory</th>
<th>Hostile</th>
</tr>
</thead>
<tbody>
<tr>
<td>X1</td>
<td>2.77777</td>
<td>2.61111</td>
<td>2.63888</td>
<td>2.83333</td>
<td>3.51428</td>
<td>3.22225</td>
<td>3.1666</td>
</tr>
<tr>
<td>X2</td>
<td>3.08333</td>
<td>2.61111</td>
<td>3.05555</td>
<td>2.41666</td>
<td>3.44444</td>
<td>3.22222</td>
<td>3.69444</td>
</tr>
<tr>
<td>X1-X2</td>
<td>-0.30556</td>
<td>0.00000</td>
<td>-0.41667</td>
<td>0.41667</td>
<td>0.06984</td>
<td>0.0003</td>
<td>-0.52778</td>
</tr>
<tr>
<td>T</td>
<td>1.17681</td>
<td>0.00000</td>
<td>1.57513</td>
<td>1.79707</td>
<td>0.38186</td>
<td>0.00013</td>
<td>2.33046*</td>
</tr>
</tbody>
</table>

* Significant at the .05 level.

** Significant at the .01 level.
TABLE V

Comparison of mean scores by Social Worker and cottage staff of Group B.

N = 23

<table>
<thead>
<tr>
<th></th>
<th>Fearful</th>
<th>Dependent</th>
<th>Impulsive</th>
<th>Socially Naive</th>
<th>Withdrawn</th>
<th>Self-Deprecatory</th>
<th>Hostile</th>
</tr>
</thead>
<tbody>
<tr>
<td>X1-Worker</td>
<td>3.17391</td>
<td>2.86956</td>
<td>2.56521</td>
<td>2.65217</td>
<td>3.47827</td>
<td>3.39130</td>
<td>2.95652</td>
</tr>
<tr>
<td>X2-Cottage Staff</td>
<td>3.04347</td>
<td>2.56521</td>
<td>2.86956</td>
<td>2.39130</td>
<td>3.30434</td>
<td>2.95652</td>
<td>3.17391</td>
</tr>
<tr>
<td>X1-X2</td>
<td>0.13021</td>
<td>0.30435</td>
<td>-0.30435</td>
<td>0.26087</td>
<td>0.17393</td>
<td>0.43478</td>
<td>-0.21739</td>
</tr>
<tr>
<td>T</td>
<td>0.44107</td>
<td>0.44086</td>
<td>0.81680</td>
<td>0.91991</td>
<td>0.58582</td>
<td>1.43539</td>
<td>0.59192</td>
</tr>
</tbody>
</table>

* Significant at the .05 level.

** Significant at the .01 level.
A comparison was then made between the mean scores of Group A and Group B using only the ratings done by the cottage staff. As rated by the cottage staff there was no significant difference in Group A when compared to Group B. See Table VI on page 24.

Using the T test again, a comparison was made between Group A and Group B as rated only by the Social Worker. The mean scores revealed that in the seven areas of coping style, there was no significant difference between the two groups. Table VII is found on page 25.

The means, standard deviations, ranges, and Pearson Product movement correlations of the ratings by the cottage staff and the Social Worker were then combined for Group A and Group B. There were two significant differences noted; one in the impulsive category and one in the hostile category. However, these two significant correlations mean only that there was a significant discrepancy in the rating given by the Social Worker and the cottage staff with respect to the amount of hostility and impulsivity of the subjects. See Table VIII on page 26.

The standard deviation is computed as follows:

\[
S = \sqrt{\frac{\sum X^2}{N} - \left(\frac{\sum X}{N}\right)^2}
\]

\[
S = \sqrt{\frac{\sum N \sum X^2 - (\sum X)^2}{N}}
\]

The basic computational formula for the Pearson product-movement correlation is:

\[
\rho = \frac{\sum N \sum X Y - (\sum X)(\sum Y)}{\sqrt{[\sum N \sum X^2 - (\sum X)^2][\sum N \sum Y^2 - (\sum Y)^2]}}
\]
Comparison of mean scores for Groups A and B as rated by Cottage Staff.

