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Exploring the Potential Use of Porous Silica Nanoparticles in CEST-MRI

by

Lydia Makotamo

A dissertation submitted in partial fulfillment of the
requirements for the degree of

Doctor of Philosophy
in
Chemistry

Dissertation Committee:
Andrea Goforth, Chair
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Portland State University
2021

Abstract

Magnetic resonance imaging (MRI) is a widely used modality in diagnostics, treatment, and monitoring various conditions due to its ability to generate high-resolution images using non-ionizing radiation. The advent of contrast agents, which generally work by increasing the spin relaxation rate constants of water protons, has led to image enhancement. Despite the usefulness of this class of agents in diagnostic medicine, their inability to provide in-depth functional and anatomical information, coupled with their high detection limits, has led to new agents being explored.

Chemical exchange saturation transfer (CEST) presents an alternative route to generate signals *via* repetitive saturations transfers between small molecules and bulk water, thus amplifying the signal and making it possible to detect small concentrations. Encapsulating a paramagnetic chemical shift agent in a nanoparticle with a large amount of water allows for simultaneous selective saturation of a large number of water protons. When these protons are allowed to exchange with bulk water protons in a controlled manner, the sensitivity improves, lowering the detection limit. Still, the small number of exchanging protons on these CEST agents means the problem of high detection limits persists.

In this thesis project, the goals were to establish synthetic access to two types of mesoporous silica nanoparticles with different internal morphologies and determine whether a solid silica coating can effectively encapsulate charged paramagnetic contrast agents within the interiors of the mesoporous silica nanoparticles.

Mesoporous silica nanoparticles (MSNs) were developed following a modified literature procedure. Details of how the incorporation of two swelling agents (including one not reported previously) is also presented. The viability of synthesizing the MSNs with and without the swelling agents was also assessed, and reasons for observed variations were discussed. Hollow mesoporous silica nanoparticles (hMSN) were also synthesized using a modified literature-based method which generally includes three steps: solid core synthesis, mesoporous shell deposition, and etching. A delayed-addition Stöber-based procedure for synthesizing the templating silica is also presented, improving size consistency from batch to batch.

With evidence of solid silica being porous to water, both types of nanoparticles were solid silica-coated to effectively trap the load inside. An easily detectable surrogate dye with the same charge as the intended load was used for the studies. Several techniques were used to quantify surface silanol, assess amine functionalization, and evaluate the effectiveness of the coating procedure.

Dedication

This thesis is dedicated to my Mom, Tamary, who has been my pillar of strength, support and has sacrificed a lot throughout my education journey despite not getting an education herself. I love you, Mom;

To my uncle and aunt, Itayi and Linience, who saw something in me, believed in me, and provided that first bridge that has gotten me this far. I am super grateful;

Furthermore, my late grandmother Elizabeth, my all-time cheerleader for as long as I remember, always ululating and dancing for me on prize-giving days. I miss you every day.

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List of Abbreviations

CEST-Chemical Shift Exchange Saturation Transfer

CMC-Critical Micelles Concentration

CTAB-Cetyltrimethylammonium bromide

DEA-Diethanolamine

dec-MSN- Decane Mesoporous Silica Nanoparticle

DIPB-MSN- diisopropyl benzene Mesoporous Silica Nanoparticle

DMHA-N, N-dimethylhexadecylamine

EtOH-Ethanol

FDA- Food and Drug Administration

H₂O-Water

h-MSN-Hollow Mesoporous Silica Nanoparticle

IUPAC - International Union of Pure and Applied Chemistry

LoD-Limit of detection

LE-Loading efficiency

MRI-Magnetic resonance imaging

MSN-Mesoporous Silica Nanoparticle

NaOH-Sodium hydroxide

NH₄OH-Ammonium hydroxide

NMR- Nuclear magnetic resonance

NPs-Nanoparticles

OTAB-Octyltrimethylammonium bromide

PARACEST-Paramagnetic Chemical Shift Exchange Saturation Transfer

PdI-Polydispersity Index

RF- Radiofrequency

r-MSN- Rattle mesoporous Silica Nanoparticle

SAR- Specific Absorption Rate

Si (OR)₄ (R = various alkyl groups, usually Et or Me),

SiO₂-Silica

std-MSN- standard Mesoporous Silica Nanoparticle

TEA-Triethanolamine

TIPB-Triisopropylbenzene

TOA-Trioctylamine

CHAPTER 1: INTRODUCTION TO CHEMICAL EXCHANGE SATURATION TRANSFER, ROLES OF NANOPARTICLES AND SILICA NANOPARTICLES

1.1 MRI AND CEST-MRI

Magnetic resonance imaging (MRI) uses a strong external magnetic field, radio waves, and a computer to generate images. When exposed to a magnetic field, nuclei with an inherent magnetic moment populate low and high energy states according to the Boltzmann statistical probability distribution. The sum of all nuclear magnetic moments is the net magnetization (M_0), which is aligned along the longitudinal (z) axis at equilibrium. A small excess of spins populates the lower energy. A radio frequency pulse at the resonance frequency of the nuclear spin applies torque to M_0 , coherently moving the net magnetization vector into the transverse plane (M_{XY}). The net magnetic vector precesses about the external field at a radio frequency.

After the radio frequency pulse is turned off, the net magnetization vector precesses in the transverse plane. This precession gives rise to a current in the receiver coil, which is recorded and provides information specific to the chemical and magnetic environment of each chemically and magnetically distinct nucleus. In the case of MRI, spatial information is obtained by applying gradient fields that change the resonance frequency of the nuclear spins based on their location. MRI involves probing the differences detected amongst water molecule protons. Two-thirds of the human body is composed of water, allowing MRI to generate high-resolution images without utilizing ionizing radiation. This has made MRI the most popular NMR-based technique in diagnostics.^{1,2} The relatively low sensitivity of

the techniques, which limits the detection of tiny lesions, has since been a limitation. Improving signal intensity has been the main objective of several studies.³

Using T_1 or T_2 contrast agents to change the nuclear magnetic relaxation rates constants results in increased or decreased signal intensity, depending on which effects are more evident (a basis for their classification). T_1 or T_2 contrast agents are employed to reach thermal equilibrium quickly to reduce the super long natural relaxation durations. T_1 contrast agents are used in MRI to increase the difference in T_1 relaxation rates by decreasing the T_1 rate constant of water protons directly near the contrast agent, whereas T_2 contrast agents are used for decreasing the water signal intensity by shortening the transverse relaxation periods.^{4,5}

All paramagnetic agents will cause both T_1 and T_2 to shorten, but because T_2 *in vivo* is much shorter than T_1 , an agent must significantly shorten T_2 for any observable effects to be realized. For this reason that Mn^{2+} and Gd^{3+} complexes have been used as T_1 agents, and such paramagnetic complexes have been able to sense metabolite levels, pH, redox, and oxygenation alterations in bulk tissue.^{6,7} Moreover, their low molecular weight enables rapid clearance through the renal system. However, sensitivity remains one of the hurdles justifying the small number of MRI agents making their way into living subjects.

Encapsulating many chelates into a single nanoparticle (NP) structure to increase local contrast agent concentration and thus increase signal intensity has been one strategy that has been used to reduce the high detection limits of molecular (or ionic) T_1 complexes.⁸ Alternatively, using superparamagnetic metal oxide NPs generates greater T_2

contrast, which overshadows the smaller effects on T_1 , making them viable T_2 -shortening agents. Although it has been demonstrated that this class of agent has much lower detection limits than T_1 -shortening agents, the tendency of metal oxide NPs to remain intact means that they cannot be renally cleared (due to large size) and persist in the body well after administration. An additional major intrinsic limitation to both classes of agents is that they cannot be turned “off”; thus, one will need to acquire pre and post-injection images to determine signal changes, which might cause errors due to time delays and motion-induced artifacts.^{9,10}

Chemical Exchange Saturation Transfer (CEST) is an alternate MRI contrast enhancement mechanism that allows for the indirect detection of low concentration solute molecules (or CEST agents) with chemically distinct labile protons.¹¹ Figure 1.1 below shows the two-pool proton exchange model that summarizes a CEST-based MRI mechanism. Exchangeable protons (in green) are saturated using a frequency-selective radiofrequency (RF) pulse. The saturated spins are repetitively exchanged with the unsaturated spins (in blue) of bulk water protons *via* chemical exchange, thus decreasing the bulk water magnetization over time (CEST effects). CEST effects are quantified by comparing the water signal without saturation (S_0) to the water signal with saturation (S_{sat}), where the magnitude of the decrease depends on the number of exchangeable protons on the molecule of interest and the exchange rate, k_{sw} . The repeated saturation and exchange of labile protons thus allows for the indirect visualization and quantification of otherwise undetectable low concentration molecules. Moreover, the ability of the pre-saturation pulse

to be switched “on” and “off” allows pre and post-contrast images to be acquired at the same time, thus permitting direct comparison of images, reducing detection limits, and

Figure 1.1 Chemical exchange saturation transfer: principles and measurements for pure exchange effects eliminating artifacts due to organ movement and repositioning; these features are an advantage over the conventional MRI technique.

CEST generation requires that a distinct chemical shift difference ($\Delta\omega$) exist between the bulk water proton and the labile proton on the low concentration solute molecule, such that the proton exchange rate, k_{sw} is both relatively slow on the NMR time

$$k_{sw} < \Delta\omega \quad (\text{Eqn 1.1})$$

scale and less than $\Delta\omega$ (Equation 1.1).^{12,13} Naturally present functional groups on biomolecules have labile protons with chemical shifts distinct from water; for example,

hydroxyl, amine, or amide groups on proteins thus can be used as CEST agents.^{10,14,15} However, because these functional group chemical shifts are relatively close to that of water, the slow exchange condition (Equation 1.1) implies that very slow exchange rates are required for these biological molecules if CEST effects are to be realized. In general, these molecules also have a relatively small number of exchanging protons per agent, causing their detection limits to be an order of magnitude higher than those of conventional Gd^{3+} -based contrast agents. Furthermore, the proximity of some biomolecule functional group chemical shifts to that of water may result in indirect saturation of water molecules. These factors will contribute to a reduction in, or total loss of, CEST effects over time.

For CEST agents satisfying the slow to intermediate exchange rate condition, the observed CEST effects are approximately linearly correlated to the concentration of labile protons and dependent on the exchange rate. Thus, recent studies to improve the sensitivity of CEST have concentrated on increasing the numbers of exchanging protons^{15,16} and optimizing exchange rates.^{17,18} Increasing the number of labile protons allows the simultaneous saturation of many protons on the agent to transfer saturation to the bulk water pool, thus enhancing sensitivity. Increasing the proton exchange rate, such that saturation transfer from agent to water is more efficient, while still maintaining an exchange rate that is slow on the NMR time scale, increases the sensitivity by ensuring that more saturated spins are transferred to the solvent water (per unit time) thereby increasing the observed CEST effect.

Paramagnetic Chemical Shift Exchange Saturation Transfer (PARACEST) agents are

paramagnetic ions that are chelated by organic multidentate ligands to create complex ions that possess a pool of labile protons and/or labile ligands, with large chemical shifts of 50 ppm or more¹² compared to the typical 1-5 ppm of endogenous molecules. Because of these larger chemical shifts, CEST effects are realized even at more rapid chemical exchange rates¹⁴ without going beyond the intermediate exchange limit.¹⁹ While these relatively fast exchanging complexes can further be optimized to increase contrast, their dependence on the initiating saturation pulse means RF saturation intensities higher than FDA guidance limits (SAR whole-body exposure in patients with “normal thermoregulatory function” is 4.0 W/kg and 1.5 W/kg for all other cases)²⁰ may be required, reducing the feasibility of applying such agents *in vivo*. The further development of paramagnetic systems that combine large chemical shifts with moderate-to-slow proton/water exchanges offers advantages of endogenous molecules and PARACEST agents.¹⁴

Paramagnetic chemical shifts agents are designed to utilize water as the source of the saturated proton pool, and efforts have been made to construct agents with a slow-exchanging water molecule bound to a coordination site of the paramagnetic complex. Because these systems utilize only one water coordination site per complex, and because the exchange rate is relatively slow, the sensitivity is low, as expected. This led researchers to the consideration of systems possessing larger numbers of water molecules in contact with the paramagnetic shift agents, for example, by encapsulation of a relatively fast exchanging shift agent within an isolated water pool, where the isolated pool is then in

slow exchange with the bulk water pool (compartmental exchange) as conceptualized in Figure 1.2. For such systems, compartmental water exchange should be slow compared to the frequency difference between the two exchanging water pools, shifted inside and unshifted outside; otherwise, the resultant peak will be unresolved. However, the bulk

Figure 1.2 Mechanism for a nano-based host in CEST MR imaging

water's magnetization will not change considerably if the rate is too slow, and no contrast enhancement will be achieved. Different approaches have been explored to construct such compartmentalized paramagnetic agents to lower detection limits by increasing the local agent concentration (and thus the number of exchangeable sites) and optimizing the inter-compartment water exchange rates.

1.2 NANOPARTICLES IN CEST MR IMAGING

Nanoparticles (NPs) of various types have shown great potential in biomedical applications

due to attractive features such as prolonged blood circulation, ability to target a biological structure with surface-bound recognition elements, or to accomplish controlled release of a drug payload in the case of hollow or porous nanostructures; this has fueled the interest in developing functional, tailored NPs.^{21–23} Therefore, it is no surprise that several nanosystems, including dendrimers, supramolecular adducts, liposomes, micelles, and silica nanoparticles (SiO₂ NPs), have already been explored for potential use in CEST-MRI (Table 1.1).

In theory, these nano-based systems could increase CEST contrast by increasing the number of saturation sites or optimizing the exchange rate(s), or both. For example, Pikkemaat and co-workers developed functionalized poly(propylene imine) PARACEST dendrimers of various sizes (generations) and used them for CEST-based pH mapping. This work showed that the lowest concentration of agent detectable decreased as the number of amide protons increased; *i.e.*, the limit of detection is lowest for the largest particles with the most amide groups.¹⁶ Some groups have also succeeded in increasing the number of saturation sites by making noncovalently bonded supramolecular adducts between a PARACEST agent and a macromolecule, where the PARACEST agent artificially shifts the resonance of a large number of labile protons on the macromolecule, allowing for selective irradiation of these protons and increasing the efficacy of saturation transfer.²⁴

Micelle-based CEST probes have also been developed and have shown great potential in lowering the detection limits of CEST-based MRI methods. For example, Evbuomwan and

Table 1.1 Examples of nano-based systems that have been explored in CEST-MRI, advantages, and disadvantages

Nanoparticle	Advantage	Disadvantages	References
Supramolecular adducts	Easy, cost-effective, and facile approaches for synthesis	Possess a few numbers of exchangeable protons. Water kinetics difficult to tune Linked with long-term toxicity effects ²⁵	26–29
Dendrimers	Possess many exchangeable protons.	Incomplete safety profile, Unknown biodegradation/excretion pathway, Lacks well-understood surface chemistry for functionalization, Untunable water kinetics Lack of reproducible standardized synthesis methodologies ³⁰	16,31,32
Micelles	Possess a large interior volume. Generally regarded as safe	Poor loading capacity Poor physical stability <i>in vivo</i>	33–35
Liposomes	Possess a large interior volume, Safe, Amenable physicochemical	Unstable Costly and complex optimization process	24,36–44
Mesoporous silica	Large surface area, Generally regarded as safe, Easy, cost-effective, and facile approaches for synthesis	Limited interior volume Water kinetics difficult to optimize	14,43,45

co-workers developed some lanthanide-tetraamide complexes with variable alkyl-carbon chain lengths and incorporated them during micelle formation; the different alkyl-carbon chain lengths of the complexes were observed to result in different-sized micelles and directly impact the measured water residence lifetimes in the micelles. For those micellar Ln-tetraamide agents exhibiting slow to medium water exchange kinetics, there was a noted increase in CEST sensitivity with longer alkyl chains Ln-complexes incorporated in

the micelles compared to the monomethylamide control sample (5.3 μm for the C_{16} analog vs. 1.3 mM for monomethyl-Ln-micelle).⁹

Overall, for nano-based CEST agents with paramagnetic complexes encapsulated in organic vehicles, while they can possess comparatively more exchangeable protons versus a single molecular agent, they still have low sensitivities that are mainly in the mM range.⁴⁶ It can be argued that even better enhancement can be realized with fine control of the water exchange rate (kinetics) between the two water pools.

A system designed to both increase the exchanging proton population and optimize the exchange rate can be hypothesized to offer superior CEST efficacy. One way to envision accomplishing this is a liposome structure encapsulating a paramagnetic lanthanide complex (lipoCEST) in contact with a high volume of intraliposomal water molecules. Therefore, it is no surprise that after the first development and demonstration of the potential use of a lipoCEST agent by Aime and co-workers,²⁴ more research efforts on liposome-based CEST agents would follow. Some lipoCEST agents displayed tremendous sensitivity, with the detection limit for the best agent reported to be in the picomolar concentration range.^{36–41,43,44,47}

In a lipoCEST agent, the lanthanide complex trapped inside the liposome shifts the resonance frequency of the trapped water pool, enabling it to be selectively pre-saturated. The water-permeable phospholipid membrane of the liposome allows for water exchange that can be fine-tuned to the desired slow exchange regime by changing the lipid composition of the membrane. The size of the liposomes can also be varied (50 to

450nm),⁴⁸ and smaller liposomes have shown increased CEST effects due to their large surface-to-volume ratio offering an ample membrane water exchange.⁴² Despite the potential of lipid-based systems due to a large proton population in slow exchange, the instability of most liposome-based agents *in vivo* potentially limits their application in imaging. Further, although the exchange rate across the nanoscale host is potentially modifiable *via* incorporating specialty phospholipids,⁴⁰ high cost and synthetic difficulty issues may hamper clinical translation. Therefore, there is a need to develop nano-based CEST systems that are stable, biocompatible, show sub-nanomolar sensitivities, and have exceptional amenability for potential functionalization at low costs.

1.3 MESOPOROUS SILICA AS SUITABLE CEST-MRI AGENT HOST

Mesoporous silica nanoparticles (MSNs) with their varied morphologies, uniform mesopores, and large surface areas are considered synthetically accessible, biocompatible, and relatively stable hosts for the delivery of drugs in biomedicine; a steady increase in publications on both preparations and applications of different silica-based nanomaterials has been noted in the last decade.^{45,47} The publication surge has resulted in well-documented synthesis methods designed to scale up material production, fine-tune porosity, surface area, and volume, and tailor the surface chemical functionality for different applications.^{49–51} The presence of open channels and high surface area has paved the way for MSNs to be examined as possible MRI contrast agents, since T_1 agents, like gadolinium chelates or paramagnetic ions, can be confined on the surface or inside the pores, thus localizing high concentrations of the agents and increasing the sensitivity of

traditional T₁ MRI techniques.⁴⁵ The success of MSNs in conventional MRI techniques^{52,53} has led to their examination as CEST-MRI agents with great initial promise.^{9,43,45}

By anchoring lanthanide chelates onto the surface of MSNs, Ferrauto and colleagues were able to effectively shift the surface silanol protons resulting in the marked improvement in sensitivity (with a limit of detection (LoD) in the μM range) in comparison to control samples with free chelates.⁴³ Recently, Carniato and group further demonstrated the feasibility of mesoporous silica-based systems in CEST-MRI by anchoring lanthanide chelates onto the surface of MSNs and studying the interaction between the bound chelate and bulk water. They demonstrated that these systems exhibit slow water kinetics inside pores which is essential for improving their CEST efficiency. The developed complexes reached excellent sensitivities of $55 \pm 5 \mu\text{M}$. Despite these recent systems exhibiting higher sensitivity than dendrimers and micelles, MSN systems so far are still inferior in achieving the sensitivity of the best lipoCEST agents, which have been indicated to reach nanomolar levels.⁴⁶

We hypothesize that this could be due to lower, or more constricted, internal volumes accessible to the (anchored) chelates within the MSNs compared to the internal volume of liposomes. Further, surface anchoring of the lanthanide chelates to the MSN surfaces is likely not ideal, compared to internalizing them, due to the lack of compartmentalizing barrier that could regulate the water exchange kinetics. With the optimization of surface chemistry and NP internal architecture (*i.e.*, arrangement of the host material and void space in three dimensions), silica nanoparticles have the potential to become scalably

synthesized, biologically stable hosts suitable for applications *in vivo* CEST-MRI. Furthermore, a silica-based host that is hollow can offer comparable volume to that of the lipoCEST agents, thus further increasing silica-based systems' sensitivity to levels comparable to those of lipoCEST agents.

Figure 1.3 The sol-gel method for making SiO_2 NPs, here from tetraethoxysilane in aqueous ethanolic solutions. During hydrolysis, the alkoxysilane undergoes hydrolysis with silanol groups replacing alkoxy groups in a nucleophilic substitution reaction. This is followed by a condensation reaction where neighboring silanols react, giving off water, thus forming siloxane bridges holding together the silica

There are various methods for synthesizing SiO_2 NPs with various morphologies, primarily

based on the Stöber method, a sol-gel process. This wet chemistry synthetic approach involves hydrolysis and condensation of alkoxysilane monomers in the presence of an acid or base catalyst to produce nanoparticles having various sizes, depending mainly on the relative concentrations of the starting reactants.⁵⁴ Figure 1.3 gives an overview of the base-catalyzed sol-gel (A) and mechanisms of hydrolysis (B) and condensation (C). Hydrolysis causes an alkoxy group to be substituted for a hydroxyl, forming a pentacoordinate transition state (Figure 1.3B). Multiple alkoxy groups may be hydrolyzed depending on the Si/H₂O ratio. The rate of each hydrolysis step is determined by the stability of the transition state, which is determined by the relative electron-withdrawing or electron-donating power of –OH and –OR groups. As a result, subsequent hydrolysis stages become increasingly faster under basic conditions. As illustrated in Figure 1.3C, condensation follows a similar process, culminating in siloxane linkages and the formation of a silica network.

The precise control of SiO₂ NPs' morphology, size, uniformity, and dispersity is a progressive research concern due to their significant potential in scientific and technological applications. There have been several studies in which the Stöber method's kinetics and mechanisms have been investigated.^{55–57} This has led to a rational framework for the synthesis methods controlling size and morphology. During synthesis, the formation of particles and their properties rely on the balance between nucleation and growth, the two interdependent and highly dependent physicochemical parameters^{55,58} affecting the quality of particles. The precise control of starting material concentration and conditions is required to create an environment that facilitates burst nucleation and avoids multiple

nucleation events,⁵⁹ which may widen the size distribution of the particles.

MSNs with a variety of different morphologies have so far been synthesized. Figure 1.4 summarizes examples of different types of SiO₂ NPs that can be obtained by utilizing the central chemical principles of the Stöber method. MSNs can be synthesized by modifying the Stöber method to include a surfactant, a template for introducing pore into the silica

Figure 1.4 Synthetic routes based on the Stöber method for making different SiO₂ NPs with variable morphologies. The introduction of surfactants into the solution of the starting material followed by the subsequent removal by chemical etching or calcination constitutes the basis of the synthesis of MSNs. hMSN are formed by the selective etching of a carefully chosen template resulting in a large cavity within the NP. In some cases, functional inorganic nanocrystals are also incorporated with a sacrificial material which, when dissolved, leaves the inorganic material within the cavity (r-hMSNs)

network. When added to an aqueous solution, an amphiphilic surfactant like cetyltrimethylammonium bromide (CTAB) forms spherical micelles. The outer, hydrophilic surfaces serve as small nucleation centers. The hydrolyzed silica precursors (alkoxy- or hydroxysilane) are concentrated and condensed to form an amorphous silica layer around the micelle. Following the synthesis and isolation of the surfactant/silica complex, the surfactant can be removed using either an ethanolic acid etch or by calcination in air, leaving behind mesopores (IUPAC definition of mesopore sizes: 2-50 nm) within the condensed silica nanostructure.

The synthesis of hollow mesoporous silica nanoparticles (hMSNs) includes adding a solid template to the aqueous surfactant/alkoxysilane mixture, which leaves behind a void interior when selectively removed. As in MSNs synthesis, the surfactant forms spherical micelles in the solution before initiation of the reaction by base hydrolysis. The hydrophilic surface of the micelles serves as small nucleation centers by concentrating alkoxy- or hydroxysilane at the hydrophilic interface, eventually resulting in the formation of an amorphous silica layer surrounding the entire micelle. The formed silica/surfactant structures are then deposited onto the solid template. When subsequently removed by selective structural etching or chemical dissolution (depending on core material composition) results in a hollow cavity.^{60–62} Just like in the synthesis of MSNs, the surfactant is finally removed by either calcination or acid etching. Closely related to hMSNs are rattle-type hMSNs (r-hMSNs), resulting from the template's partial etching. Given the range in viable SiO₂ NP host morphologies that are synthetically accessible using

the famous Stöber technique, SiO₂ NPs present limitless opportunities for obtaining morphological features and optimizing surface treatment to achieve high payloads of agent/water and optimized inter-compartmental water exchange kinetics, respectively.

1.4 SCOPE OF THIS WORK

Given the consistent development of SiO₂ NPs for MRI and many other applications, due to their malleable morphology, tunable void volumes, and ease of chemical surface modifications, this thesis outlines the synthesis of two MSN types as possible hosts for paramagnetic chemical shift agents. Our overall goal is to prepare chemical shift agent-loaded MSN hosts coated by a water-permeable SiO₂ layer, to achieve the low detection limit in CEST-MRI. To do this, we will need two conditions to be met by the SiO₂-based CEST agent: 1) the amount of encapsulated contrast agent and water (per particle) should be high, and 2) we will need to apply a coating that prevents the chelate from leaking out, while the encapsulated water can still exchange with the exterior water at least an appreciable rate (which could be further optimized). The two platforms will be pursued simultaneously as it is hard to predict whether MSNs' well-documented, easy synthesis route or hMSNs' independent volume and porosity optimization will be superior in maintaining two water pools that exchange at slow rates NMR time scales.

Our overarching hypothesis is that the morphological arrangement of the void volume/silica network and the surface coating characteristics (*e.g.*, thickness, density, hydrophilicity) are the two most important parameters that can be optimized to increase

CEST effects by ensuring an optimum payload and exchange rate of small molecules between the NP interior and exterior, respectively.

Overall, a thin silica layer coating is expected to be water permeable to some extent, allowing for water exchange between NP interior and exterior. While typical Stöber silica synthesis products are usually considered non-porous, many studies have concluded that chains of the solid network silica comprise pores that water molecules can penetrate.^{63–66} Further, evidence of gold particles embedded in solid silica being leached out over time supports a level of porosity within the Stöber-type silicas, as do findings that show that the experimentally determined number of hydroxyl groups consistently exceeds the theoretically calculated value based on the external surface area.^{64,67} Bazula and colleagues believe the degree of porosity depends on the specific synthesis parameters. The hydrophilic nature of the surfaces allows water to flow in and out of the solid.⁶³ Our modified synthesis for hMSN also suppose a level of permeability as indicated by selective structural etching of the core while the coating remains intact.

This thesis project aims to establish synthetic access to two MSNs with different internal morphologies and determine whether a solid silica coating can effectively encapsulate the charged paramagnetic contrast agents within the MSNs interiors. With evidence of solid silica being porous to water, water can pass in and out of our host using a silica coating. At the same time, large molecules like a lanthanide complex would not escape, thus effectively establishing and maintaining a two-pool slow-rate exchange system required for CEST-based MR imaging. Accomplishing these goals will advance our knowledge of how the

morphological and surface chemical features can be optimized to achieve high internal payload concentration and assist in identifying a lead MSN host candidate with which to optimize the small molecule exchange rate between interior and exterior compartments in further work. The thesis also presents two novel synthesis procedures for making monodisperse solid silica NPs and r-hMSNs.

Chapter 2 describes the synthesis of MSNs. MSNs have demonstrated immense potential as nanocarriers in MRI, offering plenty of surface area onto which gadolinium chelates have been anchored, resulting in increased relaxivities of the respective chelates. The synthesis procedure described in this thesis is based on a modified literature protocol that replaces the traditional sodium hydroxide with triethanolamine as the catalyst. Details of how the incorporation of two swelling agents (including one not reported previously) is also presented. The chapter concludes with the presentation of the different analytical techniques that have been used to characterize the synthesized NPs.

Chapter 3 outlines the synthesis of hMSNs. hMSNs have, in addition to the large surface area rendered by the mesoporous shell, a huge void space in the middle that can hold increased amounts of guest molecules. For this reason, hMSN may act as a better host as they present an opportunity for optimizing the chelate quantity. A modified literature-based method has been used, which has three steps: solid core synthesis, mesoporous shell deposition, and etching. A delayed-addition procedure for synthesizing the template was also developed. The chapter concludes with the presentation of the different analytical techniques that have been used to characterize the synthesized NPs.

Chapter 4 describes the procedure for loading, coating, and accessing the effectiveness of the NPs to keep the load from leaking. For effective loading, the surface of the particles is rendered positively charged through amination, followed by electrostatic attraction-assisted loading. Coating the loaded particles with a silica layer ensured the trapping of the load inside the pores. Details of functionalization, loading, coating and assessment of coating effectiveness are well presented and aided by different characterization techniques.

Chapter 5 describes developing a novel reproducible silica synthesis technique for producing uniform-sized solid SiO₂ NPs particles, the most studied silica (synthesis and application). In this Chapter, a process is advanced to use the plentiful, reasonably-priced small (22 nm) SiO₂ NPs as seeds in a Stöber synthesis to translate their monodispersity to large particle sizes (~85-360 nm). The resultant solid NPs were then used to synthesize r-hMSNs. Like hMSNs, they possess an enormous surface area rendered by the presence of the mesoporous shell, huge void space in the middle that can keep improved quantities of guest molecules, and small rattle debris made of different metals or other inorganic compounds. Varying the selection of rattle and having specific surface functionalization within the interior can make the application of these silica NPs more significant to multi applications. The procedure to use seeded Stöber silica in synthesizing r-hMSNs, including the characterization techniques utilized, has been presented.

Chapter 6 concludes the findings of Chapter 2, Chapter 3, Chapter 4, and Chapter 5. The Chapter suggested how gained knowledge can be furthered to propel the use of silica NPs in CEST-MRI and also give insights on the potential use of r-hMSNs

While the author designed all the experimental synthesis work for this thesis, some of the characterizations were done by other groups or collaborated with other groups. The author completed data analysis afterward. Kevin Fabrizio conducted nitrogen porosimetry studies (Brozek Lab, University of Oregon). Abdul Emmanuel (Rananavare Lab, Portland State University assisted with the thermogravimetric data acquisition). During the author's training, Dr. H. Winter (Goforth Lab, Portland State University) contributed to most of the photographs in Chapters 2 and 3. The author mentored and worked with four undergraduate students who helped with various project areas during the research. In Chapter 2, the author worked with Anne Wachana to manufacture mesoporous silica nanoparticles and optimize the amine modification technique. For the preliminary dye-loading experiments in Chapter 4, the author worked with Justin Pena. In Chapter 5, the author worked with Dimitri Buckallew to create rattle mesoporous silica nanoparticles. Sophia Kim statistically analyzed the different batches of produced nanoparticles.

CHAPTER 2: SYNTHESIS OF MESOPOROUS SILICA NANOPARTICLES (MSN)

2.1 INTRODUCTION

MSNs offer many advantages as hosts for therapeutic and diagnostic molecules, including contrast agents; thus, their synthesis optimization remains a top research interest. Through careful pH control, different templates and solvents, hydrolysis rate control, MSNs with different morphologies can be synthesized. The synthesis of MSNs will be discussed in detail by looking at the roles of different starting reagents and mechanisms of formation.

2.1.1 Synthesis of MSNs

Despite the emergence of alternative synthesis methods like the precipitation method⁶⁸ and the microemulsion method,⁶⁹ the Stöber process continues to be the most applied and studied synthesis procedure due to its simplicity, effectiveness for morphological control, and ease of scale-up.⁷⁰ As already presented in Figure 1.3, the Stöber process generally involves using a weak base that catalyzes the hydrolysis of an alkoxysilane to form orthosilicic acid. Polycondensation of the orthosilicic acid then occurs (*via* adjacent hydroxyls), resulting in the formation of siloxane bridges that hold together the silica network.

Following an in-depth understanding of the Stöber-based NP synthesis mechanism for producing solid SiO₂ NPs, several modifications have been made, resulting in significant improvement in size and polydispersity control and tailoring other morphological characteristics. One such modification to the procedure was the inclusion of surfactants to

introduce porosity into the SiO₂ network.⁷¹ Further modifications followed in which careful selection of surfactant, the selection of catalysts, the tuning of reagent ratios, concentrations, and synthesis pH, and use of organic silanes allowed for the synthesis of MSNs of desirable size, morphology, and pore distribution.^{72–75} Table 2.1 shows examples of primary starting reagents and a summary of their roles in determining the final MSNs characteristics, further discussed below.

Table 2.1. Summary of MSNs morphological characteristics based on starting materials, and their role in morphological effects^{76–78}

Possible Reagents	Examples	Morphological effects
Surfactants/ structure directing agents	CTAB, CTAC, Triton X-100, Tween 20, 40, 60, 80, OTAB Pluronic F123, F127	Mesostructure (disordered, wormhole-like pores, hexagonal network silica) Pore volume and size changes Hierarchical structures can be observed (tubes, helical fibers)
Pore swelling agents	TIPB, TOA, decane, or DMHA	Enlargement of pore size
Silica sources	Si (OR) ₄ (R = various alkyl groups, usually Et or Me), Si (OC ₃ H ₃) ₃ C ₂ H ₃ Na ₂ SiO ₃	Nanoparticle size, charge
Cosolvent	EtOH, heptane	Solubilization of TEOS
Base catalysts	TEA, NaOH, NH ₄ OH, DEA	Affects nanoparticle size by altering hydrolysis (primarily affecting nucleation) and condensation rates (primarily affecting growth)

Surfactant chain length and the effective radius of the head group determine micelle shape (for example, spherical, hexagonal columnar, cubic columnar, or lamellar); thus, the

appropriate surfactant can be intentionally chosen to template the desired SiO₂ mesostructure.^{73,79,80} The surfactant concentration can also be controlled to achieve desirable porosity (pore volume) within the silica network⁸⁰ but only over a limited range, with pore sizes usually ranging from 1.8 to 2.8 nm⁷⁷ across a vast number of surfactants. Such pore diameters may be small for significantly large biomolecule passage. However, many small molecules are expected to be penetrable (such as water, 2.8 Å).⁸¹ Incorporating additional hydrophobic molecules (swelling agents) into the reaction mixture increases pore size by enlarging the volumes of the templating micelles to create larger pores. Swelling agents like tri-isopropylbenzene (TIPB), tri-octylamine (TOA), decane, or N, N-dimethylhexadecylamine (DMHA) have been used in past works.^{79,82,83}

Different silica sources have been used in MSN synthesis. Their effects on resulting nanoparticle size, either in isolation or in combination with other factors, have been well studied; tetraalkoxysilanes (Si (OR)₄) are the most commonly used precursors. To highlight a representative size-related finding, Yamada *et al.* synthesized MSNs ranging in size from 20 – 80 nm using Si (OR)₄, where R = Me, Et, Pr, and Bu. The results showed that the alkoxysilane with the shortest chain (R = Me) produced nanoparticles with the smallest diameters. The overall size decrease noted for smaller alkyl groups was attributed to a faster intrinsic hydrolysis rate, resulting in nucleation dominating particle growth.⁸⁴ Furthermore, the surfactant/alkoxysilane ratio can be adjusted to control pore structure in MSNs effectively. In one study, the surfactant/alkoxysilane molar ratio was increased from 0.5 to 2.0, and the range of exhibited morphologies was hexagonal, cubic, and lamellar.⁸⁵

Although MSNs can be synthesized under mildly acidic conditions,^{86,87} ammonia and other organic amines continue to be catalysts of choice in the synthesis of MSNs. Such bases catalyze the silica precursor hydrolysis and further alter the hydrolysis and condensation rates, which can effectively control the mean size of the particles.⁷⁹ For example, one study that used $\text{Na}_2\text{HPO}_4\text{-NaH}_2\text{PO}_4$ as the catalyst in an EtOH/ H_2O media showed that the particle size increased with the solution's starting pH (6-10).⁸⁸ When L-lysine was used as a base catalyst, it inhibited the growth of silica particles after nucleation. This decrease in the sizes of the particles was attributed to a decrease in condensation rates caused by electrostatic interactions between protonated L-lysine ammonium groups and negatively charged silanol groups on the forming silica surfaces.⁸⁹ Moreover, Moller *et al.* also demonstrated that a catalyst like TEA could act as a complexing agent for silicate species, thus inhibiting the growth of mesoporous particles and ensuring the production of non-aggregated nanoparticles.⁹⁰

2.1.2 Mechanism of MSNs synthesis

Despite the existence of different proposed mechanisms depending on starting materials, the liquid-crystal templating (LCT) mechanism, a mechanism similar to the classical nucleation theory (CNT), remains the most popular and agreed-upon mechanism for synthesis of mesoporous SiO_2 NPs;^{91,92} however, in MSN formation, nucleation starts with the surfactant micelle template. The LCT mechanism for MSN synthesis has two main stages: (i) the surfactant molecules self-assemble during micelle formation, which occurs above the critical micellar concentration (CMC) and ultimately results in the establishment

Figure 2.1 Surfactant-directed formation of MSNs (Adapted from Narayan et al., 2018)⁷⁹

of an ordered structure that functions as a template; and (ii) the alkoxysilane is hydrolyzed into highly reactive monomers that subsequently undergo polycondensation and form the silica network surrounding the organic template.⁹³ Figure 2.1 illustrates the LCT mechanism for MSN synthesis, where a cationic surfactant is used as an example. The interaction of the solvent with the cationic surfactant causes the cooperative self-assembly of the surfactant species when its concentration is higher than CMC. Depending on whether the concentration is high or low, the resultant micelles can be spherical or tubular. Under alkaline conditions, the alkoxysilanes are hydrolyzed, and they arrange themselves to the surfactant micelle through electrostatic interaction of their deprotonated silanol groups and cationic heads of the micelles. The formed micelle-silica template then aggregates and, following proper aging, results in silica-micelle composite nanoparticles of specified sizes. To give rise to mesoporous silica, the surfactant is removed by either calcination or solvent extraction.^{77,91}

2.1.3 Motivation and scope

MSNs have been used in MRI due to their adjustable pore diameter, high chemical and thermal stabilities, large surface areas, excellent biodegradability, and high biocompatibility. However, MSN synthesis protocols are hampered by batch-to-batch inconsistencies, which limits potential application studies due to inconsistencies in physical-chemical properties. Thus, robust and reproducible methods must be developed to adjust synthetic parameters that yield MSNs with desired sizes, pore diameters, and morphological features. This chapter aims to make MSNs with the desirable properties

shown in Figure 2.2 for use in subsequent studies using a modified literature procedure and then quantitatively assess method reproducibility and viability in pore expansion.