\( N = 59 \)

<table>
<thead>
<tr>
<th></th>
<th>Fearful</th>
<th>Dependent</th>
<th>Impulsive</th>
<th>Socially Naive</th>
<th>Withdrawn</th>
<th>Self-Deprecatory</th>
<th>Hostile</th>
</tr>
</thead>
<tbody>
<tr>
<td>( X_A )</td>
<td>3.0833</td>
<td>2.6111</td>
<td>3.0555</td>
<td>2.41666</td>
<td>3.4444</td>
<td>3.2222</td>
<td>3.69444</td>
</tr>
<tr>
<td>( X_B )</td>
<td>3.04347</td>
<td>2.56521</td>
<td>2.86956</td>
<td>2.39139</td>
<td>3.30434</td>
<td>2.95652</td>
<td>3.17391</td>
</tr>
<tr>
<td>( X_A - X_B )</td>
<td>0.03986</td>
<td>0.04536</td>
<td>0.18599</td>
<td>0.02536</td>
<td>0.14010</td>
<td>0.26570</td>
<td>0.52053</td>
</tr>
<tr>
<td>( T )</td>
<td>0.14673</td>
<td>0.16506</td>
<td>0.57676</td>
<td>0.10048</td>
<td>0.55663</td>
<td>0.93711</td>
<td>1.80701</td>
</tr>
</tbody>
</table>

* Significant at the .05 level.

** Significant at the .01 level.
<table>
<thead>
<tr>
<th></th>
<th>Fearful</th>
<th>Dependent</th>
<th>Impulsive</th>
<th>Socially Naive</th>
<th>Withdrawn</th>
<th>Self-Deprecatory</th>
<th>Hostile</th>
</tr>
</thead>
<tbody>
<tr>
<td>$X_A$</td>
<td>2.77777</td>
<td>2.61111</td>
<td>2.63888</td>
<td>2.83333</td>
<td>3.51428</td>
<td>3.22222</td>
<td>3.16666</td>
</tr>
<tr>
<td>$X_B$</td>
<td>3.17391</td>
<td>2.86956</td>
<td>2.56521</td>
<td>2.65217</td>
<td>3.47826</td>
<td>3.39130</td>
<td>2.95652</td>
</tr>
<tr>
<td>$X_A - X_B$</td>
<td>-0.39614</td>
<td>-0.25845</td>
<td>0.07367</td>
<td>0.18116</td>
<td>0.03602</td>
<td>-0.16908</td>
<td>0.21014</td>
</tr>
<tr>
<td>$T$</td>
<td>1.39069</td>
<td>1.08187</td>
<td>0.22753</td>
<td>0.68238</td>
<td>0.14865</td>
<td>0.68511</td>
<td>0.65415</td>
</tr>
</tbody>
</table>

* Significant at the .05 level.

** Significant at the .01 level.
### TABLE VIII

Means, Standard Deviations (SD), Ranges, and Pearson Product-Movement Correlations (r) of ratings by cottage staff and Social Worker staff for Groups A and B combined. 

\( N = 59 \)

<table>
<thead>
<tr>
<th>Behavior</th>
<th>N</th>
<th>Means</th>
<th>Social Worker SD</th>
<th>Range</th>
<th>Mean</th>
<th>Cottage Staff SD</th>
<th>Range</th>
<th>r</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fearful</td>
<td>59</td>
<td>2.93220</td>
<td>1.08712</td>
<td>1 - 4</td>
<td>3.06779</td>
<td>1.02286</td>
<td>1 - 4</td>
<td>-0.02635</td>
</tr>
<tr>
<td>Dependent</td>
<td>59</td>
<td>2.71186</td>
<td>0.90293</td>
<td>1 - 4</td>
<td>2.59322</td>
<td>1.02706</td>
<td>1 - 4</td>
<td>0.20255</td>
</tr>
<tr>
<td>Impulsive</td>
<td>59</td>
<td>2.61</td>
<td>1.17915</td>
<td>1 - 4</td>
<td>2.98</td>
<td>1.14227</td>
<td>1 - 4</td>
<td>0.37260</td>
</tr>
<tr>
<td>Socially Naive</td>
<td>59</td>
<td>2.76</td>
<td>0.96267</td>
<td>1 - 4</td>
<td>2.41</td>
<td>0.95878</td>
<td>1 - 4</td>
<td>0.06784</td>
</tr>
<tr>
<td>Withdrawn</td>
<td>59</td>
<td>3.49</td>
<td>0.83102</td>
<td>1 - 4</td>
<td>3.39</td>
<td>0.88330</td>
<td>1 - 4</td>
<td>-0.16867</td>
</tr>
<tr>
<td>Self-Deprecatory</td>
<td>59</td>
<td>3.29</td>
<td>0.95758</td>
<td>1 - 4</td>
<td>3.12</td>
<td>0.97571</td>
<td>1 - 4</td>
<td>-0.00036</td>
</tr>
<tr>
<td>Hostile</td>
<td>59</td>
<td>3.09</td>
<td>1.15403</td>
<td>1 - 4</td>
<td>3.49</td>
<td>0.99784</td>
<td>1 - 4</td>
<td>0.31707</td>
</tr>
</tbody>
</table>