Nanoparticle dimensions of 100 – 200 nm are the best choice for preventing fast release, the acute toxic effect, and aggregation in physiological fluids, blood capillaries, and

Figure 2.2 Ideal MSN-based host demonstrating appropriate target parameters for CEST-MRI application

alveoli. To allow for the deposition of a thin silica shell (10 nm) that effectively traps the chelate inside, an approximate size of 80 nm was chosen while remaining within size limits and optimizing the surface area to volume ratio for loading.⁹⁴ Pore diameters greater than 2 nm are large enough to allow chelates and smaller water molecules to pass through. If the pores are small, adding more hydrophobic molecules (swelling agents) to the reaction starting solution should increase pore diameter by increasing the volume of the templating

micelles while maintaining size and uniformity. As a result, the method's viability was assessed using decane (which had previously been used in the model paper) and DIPB (not initially used in the method).

The deposition of a silica layer is expected to trap larger molecules inside while allowing many small molecules (such as water, 0.28 nm) to pass through. While typical Stöber silica synthesis products are regarded as non-porous, various studies have concluded that solid network silica chains have gaps that water molecules can traverse.^{63,65,66} A porosity level within the Stöber-type silicas is supported by evidence that gold particles in solid silica are leached away over time.⁶⁷ The surfaces' hydrophilic structure allows water to flow into and out of the nanoparticle. The surface's porosity depends on specific synthesis parameters;⁶³ controlling the thickness and porosity of the solid silica coating layer is possible.

This chapter describes a fairly reproducible literature method for making 80 nm std-MSNs. In our adopted synthesis method; we used CTAB in place of CTAC because the former was readily available in the lab. Although the stirring rate was not specified quantitatively in the adopted method, we used a specified stirring speed of 1000 rpm during the synthesis to improve reproducibility. Stirring rate has been identified as a critical player in nanoparticle size control, with higher stirring speeds producing smaller particles.⁷¹ The incorporation of decane and DIPB as swelling agents into the procedure demonstrates the potential of tailorability of MSNs in increasing pore diameters. However, there was a marked decrease in size and a partial loss in the sphericity of the MSNs. The necessity of developing reproducible methods for MSNs is a critical step in expanding MSNs

applications beyond the bench.

2.2 EXPERIMENTAL

2.2.1 Materials

All reagents were purchased and used without further purification. Tetraethoxysilane (TEOS, 98%) and ammonium fluoride (NH_4F , 98%) were purchased from Sigma-Aldrich. Cetyl trimethyl ammonium bromide (CTAB, 99%) and absolute ethanol (EtOH, 200 proof) were purchased from Research Organics and Deacon labs, respectively. Triethylamine (TEA, 99%), decane (99%) and di-isopropylbenzene (DIPB, 98%) were purchased from Acros. Hydrochloric acid (HCl) was purchased as an AR grade. Electrophoretically pure H_2O (18 $\text{M}\Omega\cdot\text{cm}$ resistivity, called millipore H_2O) was used for all synthesis protocols. Laboratory deionized water (DI- H_2O) and ethanol (95% Fisher) was used for all washing steps. All reactions, washings, and analyses were done in ambient laboratory conditions unless otherwise indicated. Experiments were repeated at least three times with similar results. For representative samples, the mean $\pm$ standard deviation was reported.

2.2.2 Synthesis of MSNs

MSNs were synthesized using a modified literature Stöber method, similar to procedures used by Moller⁹⁵ using CTAB as the surfactant instead of CTAC. The overall synthesis scheme is represented in Figure 2.3. and gives rise to the product we refer to as standard MSNs (std-MSNs). This standard method was modified to include decane and DIPB swelling agents, giving rise to MSNs with enlarged pore diameters; we refer to these

products as dec-MSNs and DIPB-MSNs, respectively.

Two reagent mixtures were set up for the standard procedure: 1) the micelle colloid and 2) the silane mixture. 0.2 g NH_4F was combined with 44 mL millipore H_2O and 1.33 g CTAB in a 250 mL round-bottomed flask stirred at 500 rpm on a hot plate kept at 60 °C to form the micelle colloid. At least 25 minutes were spent stirring this mixture. The silane mixture was made by carefully adding 4 mL of TEOS to 25 mL of TEA in a 50 mL polypropylene centrifuge tube. The tube was capped and immersed in a water bath maintained at 90 °C

Figure 2.3 CTAB-based reaction scheme for the synthesis route of MSNs. Silicic acid monomers' condensation occurs on the CTAB micelle's surface following the mixing of the micelle colloid and silane mixture. Two partially condensed silicic acid monomers are depicted on the surface template-filled pore. Acid etching opens the pores, allowing MSNs to form.

for 30 minutes with the contents still unmixed. Following that, this mixture was added all

at once to the stirring micelle colloid, followed by a rapid transfer of the entire mixture to a beaker fitted with a stir bar and spinning at 1000 rpm on a room temperature stir plate; the reaction continued overnight.

Subsequently, the resulting suspension was centrifuged at 18000 Fc and redispersed in a 70% v/v EtOH/H₂O solution. The centrifugation-dispersion procedure was repeated with 95% v/v EtOH to isolate a pellet of CTAB-templated MSNs after discarding the supernatant. To free the CTAB-filled pores, the pellet was resuspended in a 100 mL EtOH/HCl solution (9:1 v/v) and refluxed at 90 °C for 1 hour. After cooling down the suspension to room temperature, the nanoparticles were centrifuged and went through four washing cycles before being analyzed by FT-IR. The etching procedure was repeated until no CTAB was detectable by FT-IR analysis. Finally, the CTAB-free MSNs were oven-dried at 60 °C overnight.

Decane and DIPB were incorporated into the micelle mixture of the standard method at a ratio of 1:1.3 (TEOS: swelling agent) to evaluate the effectiveness of swelling agents in increasing pore diameter. This resulted in the synthesis of dec-MSNs and DIPB-MSNs, respectively. After synthesis, the swelling agents and micelle templates were removed from these samples, as described for the std-MSNs above.

2.2.3 Characterization of synthesized MSNs

The morphologies of the synthesized nanoparticles were analyzed by TEM using a Technai F20 TEM operating at 4500 eV (CEMN, Portland State University). Samples for analysis

were thoroughly sonicated in EtOH, drop cast onto type-B carbon-coated copper TEM grids (Ted Pella product #1844-F), and air-dried for about 10 minutes at room temperature before being fixed by heating at 100 °C for at least 30 minutes. The resulting TEM images were analyzed using the FIJI software package. The size distribution data (average and standard deviation) was determined by measuring at least 100 nanoparticles from each sample without selective measuring.

The composition and purity of the synthesized MSNs were investigated by FT-IR using a Thermo Nicolet iS10 spectrophotometer equipped with a single-bounce diamond attenuated total reflectance (ATR) attachment. A liberal amount of the dried (at 70 °C overnight) ground sample was placed directly onto the diamond crystal and gently pressed onto its surface using a spatula before measuring. For each sample, a total of 16 scans were collected from 4000 – 650 cm^{-1} , and the signal was averaged to yield the final IR spectrum.

N₂ porosimetry isotherms were obtained at 77 K using Micromeritics ASAP 2020 surface area analyzer. Specific surface areas were calculated using Brunauer-Emmett-Teller (BET), while the pore size was calculated using the Barrett, Joyner, and Halenda (BJH) adsorption curves. MSNs were dispersed in hexanes and dried at room temperature under vacuum for 18 hours. Before analysis, the samples were activated at 448 K for at least 24 hours to remove the solvent and trapped gas. Activation was considered complete when the outgassing rate fell below 2.5 $\mu\text{torr min}^{-1}$. The sample mass was determined by the difference in mass between the empty sample tube and the loaded sample tube post-

activation.

2.3 RESULTS AND DISCUSSION

2.3.1 Synthesis of MSNs

The modified Stöber method presented in Section 2.2.2 synthesized MSNs of varying NP diameters and pore sizes. The standard method was used to synthesis std-MSNs. The standard process was then modified to obtain MSNs with a larger pore diameter by incorporating decane and DIPB as swelling agents, resulting in dec-MSNs and DIPB-MSNs, respectively. With stirring rate identified as a critical player in nanoparticle size control^{22,71}, we used a specified stirring speed of 1000 rpm during the synthesis to improve reproducibility.

CTAB, an amphiphilic surfactant, acts as the template and forms spherical micelles in the aqueous media. The outer hydrophilic surface of CTAB with the cationic head groups interacts with hydrolyzed, deprotonated silicate monomers (*via* electrostatic attractions). It creates small nucleation centers with the silicic acid/silicate monomer concentrated at the hydrophilic interface, resulting in an amorphous silica layer surrounding the micelles. Although CTAB is generally poorly soluble in water, the addition of ammonium ions to the reaction media is known to protonate the CTAB to a greater extent, resulting in increased solubility and enhanced control over nucleation rate. Moreover, ammonium has been shown to prevent particle aggregation⁹⁶ in SiO₂ NP colloids by adjusting the ionic strength and helping to achieve electrostatic stabilization of the colloidal nanomaterials,

which we also observed with NH_4^+ addition.

In this standard method, NaOH base was replaced by TEA which served to control the hydrolysis and condensation rate of TEOS, allowing for colloidal solutions of MSNs with appropriate sizes and size distributions for further studies. The effectiveness of TEA in producing high-quality nanoparticles has been attributed to its ability to act as both a complexing agent for hydrolyzed silica species and an encapsulator for resultant MSNs.⁹⁵ These features lead to growth limitation and aggregation inhibition making TEA-based synthesis procedures highly reliable and repeatable for making MSNs. Following synthesis, the surfactant was removed using EtOH/HCl etching. The method relies on the acid's H^+ ions to interfere with the electrostatic attraction between the anionic silicate groups on the MSNs and the surfactant cationic head groups. The H^+ ions percolate the entire silica network and participate in an ion exchange with CTA^+ since the electrostatic interaction of the CTA^+ and the silicates at the interface are much weaker than the smaller H^+ ions.⁹⁷

2.3.2 Characterization of MSNs

FT-IR analysis was used to confirm specific silica functional groups and examine the etching protocol's effectiveness for removing CTAB molecules. To ensure that the pores were template-free, it was sometimes necessary to repeat the post-synthesis etching step until no CTAB peaks appeared. Figure 2.4 shows spectra of CTAB (A), unetched std-

Figure 2.4 Infrared transmission spectra of A) CTAB, B) unetched MSNs, C) std-MSNs, D) dec-MSNs, and E) DIPB-MSNs

MSNs (B), and etched MSNs (C is std-MSNs, D is dec-MSNs, and E is DIPB MSNs, after removing the template). The CTAB spectrum (A) has peaks that occur at about 2920 cm^{-1} and 2850 cm^{-1} , and these are caused by the asymmetric and symmetric vibrations of $-\text{CH}_2$ groups.^{98,99} The two peaks are shown to be present in the unetched sample (B), and their presence in etched nanoparticles provided the basis for the process to be repeated until there were no CTAB peaks noted. The CTAB peaks are absent in the etched MSNs (C-E), indicating the absence of CTAB within the pores. The etched samples exhibit only the typical MSN peaks: Si–O–Si asymmetric stretching at about 1020 cm^{-1} , Si–O–H asymmetric stretching around 960 cm^{-1} , and Si–O–Si bending at 430 cm^{-1} .^{95,100}

The morphology, size distributions, and surface area of the particles were studied using

TEM and N₂ porosimetry studies. Figure 2.5 shows the TEM images, TEM size distributions, and the corresponding S_{BET} and pore size measurements of representative images from triplicate experiments for std-MSNs, dec-MSNs, and DIPB-MSNs. Using our standard recipe with CTAB as the pore-generating template, we obtained nanoparticles (78.6 ± 8.2 nm) with a wormhole arrangement (Figure 2.5 row 1), which is in close agreement with Bien *et al.* reported's measurements of 70-80 nm (the procedure we modified herein).

Figure 2.5 TEM images (Row 1), size TEM size distribution (Row 2), N_2 sorption isotherms (Row 3), and corresponding BJH pore size distributions curves of std-MSNs, dec-MSNs, and DIPB-MSNs

Although the size of the cationic surfactant head has been shown to affect nanoparticle size positively; for example, tosylate ion has increased size by at least 18%^{95,101}; there appears to be no discernible difference when Cl^- is replaced by Br^- . This could be because the ionic difference between the two ions is insignificant (162 vs. 182 pm) enough to affect size noticeably. Our stirring speed could have also affected the size. To improve reproducibility,

we intentionally used a stirring speed of 1000 rpm during the synthesis. Stirring rate has been identified as a critical player in nanoparticle size control, with higher stirring speeds producing smaller NPs.^{22,71} If our chosen stirring rate was faster than the original method speed, the cation replacement effects could have been nullified by the faster stirring speed.

With the incorporation of decane and DIPB in the standard method, the pore morphology evolved from a wormhole structure to a more stellate architecture, as seen in the Figure 2.5 Row 1 (dec-MSNs and DIPB-MSNs). Contrary to what Bien *et al.* noted, the incorporation of swelling agents at a 1:1.3 ratio (TEOS to the swelling agent) resulted in a marked reduction in the size of the resultant nanoparticles; 61.2 ± 17.3 nm and 49.2 ± 19.3 nm for dec-MSNs and DIPB-MSNs respectively, as shown in the size distribution of representative of 100 nanoparticles from each type of MSNs (row 2). The size decrease could be because the incorporation of bulking agents lowers the CMC, giving rise to multiple nucleation centers, resulting in size reduction. Other groups have noted this negative effect of swelling agents on the particles' size and monodispersity.^{102,103}

Std-MSNs had the narrowest size distributions as indicated by the SD of 8.2. In contrast, dec-MSNs and DIPB-MSNs have 17.3 and 19.3, respectively, indicating a loss of uniformity with the introduction of swelling agents. Given the interconnection of nanoparticle synthesis factors, it is improbable that simply adding a bulking agent without optimizing starting concentration of the other reaction constituents will preserve the monodispersity and size. Careful optimization of reaction conditions might be required if uniform particles are to be realized.

The size and distribution of the pores were determined using N₂ porosimetry isotherms, and all three samples (std-MSNs, dec-MSNs, and DIPB-MSNs) showed the typical type IV isotherms (row 3) of predominantly mesoporous material. At low relative pressure, adsorption increased with rising relative pressure. At that time, the nitrogen molecules were adsorbed in single or multiple layers onto the inner surface of the sample's pores. When the relative pressure was increased gradually, an abrupt rise in adsorption occurred due to capillary condensation of N₂ in the mesopores. After that, it became gradual until saturation was achieved. The determined S_{BET} for std-MSNs, dec-MSNs, and DIPB-MSNs were $1198.7 \pm 10.5 \text{ m}^2/\text{g}$, $990 \pm 9.6 \text{ m}^2/\text{g}$, and $1118.7 \pm 13.2 \text{ m}^2/\text{g}$ with no apparent trend noted.

The pore-size distributions were determined using the BJH method, and the obtained size distributions are shown in row 4. Std-MSN had narrow pore size distribution centered at around 2.7 nm. Incorporating decane and DIPB into the synthesis procedure seems to have enlarged the pores (row 4). dec-MSNs size distribution had two peaks at 2.91 nm and 3.82 nm while DIPB-MSNs peaked at 3.65 nm and 4.7 nm. We speculated that these hydrophobic molecules got trapped within CTAB micelles, bulking the template size, thus making the pore size bigger. The existence of two peaks within the size distributions of dec-MSNs and DIPB-MSNs indicated a lack of uniformity in the pore size distributions. This could have been caused by the inhomogeneous distribution of the swelling agent within the CTAB micelle.

2.4 CONCLUSIONS

In this chapter, the synthesis and characterization of three types of MSNs were described. The method described here was adopted from literature, with the templating surfactant being CTAB instead of CTAC. This change resulted in nanoparticles (std-MSNs) with no discernible morphological and size differences to those reported in the literature source. We hypothesized that the ionic size difference between the Cl^- and Br^- (162 vs. 182 pm) could be insignificant. The swelling agents were incorporated to increase the pore size; decane has already been used in the synthesis, and DIPB has not been tried with this method. The incorporation of swelling-agent seems to have resulted in 1-size reduction, a deviation from the trends noted in the literature, 2-widening size distribution, and 3-inhomogenous pore size distribution. Detailed explanations to the observations presented were given and justification supported through literature. We intentionally used a specific stirring speed as literature has identified it as a critical factor in batch-to-batch variations. The synthesis produced highly reproducible nanoparticles for std-MSNs with narrow size distributions.

Further improvement to size distribution for the swelling-agent modified methods should include optimizing the starting materials' molar ratios. Based on their size, uniformity, and desirable size, the std-MSN were then identified to progress to the next stage of functionalization, loading, and assessment presented in Chapter 4.