* Significant at the .05 level.

** Significant at the .01 level.
CHAPTER VIII
EVALUATION

The data contained in this study does not indicate that there was any noticeable difference in coping style between those trainees in Group A and those trainees in Group B. In two categories on the Coping Scale (impulsivity and hostility) there was a difference in the way in which the Social Worker and the cottage staff rated the trainees. It is possible that this difference between the two ratings was significant enough to affect the rest of the scores on the Coping Scale. Further research and data processing would be necessary in order to prove or disprove this.

The difference between the Social Worker and cottage staff ratings on hostility and impulsivity may indicate that there is some lack of communication between these professionals.

It is probably true that the cottage staff, with their increased exposure to the residents, would view the resident differently than would the Social Worker who, at most, would have contact with a resident for only a few hours a week and usually under different circumstances than does the cottage staff.

However, communications should be such that the Social Worker should be aware of how each resident responds to cottage staff and the reverse should also be true.

While this study did not reveal any significant difference between Group A and Group B, it is felt that differences do exist. In further evaluating this study and the study performed by Neff and Koltuv (6) there appears to be one gross difference. In the study undertaken by
Neff and Koltuv (6) they evaluated psychiatric residents participating in a rehabilitation program upon first entering the program and again after each resident was either dropped from the program or successfully completed the vocational training. Thus, each resident was evaluated at a time when the individual was well known to the rater.

The study performed at Fairview Hospital and Training Center consisted of a random selection of those individuals whose NATB scores predicted success and who were either successful or unsuccessful during the JOP training. Some of the individuals picked for the study had participated in the MDT-JOP program five years previously and the raters were required to score these individuals from memory which could account for some error in rating.

Secondly, it was later discovered that three of the individuals in Group B who did not successfully complete their JOP training were successful in jobs they located for themselves following their failure. In other words, the loss of their first job may have been the fault of the employer rather than the trainee. These three individuals could have greatly affected the total scores of Group B and further research would be necessary in order to prove or disprove their influence upon the total ratings.

Because of these two errors in design, 1) the test requiring a five year memory span and 2) the later discovery of individuals who probably should not have been included in Group B, the Coping Scale is a tool that should be definitely administered again to the MDT-JOP trainees. However, it should be done under more controlled situations and each beginning trainee should be rated at the start of the MDT
program and again at completion of the program or upon being dropped from the program.

This study has been unsuccessful in demonstrating the value of the Coping Scale, but neither has it demonstrated that the Coping Scale is of no value. Further research is definitely indicated and will hopefully be undertaken by the Vocational Training Department at Fairview Hospital and Training Center.
APPENDIX A

Factor Structure of the Nonreading Aptitude Test Battery (NATB) and the Separate Tests Comprising the Test Battery.

Factor I (space) "Non-verbal Intelligence"

Measured by tests 6. Three-Dimensional Space
7. Form Matching

Factor II (perceptual speed)

Measured by tests 5. Tool Matching
6. Letter Cancellation *

Factor III (Internalization)

Measured by tests 4. Matrices
7. Coin Series

Factor IV (General Learning Ability)

Measured by tests 1. Picture-Word Matching
2. Oral Vocabulary

Factor V (Dexterity)

Measured by tests 11. Mark Making
12. Place
13. Turn
14. Assemble
15. Disassemble *


* Tests used in present study.
APPENDIX B

Rating Form completed by OJT supervisor with 1 = poor, 2 = fair, 3 = average, 4 = good, and 5 = excellent.