CHAPTER 3: SYNTHESIS OF HOLLOW MESOPOROUS SILICA NANOPARTICLES

3.1 INTRODUCTION

hMSNs are advanced MSNs with an interior void space and homogenous pores integrated into a silica coating or shell, making them an excellent alternative for loading biomedical agents due to their superior loading capacity over conventional MSNs. The interior void size can be controlled by carefully selecting the void template, thus potentially providing a direct means of controlling the encapsulated molecular or ionic payload amount *via* synthesis. Further, we hypothesized that the thickness and porosity of the stable mesoporous SiO₂ coating could provide a means of directly controlling the water exchange between the encapsulated and bulk water, making them an attractive, tunable host for CEST-MRI agent construction. The synthesis of hMSNs, including a facile delayed-addition Stöber synthesis procedure and characterization of the hMSNs, will be discussed in detail. The hMSNs synthesized in this Chapter will be used in our subsequent studies in Chapter 4 (functionalization, loading, and coating).

3.1.1 Synthesis of hMSNs

hMSNs have been fabricated using three main methods: device-based synthesis, *in situ* template synthesis, and sacrificial template synthesis.^{104–106} The device-based methods use some equipment, like spray pyrolysis or nozzle processes, to synthesize hMSNs. For example, hMSNs were synthesized from preformed small silica suspensions deposited onto emulsion droplet templates using the spray drying approach. In the spray drying approach,

the solvent is rapidly evaporated, which causes silica particle clusters to form on the interface of the templates.^{107–110} Because this procedure is a continuous process, it offers the possibility of scalable production of hMSNs. The resulting hMSNs, on the other hand, are prone to aggregation. Due to the random assembly of the sprayed colloids at the emulsion droplet surfaces, the resultant particles lack a continuous amorphous silica shell and exhibit a significant degree of observable polydispersity. Finally, the nanoparticles generated using this approach are typically micron-sized, limiting their biomedical application potential.^{106,111}

The *in-situ* template method allows the fabrication of hollow nanoparticles without additional reagents by using intermediates or by-products as templates, eliminating the need for etching or calcination as the template is automatically removed at the end of the reaction. Wang *et al.* created hollow hMSNs using styrene droplets as a soft template and *in situ* polymerized polystyrene/silica nano-domains as a hard template. Because of its amphiphilicity, the methyltriethoxysilane pre-hydrolysate attached to the styrene droplets and then proceeded hydrolysis-condensation to form the mesoporous silica shell. Then, using a mesoporous silica shell as a nanoreactor, a portion of the *in situ* polymerized polystyrene/silica chains migrated to the outer surface of the mesoporous silica shell due to strong capillary force in the mesoporous channels. At the same time, some siloxane oligomers migrated due to apparent interfacial activity, resulting in hierarchical hMSNs.¹¹²

The *in-situ* method has also been extended to include the use of void structures as templates. The introduction of bubbles into the starting reactant solution introduces

chemical heterogeneity into the synthesis solution at the solvent-template interface that lowers the surface energy and is vital for promoting crystal assemblies.¹⁰⁴ The *in situ* method is advantageous in offering a low-cost, high-productivity method. Furthermore, the lack of a sacrificial template makes it less time-consuming due to fewer required synthetic steps. However, size uniformity is difficult to control using the *in-situ* synthesis method.

The sacrificial template methods remain the most commonly used approach for synthesizing hMSNs. These methods involve a minimum of two main synthetic steps: First, a silica coating is deposited onto an already formed core template. Then, selective dissolution of the core template gives rise to a hollow cavity inside the remaining SiO₂ shell. The used etchant (whether acidic/basic) depends on the physicochemical nature of the template (*e.g.*, organic compound, elemental metal, inorganic compound). These methods have traditionally utilized soft and hard templates. Hard templates have gradually gained popularity despite their time-consuming synthesis processes, most likely because it is relatively easier to control the morphological and size (30 – 100 nm) characteristics of the resulting hMSNs when using more rigid templates.^{106,111} Table 3.1 summarizes the different templates that have been used in synthesizing hMSNs and compares their advantages and disadvantages.

Lastly, the pore-forming surfactants in the shell are removed by either calcination or etching to provide empty pores in the remaining silica shell. Selective dissolution (explained in detail in Section 3.1.2) is generally preferred over calcination because treating the nanoparticle at high temperatures can cause irreversible aggregation due to

dehydration and crosslinking between particles. Moreover, the high-temperature treatments may drastically reduce the number of functional surfaces silanol groups needed for further functionalization.^{92,126}

Table 3. Advantages and disadvantages of templating strategies used in hMSNs synthesis

Template type		Advantages	Disadvantages	References
Soft templates	Polymer aggregates (<i>e.g.</i> , PVP and PTMS) surfactant micelle (<i>e.g.</i> CTAB), emulsions droplets	Well established synthesis process	Limited control of size, typically produces very small hMSNs, low synthesis yield	106,113–115
Hard templates	Bacteria, yeast cells	Different shapes of hMSN	High cost, not scalable, difficulty in size control	116,117
	Polymer templates (<i>e.g.</i> , polystyrene and PAA)	Precise size control, well-established synthesis process	Low yield, high cost	118–120
	Inorganic particles (<i>e.g.</i> , carbon, Zinc oxide, calcium carbonate)	Precise size control	Time-consuming, high cost, low yield	121–123
	Solid silica	Precise size control, well-known chemistry, Inexpensive	Time-consuming	111,124,125

PVP: Polyvinylpyrrolidone; PTMS: Phenyltrimethoxysilane

3.1.2 Mechanisms of templated-hMSNs synthesis

The synthesis of hMSNs usually follows a dual-templating procedure: one template creates the central hollow void, and another template creates the mesopores in the silica shell, as described above. The mesoporous silica coating is usually deposited onto a spherical sacrificial template using the standard Stöber method. Figure 3.1 illustrates the process. The template is introduced to a silica precursor solution containing pore-forming compounds (surfactants). For shell deposition to be successful, the template surface must

carry functional groups that support silica deposition, or else an additional surface activation step will be required. Just as in MSN synthesis, the precursor is hydrolyzed under basic conditions to form oligomers that electrostatically interact with surfactant micelles. Because of the presence of the template, instead of creating new nucleation centers, the silica deposition takes place on the surface of the template, giving rise to template-mesoporous silica hybrid nanoparticles.^{77,91}

Figure 3.1 Schematic illustration for the template synthesis of hollow SiO_2 NPs (Adapted from Bao et al., 2016)¹⁰⁶

Depending on the nature of the template, it is usually followed by selective removal of the template. Acidic or basic etching treatments that use nitrates or acid to oxidize the core

material apply to organic matter and inorganic (especially metal oxides) templates. Polymer templates such as polystyrene or polymethylmethacrylate (PMMA) can also be etched selectively with organic solvents such as toluene.^{127,128} Calcination is another popular method for removing polymer templates. This procedure entails heating dried mesoporous silica samples for at least five hours in an oven set at or above 500 °C. The surfactants that reside within the pores decompose at high temperatures, leaving the desired mesoporous silica framework intact.

3.1.3 Motivation and Scope

Figure 3.2 Ideal hMSN-based host demonstrating appropriate target parameters for CEST-MRI application

hMSNs have an internal void that can operate as a reservoir for small molecule contrast agents, in addition to possessing the good physical and chemical qualities of MSNs (adjustable pore size, chemical and thermal stability, large surface area, superior biodegradability, and biocompatibility). The large interior volume has rendered them superior loading capacity than their MSNs counterparts without the hollow interior. We

envisioned synthesizing hMSNs with control over the void size and shell thickness would allow us to independently tailor the two important structural parameters for optimum CEST-MR contrast generation. The large void can encapsulate a large payload and pool of water for exchanging protons, and the shell thickness and porosity could permit fine-tuning of the water exchange rate. By changing the core sizes in these nanoparticles, we can control the number of water molecules encapsulated. These features would mean hMSNs represent an ideal candidate for CEST-MRI agents. Although MSNs have been explored, hMSNs are yet to be explored in this application, and an hMSN host designed to have the feature illustrated in Figure 3.3 below will be an ideal candidate.

Nanoparticle diameters of 100 – 200 nm are considered optimum for avoiding rapid release, acute toxic impact, and aggregation in physiological fluids, blood capillaries, and alveoli. Our decision to adopt hMSNs as a host was motivated by hMSNs' relative volume (hollow interior) to liposomes, the leading nano-based CEST agent explored so far.⁴⁶ Zhao *et al.* discovered that CEST efficiency declined as liposome size increased due to a decrease in the surface-to-volume ratio, hinting that nanoparticles smaller than 90 nm may have a greater effect. However, they discovered that the best sizes for biodistribution and lipoCEST contrast are in the range of 90 – 200 nm,⁴² which corresponds to our synthesis targets. A starting size of around 150 nm was chosen to allow a thin silica shell (10 nm) deposition that successfully traps the chelate. Pore diameters greater than 2 nm should be large enough to allow guest molecules and water into the inside cavity. As mentioned in Chapter 2, a thin silica coating should allow for water (2.8 Å) circulation between the

interior and outside of the NP while successfully trapping the big guest molecules.

This Chapter describes a modified literature-based procedure for making hMSNs using solid SiO₂ as core templates. We used one of the synthesized solid SiO₂ to synthesize hMSNs by first depositing a mesoporous silica shell. Afterward, we performed a structural-selective etching step to remove the core template following the literature procedure with slight modifications. To tackle the problem of reproducibility associated with dropwise addition methods, we developed a delayed-addition method which, compared to an all-at-once addition method (across 3 trials), showed some noticeable improvement in the monodispersity of solid SiO₂ NPs. We consistently made 3 different sizes of the solid SiO₂ NPs by changing the catalyst concentration, an important experimental outcome in tailoring different sized hMSNs.

3.2 EXPERIMENTAL

3.2.1 Materials

Tetraethoxysilane 98% (TEOS), aminopropyltriethoxysilane $\geq 98.0\%$ (APTES), triethylamine $\geq 99.0\%$ (TEA), anhydrous sodium carbonate, granular, $\geq 99.5\%$ (Na₂CO₃), ACS reagent grade hydrochloric acid, 37% w/w aqueous solution (HCl) and cetyltrimethylammonium bromide (CTAB, $\geq 99.0\%$) were purchased from Sigma-Aldrich. Ammonium hydroxide as a 30% w/w aqueous solution (NH₄OH (aq)) was purchased from Fisher. Absolute EtOH 200 proof (absolute EtOH) was bought from Decon labs. All synthesis reagents were utilized without additional purification, and all synthesis

procedures used electrophoretically purified H₂O with a resistivity of 18 M Ω •cm (Millipore, mp H₂O). Laboratory deionized water (DI-H₂O) and ethanol (EtOH, reagent grade) was used for all washing steps. All reactions, washings, and analyses were done at ambient laboratory conditions unless otherwise stated.

3.2.2 Synthesis of hMSNs

hMSNs were synthesized according to a literature method,¹²⁹ where the SiO₂ core template was first produced using a facile delayed-addition Stöber synthesis procedure. The synthesis of hMSNs comprises four steps: 1. synthesis of solid SiO₂ template (synthesized using the delayed-addition method), 2. deposition of a mesoporous silica shell on the template, 3. selective dissolution etching to remove the core template, and 4. shell etching to remove the CTAB from the mesopores in the silica shell.

3.2.2.1 Synthesis of solid SiO₂ template

Two synthesis methods were explored to synthesize the solid SiO₂ core template; 1) a delayed-addition method in which the TEOS is allowed to mix with the solvent before adding the catalyst and hydrolyzing agent (Procedure A), and 2) an all-at-once method in which all reagents are added together (Procedure B).

Procedure A

In this delayed-addition method, 80 mL of absolute EtOH and 4 mL of TEOS were added in a 100 mL round-bottomed flask and stirred at 450 rpm at room temperature for 30 mins. After that, a pre-mixed solution of mp H₂O (1.29 mL) and aqueous NH₄OH (4 mL) was

added to the ethanolic TEOS solution. The NH_4OH amount was then increased to synthesize different-sized nanoparticles. The absolute EtOH volume was subsequently adjusted to ensure a constant volume so that the other reagents remained at a constant concentration. The reaction mixture was left to stir at room temperature overnight. The resulting colloidal SiO_2 NPs were centrifuged at 18,000 Fc for 20 minutes and re-dispersed in 70% v/v aqueous EtOH by sonicating. The centrifugation-dispersion procedure was repeated three more times: first time with 70% v/v aq. EtOH and twice with 95% v/v aq. EtOH. Following the final wash, the nanoparticles were re-dispersed in 17.5 mL absolute EtOH (giving a final concentration of 51.4 mg/ml) for storage, subsequent use, and analysis.

Procedure B

In this all-at-once method (a comparative method to Procedure A), 80 mL of absolute EtOH, 4 mL of TEOS, 1.29 mL mp H_2O , and 4 mL aqueous NH_4OH were stirred in a 100 mL round-bottomed flask at 450 rpm. The reaction mixture was left to stir at room temperature overnight, and subsequent washing procedures were done as in Procedure A.

3.2.2.2 Deposition of a mesoporous silica shell

3.5 mL aliquot of the stock suspension of solid SiO_2 NPs from Section 3.2.2.1 was put into a 100 mL round-bottom flask to perform the next step of depositing a mesoporous shell onto the SiO_2 core templates. 0.06 g of CTAB, 33 mL of water, and 28 μL of TEA were added to the suspension, followed by stirring for 50 minutes at 80 $^\circ\text{C}$ at 600 rpm. The

stirring speed was increased to 1400 rpm after that, and 144 μL of TEOS was added. The reaction was stirred for a further 4 hours. The mesoporous silica-coated SiO_2 core templates were centrifuged at 18,000 Fc for 20 minutes before rinsing three times with 95% v/v aq. EtOH, 70 % v/v EtOH, and DI water, respectively.

3.2.2.3 Core etching

To create the hollow central void, mesoporous silica-coated solid SiO_2 nanoparticles were re-suspended in 10 mL mp H_2O and sonicated until homogeneous. Meanwhile, 1.33 g of sodium carbonate was mixed with 10 mL mp H_2O at a stirring rate of 600 rpm for 30 minutes at 50 $^{\circ}\text{C}$. The sonicated suspension was then added to the sodium carbonate solution, and the stirring rate was increased to 1200 rpm. The etching reaction proceeded for 10 hours under these conditions, and afterward, the resultant etched particles were washed three times with DI water, 70% v/v aq. EtOH, and 95% v/v aq. EtOH, respectively.

3.2.2.4 Shell etching

To remove the CTAB surfactant from the pores of the mesoporous silica shell, the resultant pellet from the final centrifugation in Section 3.2.2.3 was resuspended in 100 mL of an EtOH/HCl solution (9:1 v/v) and refluxed at 90 $^{\circ}\text{C}$ for 1 hour. Afterward, the nanoparticles were washed three times with 95% v/v aq. EtOH, 70% v/v aq. EtOH, and lastly DI water, respectively. A sample of the acid-etched and washed nanoparticles was analyzed using FTIR spectroscopic analysis as described in the next session. The above etching procedure was repeated until no CTAB was detectable by FT-IR spectroscopic analysis. The CTAB-

free hMSNs were then oven-dried at 60 °C overnight.

3.2.3 Characterization

FT-IR spectroscopy was used to analyze the microstructural composition of the hMSNs. FT-IR measurements were made on a Thermo Nicolet iS10 spectrophotometer with a single-bounce diamond attenuated total reflectance (ATR) attachment. For each measurement, a liberal amount of the dried, solid sample was placed directly onto the diamond crystal and gently pressed down using a spatula before measuring. The final IR spectra were calculated by averaging 16 scans from 4000 – 650 cm^{-1} for each sample.

The sizes and morphologies of the nanoparticles at various stages in the synthesis procedure were analyzed by TEM using a Technai F20 TEM operating at 4500 eV (CEMN, Portland State University). To prepare samples for TEM analysis, NPs were thoroughly sonicated in EtOH and drop cast onto type-B carbon-coated copper TEM grids (Ted Pella product #1844-F). The sample grids were air-dried for about 30 minutes at room temperature before being fixed by drying at 100 °C for another 30 minutes. The resulting TEM images were analyzed with the FIJI software package. The size distribution data reported herein were obtained by measuring and averaging the diameters of at least 100 nanoparticles, with all nanoparticles in the field of view counted to reduce bias in averaging the sizes.

The hydrodynamic radius of the NP samples in their re-dispersed aqueous colloidal form (0.43 mg/mL) was measured using a Horiba LB-550 DLS particle analyzer. N_2 porosimetry

isotherms were obtained at 77 K using a Micromeritics ASAP 2020 surface area analyzer. As indicated in Chapter 2, the surface areas of the samples were calculated using BET¹³⁰ theory using isotherm adsorption. The JBH method was used to determine the pore size distributions using the adsorption isotherm.¹³¹ Before measurements, the NP samples were dispersed in hexanes and dried under vacuum for 18 hours at room temperature. Then, after placing them on the instrument, each sample was first thoroughly evacuated to remove adsorbed solvent and trapped gas by pulling vacuum at $T = 448$ K for at least 24 hours. The evacuation was considered complete when the outgassing rate fell below 2.5 $\mu\text{torr}/\text{min}$. The sample mass was determined by the difference in mass between the empty sample tube and the loaded sample tube post-activation.

3.3 RESULTS AND DISCUSSION

3.3.1 Synthesis of hMSNs

The synthesis scheme used for the fabrication of hMSNs is shown in Figure 3.3. It comprises 4 main steps: 1) synthesis of solid SiO_2 NP using the Stöber method, 2) deposition of a mesoporous silica shell on the template using a modified Stöber method that included a surfactant to introduce porosity, 3) selective structural dissolution of the core using Na_2CO_3 , and lastly, 4) EtOH/HCl etching of the shell to remove CTAB from the mesopores. We followed the hMSN synthesis from the literature paper¹²⁹ with slight modifications but used a delayed-addition procedure for synthesizing templating solid SiO_2 . The developed synthesis procedure produced uniformly sized nanoparticles in comparison to the all-at-once method (92.1 ± 10.0 nm vs 93.2 ± 23.5 nm, respectively)

Figure 3.3 Synthesis scheme for the hMSNs

3.3.1.1 Synthesis of Stöber template

The synthesis of hMSNs started with solid SiO₂ NP synthesis, onto which a mesoporous silica layer was next deposited. The spheres' characteristics in size and shape are expected to translate to the final product, so the cores should be as uniform as possible. The original method used a dropwise method which resulted in very uniform nanoparticles (PD1 <0.2). After size differences were noted from batch to batch (ranging from ~120 - 215 nm over 3 batches performed by 3 individuals), a thorough analysis of the method was thought to result from differences in TEOS addition rate during the TEOS-dropwise addition step; an observation supported by the literature. One study revealed that the particle size decreases as the rate of addition of TEOS increases regardless of temperature.¹³² Another study also reported that the feed rate impacts size though with contradictory trends.¹³³ One way of addressing the challenge would have been using an all-at-once procedure, but though highly reproducible, such a method would have increased the size distribution. Using the same starting concentration and conditions from the paper, we thus developed a delayed-addition procedure to narrow the size distribution and increase batch-to-batch consistency (Procedure A). Procedure B is the comparable version of the method in which all the reactants were added at once. Figure 3.4 shows the schematic representation of these two procedures pursued under otherwise identical reaction conditions producing solid SiO₂ templates with approximately the same size (representative batch of the 3 trials done). The TEM averages of the solid SiO₂ NPs synthesized particles by Procedures A and B were 92.1 ± 10.0 nm and 93.2 ± 23.5 nm, respectively. Thus, we find that Procedure A produced

Figure 3.4 Schematic representation of the two different addition procedures (or reagent mixing procedures) explored in the synthesis of the solid SiO₂ templates. Procedure A resulted in particles that were 92.1 ± 10.0 nm in comparison to Procedure B's 93.2 ± 23.5 nm

slightly better results in terms of narrowing the size distribution. These findings are consistent with prior research that showed that the order and rate of reagent addition provided a means to control particle size and that delayed mixing of the reagents can improve size homogeneity under otherwise consistent conditions (*i.e.*, fixed concentrations of starting reactants and circumstances).¹³³

The slight difference in uniformity between the two procedures is likely caused by TEOS interaction with other reactants, directly affecting TEOS homogeneity within the starting solution, although the actual mechanism is unclear. Water has also been observed to form several hydrogen bonding structure arrangements that have diverse shapes (*e.g.*, dimer,

trimer (cyclic), tetramer (cyclic)).¹³⁴ These structures have various numbers of water molecules (H_2O , $n = 3\text{--}60$). The presence of such structures is more likely in Procedure B and might contribute to lower homogeneity of TEOS molecules in the starting mixture leading to nanoparticles with broader size distributions. In Procedure A, mixing TEOS and EtOH before introducing water, in theory, allows for a greater TEOS homogeneity than in Procedure B. Further, the EtOH solvent effectively dilutes the TEOS, aiding the establishment of effective controlled interactions between the TEOS and water.

To change the solid SiO_2 template size, the concentration of NH_4OH used in the standard method was adjusted. EtOH as the primary solvent was used to even out the total volume of the starting solution to maintain the concentration of the other starting materials. Table 3.1 shows the starting material concentration and TEM with A-D corresponding to starting NH_4OH concentrations of 0.56 M, 0.74 M, 0.91 M, and 2.22 M, respectively. Figure 3.5 shows the representative TEM images and DLS size distributions synthesized solid SiO_2 NPs.

Table 3.1 Starting material concentration for different sized nanoparticles

Sample	Absolute EtOH (M)	TEOS (M)	DI Water (M)	NH_4OH (M)	TEM Size (Mean $\pm$ SD nm)
A	16.2	0.21	0.84	0.56	85 ± 8.9
B	15.9	0.21	0.84	0.74	107 ± 9.5
C	15.7	0.21	0.84	0.91	135 ± 11.2
D	13.4	0.21	0.84	2.22	83 ± 51.2

It was noted that increasing NH_4OH concentration from 0.56 M-0.91 M (A-C) increased nanoparticle size as noted by TEM analysis (Figure 3.5A-C) which shows that Samples A-

C had uniform particles with average sizes of 85 ± 8.9 nm, 107 ± 9.5 nm, and 135 ± 11.2 nm. The same findings have been reported in the literature,^{56,132,135} indicating that particle size increases with increasing NH_4OH concentrations at constant water and TEOS concentrations.

Figure 3.5 TEM images of nanoparticles synthesized according to the reagent amounts presented in Table 3.1

The observed trends are due to an increase in catalysis rate; as NH_4OH concentration increases, it liberates many precursor molecules that increase the total energy of the systems and cause spontaneous aggregation to lower the energy levels, thereby accelerating polycondensation. Aside from that, NH_4OH creates an environment with a much higher

pH level above the isoelectric point, causing the silanol groups to be highly negatively charged and repel one another, critical in synthesizing nanoparticles with narrow size distribution (monodisperse).

To see if further increasing NH_4OH concentration would maintain the same trend, a very high concentration (2.2 M) was used for the last sample (Figure 3.5D), and a decrease in size was noted in TEM (83 ± 51.2 nm), indicating a wide size distribution. The findings are supported by the literature once more: the positive impact of ammonium concentration on size is observed between concentrations of 0.5 M and 2 M. Beyond 2 M, the NH_4OH negatively impacts size. The reasons for this observation have not been fully explained in the literature. Given the interactive effects of starting materials¹³⁶, elucidating the interactive roles of starting material concentrations beyond the commonly used NH_4OH concentrations may help explain the trend.

Figure 3.6 Supporting DLS size distributions of nanoparticles synthesized according to the reagent amounts presented in Table 3.1

The TEM observations are further backed by DLS data (Figure 3.6) which shows that samples A-C have monomodal diameter sizes of 106.0 nm, 127.2 nm, and 159.1 nm and polydispersity index (PdI) values of 0.11, 0.14, and 0.16 while D had multimodal size distribution; hence the PdI could not be reliably determined. PdI values range from 0.0 (for a sample where all particles are the same size) to 1 (for samples with variable size populations). They can be calculated from DLS data using Eqn 3.1 below. Because PdI values less than 0.2 are presumably acceptable in practice and indicate highly homogenous samples¹³⁷, the obtained PdI values show our synthesized nanoparticles are within the acceptable range of monodispersity.

$$PdI = \left(\frac{\delta}{mean_d} \right)^2 \quad (Eqn 3.1)$$

The link between NH₄OH and the mean particle size was estimated using regression analysis with r-values ranging from -1 to +1. Values close to +1 indicate a strong positive linear association and values closer to -1 suggest a strong negative linear relationship. Eqn 3.2 was used to calculate the r-value (correlation coefficient).

$$r = \frac{1}{n-1} \sum \left(\frac{x_i - \bar{x}}{S_x} \right) \left(\frac{y_i - \bar{y}}{S_y} \right) \quad (Eqn 3.2)$$

where n is the number of samples, $\bar{x}$ is the mean value of x variable, $\bar{y}$ is the mean value of y variable, and S_x and S_y is the standard deviation for x and y variables.

Figure 3.7 shows the analysis results. We conclude that the concentration NH₄OH and mean values of synthesized NPs are positively correlated, with a correlation coefficient of

Figure 3.7 DLS results of solid SiO_2 diameter as a function of NH_4OH concentration

0.98. With a p-value of 0.05, the correlation coefficient of 0.98 is statistically significant. A high correlation means that these two variables have a strong relationship with each other. A positive correlation implies that the movement of two variables in the same direction. Thus, as the NH_4OH concentration increases, the mean size of the nanoparticles increases as well. Such a linear correlation has also been reported in previous literature. However, the study stated that the relationship is linear until at about 0.4 M, after which the relationship becomes non-linear but increases before decreasing.¹³⁸

3.3.1.2 Fabricating the hMSNs

The solid SiO_2 NPs (A) were then coated with a mesoporous silica shell by a modified Stöber method that utilized CTAB as the pore-forming agent. TEM analysis (Figure 3.8 A) showed the successful deposition of a silica shell approximately 20 nm in diameter. The outer hydrophilic (with the cationic head) surface of CTAB came in contact with both the

hydrolyzed TEOS anions and negatively charged silanols of the solid SiO_2 templates ensuring that condensation occurred on the surface. The hydrolysis, nucleation, and condensation proceed according to the process already explained for MSNs in Chapter 2. The only difference is that condensation takes place on the surface of the solid templates introducing a CTAB/ SiO_2 hybrid layer onto the nanoparticles.

Figure 3.8 TEM images of A) Mesoporous shell coated (~20nm) Solid SiO_2 nanoparticles B) Core etched mesoporous coated Solid SiO_2 nanoparticles C) Nanoparticle with etching order reversed D) Infrared transmission spectra of CTAB, mesoporous coated Solid SiO_2 nanoparticles and complete hMSNs

The use of monodisperse silica templates allows for the replication of uniformity to the hMSNs. The presence of silanol also allows for interfacial recognition of the silicates, encouraging condensation on the surface and no other nuclei formation.⁷⁷ The absence of small nuclei and uncoated solid SiO_2 on the TEM image (Figure 3.8A) indicates the

successful deposition of the shell and the prohibition of new nuclei. Furthermore, FTIR analysis (Figure 3.8D) of the mesoporous silica shell coated nanoparticles, when compared to the CTAB spectra (top spectrum), indicates the presence of peaks that are ascribed to CTAB: at about 2920 cm^{-1} and 2850 cm^{-1} which are caused by the asymmetric and symmetric vibrations $-\text{CH}_2$ groups.^{98,99}

The third stage involves using Na_2CO_3 for etching out the solid silica core through a selective structural procedure. Figure 3.8B depicts a completely cored etched nanoparticle with a negligible size change. The etching method relies on structural differences between the core and the shell. The mesoporous coating is said to undergo a higher degree of condensation due to the high synthesis temperature. It is further protected by the presence of CTAB, while the core exhibits a lower level of condensation. When subjected to sodium carbonate etchant, the core is thus etched away relatively faster than the preserved mesoporous coating. The role of CTAB is thus not only to act as a soft template for pore formation but also to promote etching out of the core.¹³⁹ This results in the core being etched relatively quickly than the preserved mesoporous silica since it allows etchant species (OH^-) to penetrate.

To test this hypothesis, the etching order of the nanoparticles was reversed, and Figure 3.8 C shows the structural changes that occur when shell etching precedes core etching. There appears to be no directionality in the etching as the resultant TEM image shows wide size varieties. This might indicate that CTAB also controls the direction of etching, maintaining the size uniformity. Indeed, without the CTAB, the shell is equally vulnerable to the etchant

and may well be etched even relatively faster given the increased surface area onto which dissolution might occur, leading to a much smaller TEM size than when the order is reversed.

Finally, the surfactant was removed using EtOH/HCl etching as done for the MSN synthesis, and Figure 3.9 shows the complete hMSNs TEM images. The method relies on H^+ ions from the acid to interfere with the electrostatic attraction between the anionic

Figure 3.9 TEM image of complete hMSNs

silicates and the surfactant's cationic heads. The H^+ ions percolate through the entire silica network electrostatically exchanging with CTA^+ because the CTA^+ and the silicates interactions at the interface are weaker than those with the small H^+ ions.¹⁴⁰ Following successful extraction, CTAB peaks were missing (Figure 3.8C). The only peaks present were typical silica peaks: Si–O–Si asymmetric stretching at about 1020 cm^{-1} and Si–O–H asymmetric stretching around 960 cm^{-1} .^{95,141}

The size and distribution of the pores were measured using N_2 porosimetry isotherms, and Figure 3.10 summarizes the findings. hMSNs exhibited the characteristic type IV isotherms

Figure 3.10 Left) N_2 porosimetry isotherm and Right) BJH pore size distribution curve for synthesized hMSNs (left) associated with primarily mesoporous material. Adsorption increases with increasing relative pressure at low relative pressures. At that time, the nitrogen molecules were adsorbed onto the inner surface of the sample's pores in single or multiple layers. When the relative pressure was gradually increased, the adsorption rose abruptly due to capillary condensation of N_2 in the mesopores. Following that, the increase was moderate until saturation was reached. S_{BET} for the hMSNs was determined to be $690.0 \text{ m}^2/\text{g}$. BJH pore size distribution curve for synthesized hMSNs is presented in Figure 3.10 (right) and reveals that hMSNs have a narrow pore size distribution that was peaked at 2.85 nm.

3.4 CONCLUSIONS

This chapter documents the synthesis and characterization of hMSNs. To ensure reproducibility of hMSNs, a reliable synthesis procedure for solid template SiO_2 NPs needed to be developed. Besides the strict control of starting material concentration and conditions, the order and manner of reactant addition can further enhance the quality of synthesized nanoparticles. Procedure-A contributed to the better homogeneity of the TEOS

within the starting solution, making it the mode of choice for synthesizing solid SiO₂ NPs with narrow size distributions. Different sized solid SiO₂ were then synthesized by changing the base concentration, and the noted trends have been reported in the literature before. Procedure-A can be adopted as the standard method in the lab for continuously producing solid SiO₂ NP of different sizes.

The subsequent deposition of a mesoporous silica shell was done following a literature method with slight modifications, and TEM, FTIR spectroscopy, and N₂ porosimetry confirmed the synthesis success. The role of CTAB in protecting the shell during core etching was demonstrated, and results may suggest that CTAB also offers directionality in etching. Overall, the synthesis yielded very repeatable nanoparticles, which were then functionalized, loaded, and evaluated as described in Chapter 4.

CHAPTER 4: LOADING, COATING, AND QUANTIFICATION OF SURROGATE DYE (ROSE BENGAL)

4.1 INTRODUCTION

MSNs potentially have higher loading capacity than other nanocarriers, and substantial work has been done to further improve their loading capacities. The synthesis of MSN derivatives with increased void volume (hMSNs, as shown in Chapter 3) and the use of bulky silanes such as OTMS, APTES, and CPTES for functionalization and shape adjustment has been accomplished with a high level of complication.⁷⁹ Because of the presence of numerous Si-OH surface sites on SiO₂ NPs, the surfaces are easily modifiable, allowing the MSNs to be functionalized appropriately to load various charged molecules *via* electrostatic interactions, hydrophilic/hydrophobic balance effects, and van der Waals forces.¹⁴²

It has been previously shown that changing the type of functionalization can improve the loading capacity of ionic species by increasing the number of electrostatic attraction sites and the overall magnitude of surface charge.¹⁰⁶ For example, She *et al.* increased the loading of 5-fluorouracil (5-FU) into hMSNs to 28.89 % (weight) by surface functionalizing the NPs with amines from the 18.34 % unmodified hMSNs. They credited the increase in loading to the electrostatic attractions between 5-FU and positively charged amino-modified hMSNs (due to the negatively charged groups on 5-FU and ammonium groups on the hMSNs).¹⁴³ Other research has also been conducted to increase the loading capacity of negatively charged ions into MSNs; these works record a significant increase

in loading capacity (weight percent of payload) over unmodified samples.^{79,83,144}

There are two main approaches through which functionalization has been achieved in MSN surface modifications in past work. Post-synthesis grafting attaches functional groups to the surface of MSNs after surfactant removal. In this method, the surface Si-OH groups act as the anchoring points for organic functional groups. Silylation is the most frequent surface functionalization method with organic groups, which is accomplished through hydrolysis-condensation grafting of additional silane monomers. Alternatively, tetraalkoxysilane and one or more organoalkoxysilanes with at least one Si-C linkage can be used *in situ* co-condensation (during particle synthesis), which results in functionalization of the resulting mesoporous silicate nanostructures.¹⁴⁵ However, unlike post-synthesis grafting, which results in an inhomogeneous distribution of the organic functional groups, *in situ* co-condensation (*e.g.*, of TEOS and an APTES) within the NP synthesis step produces a more homogeneous distribution of organic groups.

Therefore, if uniform surface coverage with organic groups is desired in a single-step synthesis, the *in-situ* co-condensation method may be chosen. Suppose uniformity of functional groups is not an issue or is relatively less important *vs.* preservation of the porous structure (as in our case), the post-synthesis grafting method is usually preferred because bulky organoalkoxysilanes precursors often disrupt the natural textural qualities. Moreover, *in situ* co-condensation has been shown to increase the hydrodynamic radius of resulting amino-functionalized SiO₂ particles significantly¹⁴⁶ due to a greater tendency to aggregate.

On top of surface functional group manipulations, additional post-synthesis coating and entrapment steps have been investigated for the effectiveness of increasing the amount of entrapped small molecule or ionic payloads in MSNs, hMSNs, and other types of nanoparticles with pores.^{147–149} Although encapsulation or coating of loaded NPs is frequently done to improve NP performance and increase circulation time in medical applications,^{150,151} some additional advantages of such steps include stabilizing the shape and structure of a nanomaterial, protecting an active surface or internal component from environmental impacts, separating compartments in a multi-component nanostructure, and adding new/additional functionalities.¹⁵² As previously indicated and supported in Chapters 2 and 3, we hypothesize that a thin silica coating on the NP's exterior surface should allow water exchange while entrapping the larger molecules (or ions) inside.

4.2 EXPERIMENTAL

4.2.1 Materials

Tetraethoxysilane 98% (TEOS), Aminopropyltriethoxysilane 99% (APTES), and methanol (reagent grade) were purchased from Sigma-Aldrich. Ammonium hydroxide 30% w/w aq. (NH₄OH) and ninhydrin (ACS grade) were purchased from Fisher. Absolute EtOH 200 proof (absolute EtOH) was bought from Decon Labs, Inc., and electrophoretically pure H₂O, 18 M Ω •cm resistivity (mp H₂O), was used for all synthesis protocols. Laboratory deionized water (DI-H₂O) and ethanol (EtOH, reagent grade) was used for all washing steps. Experiments were performed in triplicates and representative samples, the mean $\pm$ standard deviation was reported.

4.2.2 Thermogravimetric analysis (TGA)

The TGA was done using a Mettler TA3000 thermal analysis system consisting of a TG50-M3 thermobalance controlled by a TC10 TA processor. The data from the analysis was extracted from the processor *via* a LabVIEW script. The measurements were done on as-synthesized std-MSNs and hMSNs to estimate silanol number (number of silanol groups per nm²) using approximate sample sizes of 5-10 mg. The temperature was increased from 50 °C to 700 °C at a 10 °C/min rate during sample measurement. To normalize the data for comparisons, the raw TGA data is expressed as a percentage of $(m_{\text{initial}} - m_{\text{final}})/m_{\text{initial}}$, with m_{initial} and m_{final} being the starting masses and mass at individual temperatures measurement during the experiment, respectively.

4.2.3 Amine-functionalization of MSNs

In a typical surface modification procedure, 50 mg of the as-synthesized MSNs were dispersed in 3.27 mL of methanol using ultrasonication for 30 minutes, resulting in a milky suspension. Then, a pre-determined volume of APTES was then added. At room temperature, the mixture was stirred for 24 hours to complete the surface functionalization of MSNs. Afterward, the mixture was centrifuged for 15 minutes at 18000 rpm, and the resulting amine-functionalized NP solid was washed twice with DI-H₂O and twice with methanol and oven-dried overnight at 50 °C.

4.2.4 Loading and coating

In a 50 mL round bottom flask, 20 mg of dry MSNs were suspended using sonication in

20 mL of an aqueous Rose Bengal (10 mg/mL) solution for 30 mins; the initial pH of this solution was not determined. This MSN-RB dispersion was stirred for 24 hours, and at the end of this time, the pH was adjusted to approximately 9 using NH_4OH . A pre-determined volume of TEOS was then mixed with an equal amount (volume) of absolute EtOH and added dropwise to the stirring MSN-RB suspension; the suspension was subsequently left to stir overnight. Afterward, centrifugation was used to collect solid NPs, then resuspended in DI- H_2O and centrifuged again. This procedure was repeated two more times with water. After each of the three washes, the supernatants were collected for spectroscopic quantification of the leached (from the MSNs) RB dye. The resultant pellet after the three washes and oven-dried overnight at 50 °C.