1. How consistent is his or her job performance?
2. How quickly and well does he or she learn to perform the different tasks?
3. How much ability does he or she have for using the equipment necessary to perform the job tasks?
4. How much ability does he or she have for maintaining adequate production?
5. How good was the quality of his or her work during the training?
6. How large a variety of job tasks could he or she perform adequately?
7. How resourceful is he or she in coping with new situations that are out of the ordinary?
8. Considering all the factors rated, and only these factors, how acceptable was his or her performance during the training?
9. Total points from the preceding eight questions.
APPENDIX C

Directions: Please read the "suggestions to raters" and then fill in the items which follow. In making your ratings, only one box should be checked for each question.

SUGGESTIONS TO RATERS

We are asking you to rate the behavior of individuals you have known or who have worked for you. These ratings will serve as a "yardstick" against which we can compare the test scores in this study. The ratings must give a true picture of each individual or this study will have very little value. You should try to give the most accurate ratings possible for each individual.

These ratings are strictly confidential and won't affect these individuals in any way. Neither the ratings nor test scores of any individual will be shown to anyone not directly involved with the study. We are interested only in "testing the tests".

In making ratings, don't let general impressions or some outstanding trait affect your judgment. Try to forget your personal feelings about the individual. Here are some more points which might help you.

1. Please read all directions and the ratings scale thoroughly before rating.

2. For each question compare this individual with "people in general".

3. A suggested method is to rate each individual on one question at a time. The questions ask about different behaviors of the individual.

4. Rate the individuals according to their behavior over a period of several weeks or months. Do not rate on the basis of one "good day" or one "bad day". Think in terms of the individual's usual or typical behavior.

Name of Person Being Rated _______________________________________

Rated by: _______________________________________________________

How long have you known this person?
( ) less than 1 month
( ) 1 - 2 months
( ) 3 - 5 months
( ) 6 months or longer
1. This person was fearful. He exhibited these or similar behaviors: may be tense; fidgety; jumpy; uneasy; may be frequently troubled or worried; may be afraid and timid in relationships with others; may be afraid to establish contact with others; may seem mousy, may shy away from things and people.

( ) Very predominant
( ) Somewhat predominant
( ) Slightly predominant
( ) Not predominant

2. This person was dependent. He exhibited these or similar behaviors: may frequently ask help from others; may rely on others for support; may be unable to initiate action on his own; may place himself in the position of making others direct him; may be highly compliant; may seek others' approval.

( ) Very predominant
( ) Somewhat predominant
( ) Slightly predominant
( ) Not predominant

3. This person was impulsive. He exhibited these or similar behaviors: may rarely see a task through; may be unable to stick to a plan of action; may flit from one thing to another; may be unable to delay the gratification of his impulses; may immediately seek to satisfy his desires; may easily become enthusiastic about something and then rapidly lose his enthusiasm.

( ) Very predominant
( ) Somewhat predominant
( ) Slightly predominant
( ) Not predominant

4. This person was socially naive. He exhibited these or similar behaviors: may be unperceptive when it comes to the needs or feelings of others; may not realize that his behavior elicits reactions from others or has an effect on them; may be socially inept; may not seem to know what is appropriate in ordinary social situations.

( ) Very predominant
( ) Somewhat predominant
( ) Slightly predominant
( ) Not predominant

5. This person was withdrawn, apathetic. He exhibited these or similar behaviors: may be bland, lethargic; may lack vitality; may give the impression of being indifferent to things going on around him; may lack emotional responsivity; may seem very easygoing and uninvolved.

( ) Very predominant
( ) Somewhat predominant
6. This person was self-deprecatory. He exhibited these or similar behaviors: may point up and willingly talk about his deficiencies; may be highly self-critical; may talk about his ineptitude; may derogate his qualities and abilities; may generally run himself down; may express self-doubts.

( ) Very predominant
( ) Somewhat predominant
( ) Slightly predominant
( ) Not predominant

7. This person was hostile. He exhibited these or similar behaviors: may be angry with others most of the time; may be subtly negativistic; may contradict and argue with others; may do things to irritate and annoy others; may be sarcastic; may belittle or insult others; may criticize others.

( ) Very predominant
( ) Somewhat predominant
( ) Slightly predominant
( ) Not predominant
BIBLIOGRAPHY


REFERENCES