4.2.5 Characterization of loaded and coated MSNs

The size, morphological and compositional features of the functionalized, loaded, and coated MSNs were analyzed by TEM and EDS using a Titan TEM with ChemiSTEM capability with Bruker SDD detectors (Oregon State University). All sample preparations for TEM and EDS, FT-IR spectroscopy, and N_2 porosimetry were done according to procedures and methodologies previously described in Chapters 2 and 3.

4.2.6 Amine quantification

A spectroscopic ninhydrin assay was used to quantify the number of surface amines of functionalized MSNs (per nm^2 of surface area). This method is primarily a biochemistry method for the detection of amine groups. In our case, the ninhydrin reagent oxidizes and deaminates the amino group from the surface of MSNs. Because two molecules of

ninhydrin (2, 2- dihydroxyindane-1, 3-dione) react with the amino group to form a deep purple compound, the intensity of the formed complex is proportional to the concentration of amino groups in the solution. The resulting dye-to-amine group ratio is known, approximate quantification of the amino groups is possible (1:1). After being shown to be as good as the previously used calibration compounds (octylamine and propylamine), APTES was used as a standard¹⁵³ as follows; absolute EtOH was used to create a 50 μ M (0.05 μ mol/mL) solution of APTES. In absolute EtOH, a 2% w/w ninhydrin solution was also prepared. Then, 2 mL of the APTES stock solution was serially diluted with EtOH to make standards (using 0.5 mL aliquots). To each solution (and to a solvent blank containing only absolute EtOH), 1 mL of the ninhydrin solution was added. These were then heated to 60 °C for 30 minutes.

After APTES calibration curve generation, oven-dried amine-functionalized materials were suspended in absolute EtOH and ultrasonically dispersed (for about an hour) for amine quantification. 2 mL of nanoparticle suspension (10 mg/mL) was mixed with 1 mL of ninhydrin solution. The heating and measurement procedures were performed according to the calibration standards. Where necessary, the samples were diluted to the appropriate concentration to not saturate the absorbance. The concentrations of amino groups were determined by comparing the readings to the APTES-ninhydrin calibration curve.

4.2.7 Loading capacity

UV-Visible spectroscopy was used to determine the concentration of RB in the NP. Before measuring a supernatant sample, a calibration curve was generated using Rose Bengal

solutions of known concentrations and plotting the measured absorbance intensity (in arbitrary units) vs. concentration of RB. Each sample was analyzed in at least three different dilutions (prepared by adding small aliquots of water (pH 6.0 - 6.5)). Absorbance intensity measurements at 546 nm were made on the supernatants taken from the NP samples washing steps. By comparing the readings to the standard curve, the concentration of RB leached from the particles is determined; RB that is not leached into the supernatants is assumed to be still associated with the particles.

4.3 RESULTS AND DISCUSSION

4.3.1 Quantification of surface hydroxyls using TGA

Figure 4.1 Effect of surface charge on the loading capacity of cationic vs. anionic dyes.

The silica surface adsorptive properties influence the adsorption of molecules in mesoporous matrices. As a result, the molecular or ionic payload associated with a porous silica NP is expected to be determined by chemical interactions between the functional groups covering the silica NP surface and the functional groups of the guest molecule (or

ions). For as-prepared mesoporous silica NPs, the surface is negatively charged at near-neutral pH due to deprotonated silanol groups.

We demonstrated in preliminary data that Rhodamine, a positively charged dye, loads more efficiently than RB (negative) in unmodified mesoporous silica nanoparticles (Figure 4.1) (61% loading capacity *vs.* 9%). To increase the loading capacity of RB, we functionalized the surface with positive amine groups, which resulted in an increase in the loading capacity of RB from (9 % to 56 %).

We thus amine-functionalized the MSN and hMSN particles prepared in earlier chapters to increase the RB's loading capacity. APTES is an organic silane with one amine functional group and three hydrolyzable ethoxy groups that permit attachment to the silanol surface; we hypothesized that the amine functional groups would be protonated to some extent, which should reduce charge repulsions between RB (negatively charged) and the nanoparticles (initially negatively charged).

In the surface reaction between APTES and the MSNs (or hMSNs), the hydrolyzable ($-\text{OCH}_2\text{CH}_3$) groups of APTES are first hydrolyzed to $-\text{OH}$ groups and then condensed with free silanol groups at the MSN surface, resulting in overall positively charged MSNs once resuspended in aqueous solution. Additionally, we chose conditions where APTES would not be expected to fully cover the silanol surface groups. The surface functionalization needed to spare some hydroxyls onto which the subsequent deposition of a thin solid SiO_2 shell could be deposited. In order to approximate the number of silanols on the surface, a TGA method was used. Figure 4.2 shows the representative thermogravimetric curves of

std-MSN and hMSNs before amine modification.

TGA graphs of silicas generally show two steps (characterized by a change in slope steepness); Step 1, removing physically adsorbed water at 200 °C and below,^{154,155} which corresponds to our findings of a temperature range of 50 to 190 °C for physically adsorbed water removal and Step 2 (>200 °C) shows weight loss from the powder surface due to the

Figure 4.2 Thermogravimetric analysis (TGA) curves for std-MSNs (Black) and hMSNs (red)

elimination of silanol groups.¹⁵⁴ hMSNs appear to have a higher quantity of adsorbed water molecules (approximately 1.2 % compared to 0.3% for std-MSNs) despite the two samples being dried under identical conditions before analysis. Literature has since explained that such differences are typical since the water content can be affected by humidity during sample preparation.¹⁵⁶ Using data from TGA experiments, the Eqn 4.1 below can be used to determine the number nOH per nm² of the samples:

$$n_{OH} = \frac{m_{TGA} \times N_A}{M_w S_{BET}} \quad (\text{Eqn 4.1})$$

Where m_{TGA} (g g^{-1}) is the mass loss due to -OH occurring at temperatures above 200 °C, N_A is the Avogadro's number (mol^{-1}), M_w (g mol^{-1}) is the molecular weight for the silanol group, and S_{BET} (m^2g^{-1}) is the surface area of the sample obtained from N_2 porosimetry experiments.

Table 4.1 summarizes the results for silanol numbers of the samples with hMSNs calculated to have 1.34 nm^2 while std-MSNs have 1.02 nm^2 .

Table 4.1 Silanol number calculations for std-MSNs and hMSNs

Sample	S_{BET} (m^2g^{-1})	m_{TGA} ($\text{g g}^{-1}\text{g}$)	Silanol number (per nm^2)
Std-MSNs	1198.8 ± 4.5	1.07	1.02
hMSNs	690.02 ± 1.44	1.40	1.34

Details of S_{BET} characterization are given in the subsequent sections

4.3.2 Amine modification of MSNs

In order to investigate the feasibility of this, 3 different amounts of APTES (meant to functionalize 25%, 50%, and 75% of the total silanols) were used to treat 50 mg sample std-MSNs. The FTIR analysis was used to analyze the NPs functional groups and observe the effect of the APTES concentration on the silica surface. As-synthesized and surface-modified MSNs were then characterized using FTIR (Fig 4.3) to confirm the incorporation of the different functional groups onto the MSNs' surface. The spectrum of the as-synthesized MSNs and all the modified samples (B-E) peaked around 1020 cm^{-1} and 960 cm^{-1} due to Si-O-Si asymmetric stretching vibrations and asymmetric Bending stretching vibration Si-OH, respectively. After APTES functionalization, the CH_2

Figure 4.3 FTIR spectra of A) APTES, B) as-synthesized silica and amine modified std-MSNs with different amounts of APTES (C-E)

asymmetric and symmetric stretching modes at roughly 2932 cm^{-1} and 2864 cm^{-1} , respectively, indicate the successful introduction of amines onto the surface of std-MSNs. The presence of the NH_2 group from APTES was shown by the two labeled peaks appearing at roughly 1600 cm^{-1} , and belonging to the NH_2 scissor vibrations is also evidence of successful grafting.

Interestingly, as the amount of APTES was increased, the peaks accredited to APTES became more and more pronounced. Despite the peaks in Sample C not being as pronounced, zeta potential measurements revealed that the particles had a surface charge of 12.6 mV compared to 13.5 mV for the as-synthesized samples. hMSNs were also treated with just enough APTES to cover approximately 25 % of the surface based on theoretical

calculations from using S_{BET} and TGA results.

The amine-modified samples were analyzed using N_2 porosimetry to investigate the effect of functionalization on surface area and volume. Figure 4.4 shows the N_2 porosimetry findings, and Table 4.2 summarizes the major findings. The std-MSNs and hMSNs (as-synthesized and amine-modified) have a predominantly mesoporous structure, typical of Type IV mesoporous materials. A monolayer to multilayer adsorption mechanism on the mesopore walls is indicated at a lower relative pressure ($P/P_0 < 0.4$). At pressures less than the saturation vapor pressure, the gas condenses into bulk liquid in the mesopores at higher relative pressures, giving rise to the observed hysteresis loop, which is more pronounced in the hMSNs, presumably due to the presence of the internal void.

Figure 4.4 N_2 porosimetry studies showing isotherms (Top) and pore size distribution (Bottom) of MSNs (Left column) and h-MSNs (Right). Black shows the as-synthesized nanoparticles, and red shows the amine-modified samples.

The S_{BET} of std-MSNs, $1198.8 \text{ m}^2/\text{g}$, went down to $1113.2 \text{ m}^2/\text{g}$, while that of hMSNs went down from $690.0 \text{ m}^2/\text{g}$ to $676.8 \text{ m}^2/\text{g}$ following amine functionalization. These

Table 4.2 Summary of N_2 porosimetry experiments

Sample	S_{BET} (m^2/g)	Pore diameter (nm)
Std-MSNs	1198.8 ± 4.5	2.72
NH-MSNs	1113.18 ± 3.76	2.56
hMSNs	690.02 ± 1.44	2.84
NH-hMSNs	676.79 ± 2.42	2.62

changes were caused by a possible decrease in the surface area caused by adding amine groups. The pore sizes of the modified MSNs are nearly the same as that of the unmodified std-MSNs as summarized in Table 4.2, while hMSNs had a larger decrease (MSNs (decreases of 5.8 % for std-MSNs and 7.7 % for hMSNs). The particles needed to retain as much loading volume as possible; thus, a limited amount of APTES was used, which in both cases did not result in a drastic reduction of volume and surface area.

Figure 4.5 Ninhydrin standard curve for amine concentration determination

The surface coverage of amines on the surface was determined using the ninhydrin test *via*

the APTES calibration curve shown in Figure 4.5 after Hristov *et al.* demonstrated that APTES could be used as standard with fair results.¹⁵³ We also chose APTES as our standard since it is the amine modification agent we used in our surface modification. The obtained concentrations and S_{BET} were used to estimate the surface amine surface coverage of Std-MSNs and hMSNs, which were 0.232 nm^{-2} and 0.329 nm^{-2} , respectively. These values are slightly lower than the anticipated levels of 0.255 nm^{-2} and 0.332 nm^{-2} based on the used amounts of TEOS. We speculated this could be due to functionalization being a diffusion-limited process; thus, surface silanol groups are more easily accessible than the interior pore surface silanols.

4.3.3 Loading and coating

A one-pot loading procedure was developed and used to load and trap RB (surrogate dye), with the loading quantified and the efficiency determined using UV-Vis spectroscopy.

While mesoporous silica coatings have been used in different types of nanoparticles, applying a silica coating requires careful consideration of starting material concentrations and the attempt to do it in a one-pot synthesis with compounds to the anticipated challenges. The main goal of developing the coating was to show that a silica shell could be deposited and effectively trap RB without initiating aggregation and self-nucleation. We needed to use the exact amount of TEOS in the coating procedure. We used Eqn 4.2 to estimate the amount of TEOS required for successful coating deposition based on our extensive knowledge of working with silica.

We calculated the mass of the required SiO_2 coating layer (m_{coat}):

$$m_{(coat)} = \rho_{SiO_2} \times N_{SiO_2} \times V_{(coat)} \quad (Eqn 4.2)$$

Where ρ_{SiO_2} is the silica density, N_{SiO_2} is the number of nanoparticles in the loading suspension that was calculated from density and cumulative pore volume from N₂ porosimetry studies and $V_{(coat)}$ is the coating volume found by subtracting the uncoated nanoparticles' (based on TEM size) from the anticipated total volume.

Because the amount of TEOS required is equal to the amount of SiO₂ formed, the volume of TEOS to be added was calculated from TEOS's density and molar mass.

The modified std-MSNs and hMSNs were incubated overnight in an RB solution

Figure 4.6. Standard curve for determining the loading capacity

(1mg/mL) before the reaction conditions were adjusted, and pre-determined amounts of TEOS were added for the silica coating. Table 4.3 summarizes the six different determined loading capacities using the calibration standard of RB shown in Figure 4.6. experiments, including the volumes of TEOS used in the coating experiments.

Table 4.3 Summary of loading and coating experiments.

Samples	Amine modified hMSNs			Amine modified std-MSNs		
	A	B	C	D	E	F
Volume of TEOS (μL)	0	176	352	0	28	56
LC (%) (triplicates mean)	12.0	71.4	70.9	11.1	31.0	58.1
Thickness of coating (nm)	0	7.25	7.14	0	3.15	9.91

Assuming electrostatic interactions only, std-MSNs and hMSNs would have had loading capacities of 4% and 3.15%, respectively, as determined by the reported amine densities in Section 4.3.1 and surface area studies.

The loading capacities of all samples (A-E) were much greater than the efficiency predicted by the amine quantification and surface area analyses (almost 3 times and 4 times more for std-MSNs and hMSNs, respectively). We anticipated that this value would be approximately determined by the amine density on the surface in an uncoated sample due to electrostatic forces being the only forces at work. Values that are nearly double the predicted value may, in addition to the apparent electrostatic forces, reflect the presence of non-electrostatic forces of attraction during the RB's entrapment within the pores. Thus, we were incorrect in thinking that electrostatic and covalent forces hold loading molecules within pores without a coating. hMSNs appear to have a greater loading capacity than MSNs, particularly among coated samples, averaging (71.4 %, 70.9 %, compared to 31.0 %, and 58.1 %, respectively), which could be owing to the additional void in hMSNs despite their smaller surface area.

TEM determined the thicknesses size of the coating layer, and Figure 4.7 shows the representative images. Coated samples B, C, E, and F, had thicknesses of 7.25 nm, 7.14 nm, 3.15 nm, and 9.91 nm, respectively, with noticeably closed pores compared to

Figure 4.7 TEM images of the different samples presented in Table 4.3

untreated samples (A and D). In coating trials with hMSNs, increasing the TEOS content did not appear to appreciably increase the coating thickness. Excess TEOS appears to have collected as individual particles (perhaps due to secondary nucleation) or on the surface of the hMSNs, leading to their roughness. On the other hand, the two TEOS concentrations appear to have contained nearly the same amount of RB, which we reasoned was because the thickness was sufficient to properly encapsulate the chelate in both cases.

Coated std-MSNs exhibit a range of thicknesses and loading capacities of the RB. Sample C coating thickness was roughly 3.15 nm thick, whereas Sample D was 9.91 nm thick. There was a noticeable difference in the appearance of the pores in E when compared to the uncoated Sample D. However, the low LE value may indicate that such a thin layer is insufficient to effectively encapsulate RB in the pore. This, we believed, may account for

the low LE as the RB continued to seep out during the washing phase. Doubling the TEOS concentration resulted in a significantly more irregular visual coating of the MSNs and increased coating toughness (Sample F). As evidenced by the higher LC, this resulted in a covering that effectively enclosed RB (31 % to 58 %).

Figure 4.8 Elemental mapping of sample loaded MSNs (B_1)

The RB's location was also confirmed *via* elemental mapping, and as an example, Figure 4.7 illustrates the confinement of RB into the pores of hMSNs. Although the elemental mapping experimental settings are the same for samples A-F in terms of the amount of TEOS employed, the concentrations of the samples provided in Table 4.3 were too low for EDX mapping analysis. Relatively few counts were observed, and in some cases, were undetectable with large standard error in the gathered data. For this set of studies, a very high RB (100 mg/mL) dosage was used instead, and the samples are denoted (A_1 - F_1). The representative map in the Figure illustrates the percentages of Si, O, C, Na, Cl, and I in B_1 ;

the first two are derived mainly from the SiO₂ host, whereas the latter are derived from RB molecules. The findings of the elemental mapping presented in Figure 4.8 and the summary of all samples are summarized in Table 4.4.

Table 4.4 Elemental mapping of loaded MSNs showing (atomic %)

Sample	Si	O	C	Na	Cl	I
B ₁	20.3	39.4	22.8	3.2	5.5	8.8
C ₁	25.2	51.5	20.3	0.54	0.95	1.51
E ₁	28.1	58.5	10.3	0.45	1.24	1.41
F ₁	23.5	50.6	16.0	1.98	3.91	4.01

A₁ and D₁ had undetectable levels of elements despite the increased concentrations

Based on the elemental analysis, there is a notable increase in the LC due to high concentrations of RB within the pores. As with UV-Vis studies, h-MSNs seem to demonstrate superior loading capacities compared to MSNs. C₁ had slightly more SiO₂ content than B₁, a result we thought agrees with TEM images showing increased TEOS concentration resulting in individual aggregates of silica that are not deposited onto the surface. Although this data demonstrated the successful confinement of RB within the pores, the method could not be used to reliably quantitatively the load due to data showing high standard error high; a major issue caused by high noise ratio when low energy elements are analyzed using the technique

4.4 CONCLUSIONS

In this Chapter, we estimated the silanol number of MSNs using TGA. We used the information to partially functionalize the surface for two purposes: 1) introduce amine onto the surface to change the surface charge and use electrostatic-assisted loading to improve

loading capacity, and 2) spare silanols for the deposition of a silica coating. The loading capacity was significantly improved by employing a novel one-pot loading and coating procedure. Unlike uncoated nanoparticles, where the amount of load is limited to available functional groups for either covalent or electrostatic interaction, coating enables the incorporation of a large number of molecules passively. Moreover, loading by surface conjugation sometimes requires functionalization of the molecules and might cause loss of chemical activity.

These findings suggest that std-MSNs and h-MSNs could be used as a loaded and coated host for CEST-MRI. hMSNs could prove superior due to their internal void, which provided ample loading volume for dye compared to MSNs. However, despite the potential demonstrated here, optimization studies still need to be done. Measurement and optimization of the permeability rates as a function of shell thickness or porosity must ensure that suitable water kinetics exist across the coating. The actual chelate has to be experimented with to assess its chemical stability during coating, and complementary loading studies must be used.

CHAPTER 5: A MODIFIED STÖBER METHOD USING COMMERCIALY AVAILABLE SILICA SEEDS FOR PRODUCING LARGE, SILICA NANOPARTICLES WITH LOW POLYDISPERSITY AND THEIR SUBSEQUENT USE IN THE SYNTHESIS OF RATTLE-TYPE HOLLOW MESOPOROUS SILICA NANOPARTICLES

ABSTRACT

Because of their ease of synthesis and well-understood chemistry, silica nanoparticles have significant potential in scientific and technological applications. Controlling the nucleation and growth phases of silica nanoparticle synthesis continues to be studied to improve the quality of silica nanoparticle colloids and powders. This study describes a low-cost and simple method for producing large (105 – 356 nm), low polydispersity silica nanoparticles from small commercially available silica seeds.

We further demonstrated the technique's versatility by creating nanoparticles of varying sizes and by adding a third layer, a mesoporous silica shell, and afterward performing a structurally selective chemical etch; we were able to synthesize rattle-type hollow mesoporous silica nanoparticles. In this synthesis, silica seed particles (~22 nm in diameter), water, and a catalyst (NH₄OH) are pre-mixed and then added to a tetraethyl orthosilicate (TEOS)/ethanol solution. The resulting mixture is stirred overnight, resulting in the formation of large, highly uniform silica nanoparticles. Because the degree of condensation between the seed and the first lab-deposited layer varied, rattle mesoporous silica nanoparticles are possible due to differences in layer density, which we support with N₂ porosimetry measurements.

5.1 INTRODUCTION

Silica nanoparticles (SiO₂ NPs) have demonstrated controllable physical, chemical, morphological, and structural properties, which has led to their expansion in several fields, including medical (drug delivery, and optical imaging), agricultural (insecticides, growth support), industrial (increasing shelf life, catalysis, and biosensors) and environmental applications.^{157,158} Their use in various applications depends on particle size, polydispersity, shape, and composition, all of which can, in theory, be strictly controlled in synthesis.^{92,159} Because geometric features determine nanoparticle properties, near-monodisperse particles are desirable to ensure uniform properties among individual particles in the population.¹⁵⁸

The Stöber method remains the most widely used method of producing spherical, non-porous SiO₂ NPs. The procedure is mainly done in an alcoholic medium. It involves the hydrolysis of alkoxysilane (Si (OR)₄), where R is an alkyl group) and condensation of the resultant monomers in the presence of ammonia as a (basic) catalyst.⁵⁴ During hydrolysis, the alkoxysilane undergoes hydrolysis with silanol groups replacing alkoxy groups in a nucleophilic attack reaction (Equation 1). Condensation also occurs *via* nucleophilic attack where a silanol reacts with either a neighboring silanol or alkoxy group in a condensation reaction, giving rise to the formation of siloxane bridges holding together the silica network and the liberation of either water (Equation 2) or ethanol (Equation 3).¹⁶⁰ A scheme overview of the formation process is presented in Figure 5.1.

Figure 5.1 The sol-gel method is used to create SiO₂ NPs from tetraethoxysilane in aqueous ethanolic solutions. During hydrolysis, silanol groups replace alkoxy groups in a nucleophilic substitution reaction. Thus, the alkoxy silane is hydrolyzed. This is followed by a condensation reaction in which neighboring silanols react, giving off water and forming siloxane bridges that hold the silica together.

There is experimental evidence that the bottom-up approach synthesis of SiO₂ NPs follows the classical nucleation theory (CNT). The associated sol chemistry affects the rates of hydrolysis and condensation, which in turn affects nucleation, aggregation, and the growth of particles.^{161,162} Initially, negatively charged, deprotonated orthosilicic acid units resulting from the hydrolysis of alkoxy silane accumulate in the reaction medium, causing an increase in the Gibbs free energy of the system due to supersaturation. At this point, the resultant polymeric structures would have reached a size and degree of crosslinking where they become large enough to be insoluble and simultaneously form many nuclei; nucleation lowers the Gibbs free energy of the system, taking it back to (monomer) saturation. In one theory, particle growth occurs due to the primary nuclei growing by the solution's adsorption of the remaining orthosilicic acid monomers. The removal, or dilution, of these monomers ensures the monomer concentration in the solution does not reach saturation again, which avoids secondary nucleation that would give rise to size polydisperse

particles. The second proposed growth mechanism is the aggregation growth model, where the primary particles (nuclei) aggregate into more significant masses to form larger particles.

The two theories have since been supported to both occur, with experimental and simulated studies noting the disparity between the number of initial nuclei and the final number of particles in some cases (aggregation mechanism), as well as a reduction in monomer concentrations over time. For instance, Han *et al.* demonstrated the *in situ* seeded growth nature of the Stöber process, demonstrating that the nucleation and growth processes occurred at a distinct point in time. They discovered that small SiO₂ NPs nucleate and grow siloxane network clusters *via* condensation of surrounding silanol monomers. SiO₂ nanoparticles expand as previously formed silicon particles combine with newly hydrolyzed silanol monomers. They were thus able to reconcile the aggregation-only and monomer addition theories into a single consistent framework for comprehending the Stöber process through this study.¹⁶⁰

Because the nucleation and growth phases are inextricably linked and highly dependent on physicochemical parameters,^{55,58} research has gone into optimizing the Stöber synthesis parameters to facilitate simultaneous nucleation and avoid secondary nucleation that leads to size heterogeneity.⁷⁷ Dropwise precursor addition, techniques to promote burst (short) nucleation, and seed-mediated growth have been the primary methods explored to date for increasing SiO₂ nanoparticle size homogeneity. Short nucleation times lead to the creation of initial nuclei that later grow simultaneously, and if precursor homogeneity is achieved

in the starting, monodisperse particles should be achieved. Burst nucleation can be accomplished by causing a sudden increase in monomer concentration (orthosilicic acid), followed by a rapid decrease in monomer concentration below nucleation levels, which effectively inhibits secondary nucleation. The uniformity of the growing colloidal particles can thereafter be maintained under conditions of diffusion-controlled growth, which is accomplished in practice by maintaining low monomer concentrations, increasing the viscosity of the synthesis medium, or introducing a diffusion barrier, *e.g.*, a polymeric monolayer.¹⁶³

Another way of avoiding secondary nucleation in synthesis is controlling growth by using the seed growth technique. In a seeded synthesis method, small preformed nanoparticles act as nuclei on which growth can occur; thus, the monodispersity of the seed particles can be translated to the larger particles if the monomer concentration is kept low enough that secondary nucleation is avoided. Seeded methods have been used with reasonable success by others to prepare solid SiO₂ NPs and many other types of NPs (*e.g.*, Au, Ag).^{96,164,165}

For many other types of NPs, including popular plasmonic gold and silver NPs, seeded methods have significantly advanced synthetic methodologies and applications by affording both predictable size and morphology control, leading to extended methods to SiO₂ particles. For example, Quan *et al.* used the *in situ* addition of TEOS and applied the Stöber method in the reaction solution with small SiO₂ NPs (7 nm) as seeds to quickly generate large SiO₂ NPs (100 nm).¹⁶⁶ Kim *et al.* managed to synthesize 50 nm - 120 nm-sized low polydispersity SiO₂ NPs using two-phase (water/cyclohexane) synthesis

techniques and argued that the seeded techniques by-pass nucleation which is the least controllable stage of SiO₂ NPs formation.⁵⁶

Despite the success of seeded procedures, they are still hampered by some limitations: the poor reproducibility of the methods of making seed particles, the difficulty of surfactant removal from the seeds, strict control over physico-chemical parameters in the synthesis of larger particles, and the utilization of two-phase synthesis protocols which tend to be laborious and use-harmful organic solvents. Herein, we demonstrate a simple seeded synthesis method for the preparation of highly size uniform SiO₂ nanoparticles in this size range (105 nm - 356 nm), as well as rattle-type hollow mesoporous SiO₂ NPs, derived from them based on density differences in the deposited SiO₂ layers onto commercially available Ludox TM-40 silica seeds.

This product has recently been used as a reference material for DLS size and zeta potential analysis due to its high size uniformity and long-term colloidal stability. Although Ludox-TM40 has been used for other applications, *e.g.*, synthesis of nanocomposite polymer foams, transparent silica nanoparticulate films, carbon nanocapsules, and more,^{167,168} to the best of our knowledge, it has not been used as seed material to produce larger SiO₂ nanoparticles. Ludox-TM40 is electrostatically rather than sterically stabilized (*e.g.*, by surfactants), making it readily available for use as a seed as-received. Furthermore, we note that SiO₂ NPs of larger sizes are also commercially available but relatively much costlier *vs.* smaller ones and that their syntheses are trademarked, limiting user access.

The seeded synthesis process we demonstrate here is designed to fully separate nucleation and growth stages and enable wide access to large SiO₂ NPs, using cheap reproducibly obtained seeds. We also demonstrate the use of the larger particles to prepare higher complexity, rattle-type hollow mesoporous SiO₂ NPs with a good translation of the size homogeneity of the seeds throughout the steps. Overall, in this chapter/paper, using our seeded Stöber SiO₂ NPs, we synthesized rattle SiO₂ NPs demonstrating for the first time that beyond structural differences (mesoporous *vs.* nonporous), r-hMSNs can be synthesized using differences in porosity (degree of condensation in non-porous SiO₂).

5.2 EXPERIMENTAL

5.2.1 Materials

Tetraethoxysilane 98% (TEOS), Ludox TM-40 (40% ($w_{\text{silica}}/w_{\text{total}}$) aq. colloid), and cetyltrimethylammonium bromide (CTAB, $\geq 99.0\%$) were purchased from Sigma-Aldrich. Aqueous ammonium hydroxide (NH₄OH (aq), 30% w/w) was purchased from Fisher. absolute EtOH (absolute EtOH, 200 proof) was bought from Decon labs Inc., and electrophoretically pure H₂O (mp H₂O, 18 M Ω •cm resistivity) was used for all synthesis protocols. Laboratory deionized water (DI-H₂O) and ethanol (EtOH, reagent grade) was used for all purification (washing) steps. Experiments were performed in triplicates and repeated at least three times with similar results. For representative samples, the mean $\pm$ standard deviation was reported.

5.2.2 Synthesis of Nanoparticles

Seeded Synthesis of SiO₂ NPs: Large SiO₂ NPs (SS1) were synthesized in a facile method that combines an all-at-once (modified Stöber) procedure with a commercial silica seed (Ludox TM-40) to translate the low polydispersity of the commercially available small nanoparticles to larger SiO₂ NPs and more complex r-hMSNs products. In this synthesis, a solution containing 75 mL of absolute EtOH and 3.12 mL of TEOS was first prepared and stirred at a rate of 450 rpm at room temperature for about 15 minutes. After that, a mixture of millipore H₂O (1.29 mL), 20.4 μ L of Ludox TM-40 (as-received), and aqueous NH₄OH (4 mL) was prepared and subsequently added to the stirring ethanolic TEOS solution; the reaction proceeded at room temperature overnight. Afterward, the resulting suspension was centrifuged at 18,000 Fc for 20 min and washed three times with DI water, 70% w/w aq. EtOH, and 95% w/w aq. EtOH, respectively. The dried nanoparticle powders were then re-dispersed in 17.5 mL absolute EtOH at a ~52 mg/mL concentration for storage, subsequent use, and analysis. To investigate the effects of NH₄OH concentration, SS2 and SS3 were synthesized by increasing the NH₄OH concentration. The volume of absolute EtOH was changed to keep the concentrations of the other reagents constant in these tests.

Synthesis of SiO₂ rattle-type HMSNs: After the growth of larger silica NPs from the commercial seeds, a (third) mesoporous silica layer was deposited onto the large (bilayer) SiO₂ NPs to synthesize rattle-type hollow mesoporous silica nanoparticles (r-hMSNs). Starting with SS1 dispersed at ~52 mg/mL in absolute EtOH, 3.5 mL of the stock SiO₂ NP suspension, 0.06 g CTAB, 33 mL water, and 28 μ L of TEA were stirred at 600 rpm for

50 minutes at 80 °C. Afterward, the stirring rate was increased to 1400 rpm, and 144 μL of TEOS was added. The reaction was allowed to stir for 4 hours. The resultant mesoporous silica-coated Stöber NPs were centrifuged at 18,000 Fc for 20 min and washed three times with 95 % EtOH, 70 % EtOH, and DI water, respectively. To partially remove the core and prepare rattle-type hMSNs, the mesoporous silica-coated SiO_2 (trilayer) nanoparticles were resuspended in 10 mL of DI water through sonication until the mixture was homogenous. Meanwhile, 1.33 g of solid sodium carbonate was mixed with 10 mL of DI water at a stirring rate of 600 rpm for 30 minutes at 50 °C. The sonicated NP suspension was then added to the sodium carbonate solution, and the stirring rate was increased to 1200 rpm. The etching reaction proceeded at this rate for 10 hours, and the resultant etched particles were washed three times with DI water, 70% w/w aq. EtOH, and 95% w/w aq. EtOH, respectively.

Afterward, to free the CTAB-filled pores of the mesoporous silica shell, the resultant pellet containing the NPs was resuspended in a 100 mL EtOH/HCl solution (9:1 v/v) and refluxed at 90 °C for 1 hour. This etching procedure was repeated until no CTAB was detectable by FT-IR spectroscopic analysis. Following four washing cycles, the clean r-hMSNs were oven-dried at 60 °C overnight. An inverse-etching procedure was also done to investigate the effect of changing the etching order (core/shell vs. shell/core). In this experiment, mesoporous silica-coated SiO_2 NPs were prepared the same as above. However, the order of acid etching (to remove CTAB) and sodium carbonate (to remove middle silica layer) etching steps was reversed.

5.2.3 Characterization

The structural features of the synthesized nanoparticles were analyzed by TEM using Technai F20 TEM operating at 4500 eV (CEMN, Portland State University). The microstructural composition of the SiO₂ NPs was investigated by FT-IR spectroscopy (Thermo Nicolet iS10 of solid NP samples, using a diamond ATR attachment). The hydrodynamic radius was measured using a DLS particle analyzer (Horiba LB-550). N₂ porosimetry isotherms were obtained at 77 K using a Micromeritics ASAP 2020 surface area analyzer. The samples' specific surface areas and pore size distribution were calculated using the BET and BJH methods described in the previous chapters. For calculating the PDI, which is a measurement of a nanoparticles' average homogeneity (size uniformity), Eqn 3.1 in Chapter 3 was used.

5.3 RESULTS AND DISCUSSIONS

5.3.1 Synthesis of seeded Stöber nanoparticles

The Ludox TM-40-seeded synthesis procedure presented here is based on the novel Stöber synthesis protocol. The Ludox TM-40-seeded synthesis approach disclosed in this research is based on a published dropwise method that employed 4 mL of TEOS and produced roughly 100 nm particles with a yield (Y_{mass}) of 0.9 grams.¹²⁹ We calculated the number of particles in the 0.9 g sample (N_{ss1}) (= number of nucleation sites) using Eqn 5.4:

$$N_{SS1} = \left[\frac{Y_{mass}}{\rho_{SiO_2}} \right] * \frac{1}{V_{SS1}} \quad (Eqn 5.4)$$

Where ρ_{SiO_2} is the density of SiO_2 , *i.e.*, 2.2g/cm^3 , V_{ss1} is the volume of 1 SiO_2 NP (SS1)

Assumption: All nucleation centers gave rise to spherical 100 nm NPs

We then calculated the amount of TEOS required to make approximately the same size of the particles starting the Ludox TM-40 seeds by using Eqn 4.2 in Chapter 4. The nanoparticles synthesized using the reagent amounts listed above are highly spherical and have narrow size distribution, as evidenced by the small standard presented in Table 6.1. The TEM size distributions for synthesis sample variants SS1, SS2, and SS3 are summarized in Table 5.1, and Figure 5.2 shows the representative TEM images.

Table 5.1 Experimental conditions and results. A summary of the reagents and concentrations used in a study of the effects of the catalyst concentration on the synthesis of large SiO_2 NPs. The TEM size of the seed nanoparticles was 22.2 (4.5)

Sample	Absolute EtOH (ml)	TEOS (mM)	H ₂ O (mM)	NH ₄ OH (mM)	Average TEM size(nm)
SS1	75	176.2	858.2	704	105.2 ± 5.9
SS2	71	176.2	858.2	1409	152.8 ± 6.1
SS3	67	176.2	858.2	2115	356.6 ± 9.9

The size of the seed nanoparticles was found to be 22.2 nm (Figure 5.2A), which is very close to the manufacturer's reported value of 22 nm. An SD of 4.5 indicates a narrow size distribution, which may justify their use as a calibration standard in size measuring instruments. Using a low-cost form of monodisperse colloidal silica as seed enabled subsequent growth on a lab-synthesized layer *via* abundant surface hydroxyls, effectively translating the narrow size distribution to the larger SiO_2 NPs; SS1, SS2, and SS3 (5.2 B-

D). TEM images show that SS1, SS2, and SS3 have uniform size distributions of 105.2 ± 5.9 nm, 152.8 ± 6.1 nm, and 356.6 ± 9.9 nm, respectively. These results support previously reported results that NH_4OH concentration has a positive impact on particle size growth. The observed trend is due to an increase in hydrolysis and condensation rates.^{56,135}

For comparison, Figure 5.2 E shows a TEM image of a representative sample synthesized using a non-seeded synthesis method under similar concentration conditions to those of SS1 in Table 5.1. Some other observations from the TEM images are that sample SS3, with the highest NH_4OH concentration, had some small clusters (debris) intermittently observed on the grid (Figure 5.2 D), which we suspected was due to the presence of residual

Figure 5.2 Representative TEM images for Ludox-TM40 (A), larger SiO_2 NP samples SS1 (B), SS2 (C), and SS3 (D), and a comparative TEM image from a non-seeded synthesis (E) under otherwise similar synthesis conditions

water after washing during the TEM sample preparation and oven heating step (this has previously been associated with aggregation during sample prep¹⁶⁸). These particles had a mean size of 93.2 ± 23.5 nm, indicating a much broader size distribution than those observed for the seeded NPs SS1, SS2, and SS3.

DLS data further supported the TEM images revealing that all samples (SS1, SS2, and

Figure 5.3 DLS distributions for SS1, SS2, and SS3 with modal sizes and PdIs. The increase in particle size as ammonium hydroxide concentrations rise is noted

SS3) synthesized using the seeded method are highly monodisperse (Figure 5.3). The data show that the hydrodynamic diameters of the synthesized NPs SS1, SS2, and SS3 are 126.0 nm, 172.1 nm, and 378.9 nm, respectively, with corresponding PdIs of 0.072, 0.076, and 0.073. Despite some studies reporting an increase in PdI as particle size increases (due to an increase in NH_4OH concentration),^{138,169} our particles did not show this apparent trend. The difference in size measurements between DLS and TEM is expected because DLS distributions are based on the light intensity of the sample nanoparticles and measure

the hydrodynamic diameters. In contrast, TEM distributions are based on light transmission and measure the NP cores only.¹⁷⁰

Silica formation in the Stöber synthesis is a two-step process that begins with the hydrolysis of TEOS and ends with the polycondensation of its monomers (silicic acid) to generate silica networks. Following the addition of the seed, catalyst, and water mixture to an already homogeneous TEOS solution, the hydrolysis of the TEOS results in the monomer accumulation in the starting solution, which eventually reaches saturation condensation of silica on the seed surface occurs without secondary nucleation. By using the pre-formed seeds to bypass the nucleation step, the possibility of heterogeneous nucleation is avoided or reduced; it is well known that heterogeneous nucleation causes polydisperse nanoparticle formation (*e.g.*, the La Mer mechanism of NP formation).

5.3.2 Synthesis of r-hMSNs

Rattle-type SiO₂ NPs have been gaining popularity for imaging, confined-space catalysis, thermal and electrical insulation, and drug delivery due to their unique structural and morphological properties, such as low density, large surface area, excellent small molecule loading capacity, and high permeability.^{139,171,172} Compared to hollow SiO₂ nanoparticles, which have an empty void inside, rattle-type SiO₂ nanoparticles possess a metal core or yolk-like particles (such as Au, Fe₂O₃, and Fe₃O₄) within the interior; thus, they have a core-void-shell structure. The core-void-shell configuration gives rattle-type SiO₂ NPs extra surface area and provides the opportunity to functionalize the inner surface(s) differently from the outer surface.^{60,173} A mesoporous shell, for example, can allow the

passage of small reactants $\text{HAuCl}_4(\text{aq})$ into a selectively amine-functionalized silica rattle, which, when heated, results in the synthesis of Au nanoparticles within the rattle structure, and thus the overall nanostructure acts as a nanoreactor.¹⁷³ Further, Zhang *et al.* demonstrated that silica rattle-silica shell nanostructures exhibit a two-step drug elution profile and argued that such a property could be applied in programmed sequential drug delivery in cases where two or more drugs are loaded.⁷⁸

Prior syntheses of rattle-type SiO_2 NPs have mainly been achieved through compositional- or structural-selective etching of the middle sacrificial layer or by calcination of organic middle layers. The middle layer in compositional-selective etching is made up of organic/inorganic silica hybrids. The organic part provides etching selectivity due to functional groups specifically targeted for dissolution by a given etchant. Tang *et al.* demonstrated one such method by synthesizing silica rattle-silica shell nanoparticles with N-[3-(trimethoxysilyl)propyl] ethylenediamine in the sacrificial layer, etching it out with hydrofluoric acid, leaving the condensed silica core and shell intact.¹⁷¹ In another work, selective compositional etching was applied to synthesize different variations of rattle-type SiO_2 NPs.^{49,174}

Alternatively, structural-based etching methods have been developed to take advantage of the fact that morphological differences between different silicas (*e.g.*, mesoporous *vs.* solid) exhibit selectivity to etching (*e.g.*, different rates due to different degrees of condensation), and this reactivity difference has been used to synthesize rattle-type silica core-silica shell NPs previously.¹⁷⁵ We synthesized rattle SiO_2 NPs using our seeded Stöber

SiO₂ NPs, demonstrating for the first time that r-hMSNs can be synthesized using porosity differences rather than structural differences (mesoporous vs. nonporous) (degree of condensation in non-porous SiO₂).

Using a modified Stöber technique and CTAB as the pore-forming agent, the above-mentioned monodisperse SiO₂ NPs were coated with a mesoporous silica shell. TEM examination revealed the successful deposition of a silica shell with a thickness of about 12 nm (Figure 5.4A). CTAB acts as the template for inducing pores into the silica network

Figure 5.4 TEM images (A) showing a thin mesoporous shell coated-SS1 with CTAB still in pores (128.4 ± 4.5), (B) core-etched hybrid nanoparticles (124.0 ± 5.3) showing small rattle ($\sim 24\text{nm}$) with a magnified image in the insert (C) completely r-hMSNs after etching

and forms spherical micelles in the aqueous media. The outer hydrophilic surface of CTAB with the cationic head groups interacts with hydrolyzed TEOS anions (*via* electrostatic attractions), creating small nucleation centers. Polycondensation forms an amorphous silica layer surrounding the micelles, creating a CTAB/SiO₂ hybrid layer on the core SS1 particles. The successful deposition is also said to have been aided by silanol on the SS1 surface, enabling the silicates to be identified interfacially, encouraging surface condensation, and inhibiting the formation of other nuclei.⁷⁷ Additionally, FTIR analysis

(unreported data) of the unetched r-hMSNs has peaks that are attributed to CTAB: 2920 cm^{-1} , and 2850 cm^{-1} , that are caused by the asymmetric and symmetric vibrations of the CH_2 groups, respectively,^{98,99} indicating the presence of CTAB in the mesoporous silica shell and the effectiveness of the shell deposition.

The SS1 with the CTAB/ SiO_2 hybrid layer was subsequently etched with Na_2CO_3 , which selectively etched out the core leaving the original Ludox-TM40 intact (see Figure 5.4B core-etched NP with a $\sim 24\text{ nm}$ (insert) rattling). The core was selectively etched out over the shell due to its lower condensation degree, which affords it a more open structure and makes it more vulnerable to the NaCO_3 than the shell with a greater condensation degree. Moreover, core etching allows etchant species (OH^-) to access the core while tightly retaining the silica network in the shell.⁶² The rattling suggests different selective mechanisms between lab-generated and commercial silica layers beyond structural variations, which could be because of differences in porosity.

Finally, CTAB was removed from the core etched nanoparticles by refluxing them with an ethanol/ HCl mixture giving rise to r-hMSNs (Figure 5.4C). The technique works by interfering with the electrostatic interaction between the anionic silicates and the cationic heads of the surfactant using H^+ ions from the acid. H^+ ions percolate through the entire silica network electrostatically exchanging with CTA^+ due to the significantly weaker contact between CTA^+ and silicates at the interface.¹⁴⁰ FTIR was once again used to confirm the effectiveness of the etching and the disappearance of the CTAB peaks indicative of a successful etching procedure.

To investigate porosity, N₂ porosimetry was performed on Ludox-TM40, SS1, and r-hMSNs (Figure 5.5 A-C). Ludox-TM40 and SS1 (Figure 5.5 A and B) have isotherms typical of Type II materials with micropores. However, the porosity of the two samples varies. Ludox -TM40 has a 0.131 cm³/g total pore volume versus SS1's 0.276 cm³/g. Given the smaller size of Ludox-TM40 compared to SS1, a larger surface area to volume ratio would have been predicted; however, the two almost have the same S_{BET} (74.1 ± 0.81 m²/g vs. 78.0 ± 1.94 m²/g; Ludox-TM40, SS1, respectively). We deduced that the difference in porosity between the Ludox-TM40 and the lab-synthesized solid silica layer led to the observed selective etching of the lab synthesized layer over the Ludox TM-40 templates.

Figure 5.5 Nitrogen porosimetry studies showing surface area and cumulative pore volumes for (A) Ludox-TM40, (B) Seeded SS1 and (C) Complete r-hMSNs and (D) Pore size distribution as determined by the JBH method)

The isotherm for r-hMSNs shows the typical Type-IV curve at relatively high pressure

(Figure 6.4C) and the existence of a distinct hysteresis loop indicating mesopores' presence within the structure. A pronounced hysteresis loop indicates the presence of mesopores within the structure, which is caused by capillary condensation of the gas at high relative pressures. The resultant r-hMSNs have a high S_{BET} of $748.8 \pm 0.85 \text{ m}^2/\text{g}$ and a cumulative pore volume of $0.848 \text{ cm}^3/\text{g}$, showing that they are highly porous. The pore size distribution peaked at about 3.8 nm (Figure 6.4D), showing that the pores are large enough to allow small molecules and could expand the application of such materials.

5.4 CONCLUSIONS

An easy, non-laborious, inexpensive, and highly reproducible procedure for SiO_2 NPs fabrication was presented. Using a low-cost monodisperse commercial standard as a seed ensures that high monodispersity was maintained in the larger nanoparticles and is essential for reproducibility. The method's versatility was further demonstrated when alteration of the ammonium hydroxide concentration showed direct control over the size of the resulting nanoparticles. Such a production method can be necessary for synthesizing research-use nanoparticles as variations exist between current batches, making it hard to optimize and move research from benchtops to applications. The resultant nanoparticles were then used for making r-hMSNs by making use of porosity differences between the seed and regenerated silica layer. This was the first demonstration that beyond structural differences, porosity could be used for selective etching.

CHAPTER 6: CONCLUSIONS

The overarching hypothesis was that MSNs could become biologically stable hosts for in vivo CEST-MRI by optimizing surface chemistry, volume, and encapsulation. This thesis project aimed to reliably create synthetic access to two MSNs with different internal morphologies, compare loading capacities and assess if a solid SiO₂ coating could effectively encapsulate a negatively charged surrogate dye within the interiors of the MSNs. Achieving these goals would increase our understanding of how morphological and surface chemical features can be optimized to achieve high internal payload concentration and aid in identifying a lead MSN host candidate to optimize the water exchange rate between interior and exterior compartments in future work.

6.1 MESOPOROUS SILICA NANOPARTICLES

Batch-to-batch variations in MSN synthesis techniques limit prospective application studies due to inconsistencies in physical-chemical properties. The production and characterization of three types of mesoporous silica nanoparticles were discussed in this Chapter.

The approach described here was adapted from the literature, employing CTAB instead of CTAC as the templating surfactant. Discrepancies in following research protocols have been documented from lab to lab; hence the modified literature method was pursued to be adaptable in our lab. Swelling agents were utilized to expand the pore size; decane was already used in the synthesis, and DIPB had not been tried this approach. We speculated that these hydrophobic molecules got trapped within CTAB micelles, bulking the template

size, thus making the pore size bigger. We chose a specific stirring speed since it has been identified as a significant factor in batch-to-batch changes in the literature. The synthesis method for the std-MSNs yielded extremely repeatable nanoparticles sizes, unlike the dec-MSNs and DIPB-MSNs.

The SD value of the std-MSNs was lower than dec-MSNs and DIPB-MSNs, which indicated that std-MSNs had a narrow size distribution. The addition of swelling agents led to three changes: 1) a size reduction, which deviates from the literature's tendencies, 2) a broadening of the size distribution, and 3) a loss in reproducibility. These findings were attributed to a decrease in the CMC, which resulted in an increased number of nucleation sites and a smaller size, and an uneven distribution of swelling agents within the micelles. The applicability of swelling agents should involve optimizing starting reagent concentrations and conditions under which the experiment is being done.

The standard-MSNs were around 80 nm in overall size, which allowed for the deposition of a silica layer in Chapter 4 without exceeding the size range of nanoparticles for medical application objectives (100 nm - 200 nm). Their 2,7 nm pore diameters are large enough to accommodate a significant quantity of chelate and water molecules, resulting in improved sensitivity as long as the two water pools stay separated (a role we anticipated the silica coating would be effective to perform). Together with the synthetic robustness and great reproducibility in shape and size (distribution) over DIPB-MSNs and decane-MSNs, these features make std-MSNs an excellent option for following loading and coating tests. Thus, std-MSN were selected based on their size, size homogeneity, and better synthetic

reproducibility to move on to the subsequent functionalization, loading, and assessment stage in Chapter 4.

6.2 HOLLOW MESOPOROUS SILICA NANOPARTICLES

In addition to having the physical and chemical properties of MSNs, hMSNs include an interior void that could render them superior loading capacity compared to std-MSNs. We reasoned that generating hMSNs with control over the void size and shell thickness would allow us to tailor the two structural factors (concentration of internalized paramagnetic agent and the water exchange rate) independently for the best CEST-MRI contrast production. The vast void can enclose a large payload, resulting in many protons exchanging, and the shell thickness and porosity may allow fine-tuning of the water exchange rate. We can adjust the number of water molecules contained by varying the core diameters of these nanoparticles. Because of these characteristics, hMSNs appear to be a good option for CEST-MRI agents.

Although MSNs have been investigated, hMSNs have yet to be investigated in this application; this Chapter explains how hMSNs were synthesized using solid SiO₂ core templates. To solve the reproducibility issue with dropwise addition methods, we developed a delayed-addition method that, when compared to an all-at-once addition method, significantly improved solid SiO₂ monodispersity. This modified method resulted in higher TEOS uniformity within the starting solution before introducing the water and catalyst, making it the preferred mode for producing solid SiO₂ NPs with small size

distributions. By varying the catalyst concentration, we also made three sizes of solid SiO₂ nanoparticles, an essential experimental result in designing different sized hMSNs.

We used the synthesized solid SiO₂ (approximate size of 92 nm) to make hMSNs by creating a mesoporous silica shell first, then performing a structural-selective etching step to remove the core template, following a literature-based method with minor modifications. The subsequent deposition of a mesoporous silica shell was performed using a method described in the literature with minor modifications. Its success was confirmed using TEM and FTIR analysis methods. The role of CTAB in protecting the mesoporous shell during core etching was established herein, and the results presented in this thesis suggest that CTAB may facilitate directional etching, in addition to providing shell protection against etching.

The hMSNs synthesized for preliminary studies had an overall diameter of approximately 135 nm, which was enabled by using 92 nm solid silica nanoparticle templates. The chosen core size enabled deposition of the mesoporous shell and coating silica layer described in Chapter 4 without exceeding the size range of nanoparticles suitable for medical application objectives (100 nm - 200 nm). Their 2,7 nm pore diameters are large enough to accommodate and allow the passage of a significant amount of chelate and water molecules into the void, which may result in increased sensitivity as long as the two water pools remain distinct (a role we anticipated the silica coating would be effective to perform). The robustness and reproducibility of the synthetic method used in this thesis enable the study of optimized experiments without batch-to-batch variation, paving the way for the loading

and coating tests performed in Chapter 4.

6.3 SURFACE FUNCTIONALIZATION, LOADING, AND COATING OF MSNs

Using mesoporous silica nanoparticles, we improved the loading capacity of RB, which is a negatively charged dye. The TGA allowed us to estimate the silanol number, and we used that information to partially functionalize the surface of MSNs to accomplish two goals; 1) introduce amines (ammonium groups) onto the surface in order to change the surface charge and utilize the attractive electrostatic forces between the silica surface and the dye to increase the loading capacity and 2) to leave a fraction of the silanols on the surface so that condensation can be initiated in order to deposit a silica coating.

We devised a novel one-pot loading and coating procedure that significantly increased loading capacity compared to uncoated control samples (both std-MSNs and hMSNs showed a loading capacity of more than 50 % compared to uncoated samples). In comparison to uncoated nanoparticles, where the number of molecules that can be included passively within the interior volume is limited by the number of functional groups accessible for covalent or electrostatic contact, the approach enables the inclusion of a large number of molecules passively within the interior volume. Additionally, the novel one-pot loading/coating process eliminates the requirement to functionalize the small molecule payload in order for it to connect with the nanoparticle host. This step can result in the load losing its functionality. The hMSNs also demonstrated superior loading than std-MSNs (71 % vs. 58 % respectively), presumably due to their internal void. These findings suggest

that MSNs could be exploited in the future as a loaded and coated host for CEST-MRI investigations. hMSNs have the potential to surpass MSNs and other forms of nanostructured CEST-MR agents conceptually due to their increased internal void volume, which gives greater residence space for the internalized contrast agent.

6.4 A MODIFIED STÖBER METHOD USING COMMERCIALLY AVAILABLE SILICA SEEDS FOR PRODUCING LARGE SILICA NANOPARTICLES WITH LOW SIZE DISPERSITY AND THEIR SUBSEQUENT USE IN THE SYNTHESIS OF RATTLE-TYPE HOLLOW MESOPOROUS SILICA NANOPARTICLES

Variations between existing batches make it difficult to optimize and shift research from benchtops to applications. Therefore, there is a need for synthesizing research-use nanoparticles with narrow size distribution and great reproducibility. Using a simple, non-laborious, low-cost, and highly repeatable process, we fabricated low-size dispersity SiO₂ NPs. Using a low-cost monodisperse commercial standard as a seed assures high monodispersity in the bigger nanoparticles and is critical for reproducibility. In this seeded synthesis approach, the commercial premade nanoparticles act as nuclei on which growth can proceed (via polycondensation), essentially bypassing nucleation, a critical and extremely sensitive stage for size dispersity control. As a result, the seed particles' monodispersity was carried over to the larger particles, and the optimized TEOS quantities kept monomer concentrations low enough to prevent subsequent nucleation.

The method's adaptability was further proved when the size of the resultant nanoparticles was directly controlled by changing the ammonium hydroxide concentration. The nanoparticles were then employed to make r-hMSNs by exploiting porosity differences

between the seed and the lab-generated silica layer. N₂ porosimetry measurements indicated differences in porosity between the lab-generated layer (more porous) and the seed nanoparticles (less porous), demonstrating for the first time that porosity may be employed for selective etching beyond structural differences. The seeded approach may be a viable future strategy for producing hollow nanoparticles with high repeatability that can be loaded with small CEST molecules. Additionally, the approach may enable selective functionalization of the interior and more precise loading of charged molecules into the void. Additionally, the seed can be functionalized and conjugated to a catalyst, allowing for using such particles as nanoreactors when the middle layer is selectively etched away.

Although MSNs have been investigated in CEST-MRI, the potential for hMSNs has not been investigated. Both std-MSNs and hMSNs were synthesized reproducibly with low particle and pore size dispersity. The latter was made possible by developing a delayed-addition method to synthesize the template solid silica nanoparticles. The partial amine functionalization of the MSNs' surface enabled attractive electrostatic forces during loading and facilitated the deposition of a silica coating. hMSNs demonstrated a greater capacity for loading the surrogate dye and may be more sensitive than standard-MSNs. The robust synthetic pathways increased loading capacity, and efficient encapsulation method demonstrated in this work establish a solid foundation for future experiments.

While the potential demonstrated in this work is significant, optimization studies and examinations must be conducted and examined to fully realize it. Although the silica coating was effective at containing the dye within, it is necessary to measure and optimize

permeability rates as a function of shell thickness and porosity to fine-tune the water kinetics to the desired regime. After optimizing the water kinetics, the actual chelate would need to be loaded and its functionality assessed under post-coating conditions. The performance of such optimized systems

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