Prompt – “The pressure of miracles”  
Writer A

Over extended too many directions saying yes because that's what everyone wants to hear

Scarcity mindset comparing all the time to superficial signals ignoring my instincts living from fear.

But when I really listen, I know
It's time to let go

So now that I know this it's time to really show that I'm so put together and prove that I'm finally clear

On what makes a good life how I keep in balance how I'm so authentic how I'm never frantic in the moment always right here

Suddenly I know
It's all for show
It's time to let go

Let go again. Then I'm stuck in bed. Let go again. Then I'm wishing I'm dead. Let go again. Then I'm so in my head. Again. Again. And again.

Prompt – “Pollination”  
Elke R.

I feel anticipation
I've got that sweet elation
To change my situation
Coming out of hibernation

I've always felt frustration
Sitting with your indignation
Need to raise these good vibrations
Gotta have that pollination

Ooooh, ooooh
Don’t Need your speculation
About my situation
I don’t need validation
It’s my path to salvation

Plant seeds that spark creation
Mind set on innovation
To grow each generation
You need that pollination

Oooh, ooh

Prompt - “All the somber kids”
Vincent G.

My thoughts are in the sky
I promise I will try
To pay you all of my attention
I don’t mean to anger you
It’s just something I have to do
The fantasy is real
Don’t give me detention

There are lots of ways I try
To hide the feelings inside
All the somber kids and me
We know
We know
All the somber kids and me
We know

Give me a pencil to chew
Some velcro and some glue
Bugs for my investigation
We can have a three-way call
Read a book and still track it all
Multi-task at your mention

There are lots of ways to hide
All the feelings inside
All the somber kids and me
We know
We know
All the somber kids and me
We know

There are lots of ways to hide
All the feelings inside
All the somber kids and me
We know
We know
All the somber kids and me
We know

Prompt – “Something out the window”
Jimm M.

Don’t walk the dog
Can’t comb my hair
I mean, what’s the point
When all the neighbors stare
You can’t fill me up
With only half a cup
I got leaky pockets darlin’
My belly won’t shut up

Where did all that hope go?
There’s a thief in the hourglass, oh
Like a chicken in my silo
You disappear like Garbo
It’s all gone out the window

Can’t tie my shoes
And my socks don’t fit
Don’t tell me to cheer up
It’s got nothing to do with it
You can’t fill me up
With only half a cup
I got leaky pockets darlin’
My belly won’t shut up

Where did all that hope go?
There’s a thief in the hourglass, oh
Like a chicken in my silo
You disappear like Garbo
It’s all gone out the window

**Prompt – “Unseen forces”**
Carley B.

Look at these people
Perched high on the hill
Not knowing that gravity does
What gravity will
Such beautiful houses
Flamingo legs in the sand
But this whole little town is being pulled down
By an invisible hand

And they never see it comin

Someone got the ball rolling
The ball rolled on its way
Fell into a pond
The ripples go on
To this very day
Everything’s a reaction
To what came before
And how we respond
Continues beyond
To everything that’s in store

And they never see it comin
So there is no sense in runnin

Future butterfly
Flaps its wings on winds that blew
Down the mountainside
As it rose from the sea
Currents in the air
Spiral out like galaxies
And the sandstone breaks down
Wind and time and gravity
Carry me

There’s no sense in fighting
The will of the tide
Give yourself over
Go along for the ride
We all know the saying
“Things can change on a dime”
Consistency lies
In the constant surprise
Of the passage of time

And we never see it comin
So there is no sense in runnin
It’s really, really somethin
How we never see it comin

Prompt – “Complications of Time”
Aidan C.

Complicated situation on my mind
Peaceful placated institution that I find
Changes all the rules
When I try to unwind
Each and every tattered edge of
Time, endless time
Complicated time
Endless time

Peers are in the way when you are nine
Feel the eyes that question whether you are fine
Ten thousand days gone, have you learned there is a line?
The jetty that you built into the endless sea of time
Complicated time
Endless time

My first meal that I paid for with my own dime
Tastes much better when I taste it in my mind
Though I’ve feasted on the rich and super-fine
I keep getting hungry for the taste of the first time
Complicated time
Endless time
Complicated time
Endless time

**Prompt - “Changed”**
Group 1 - Writer A, Aidan, Vincent

Deep in an earth warm home
Thrown far from where you come
Dig deep under humus and rotten leaf
Just a seed with a need to be released

Our lives cant be undone
Like the rise and the setting sun
And there’s no use in holding back the rain
Do I bend do I break
To make room for our mistakes
Though we stake our claim we could never be unchanged

Night falls
We're frozen then we thaw
A path we never saw
Weeds and worms
Under the shade of ancient ferns
Small sprout, breaking out, shouting loud

Group 2 - Carley, Jimm, Elke

Remember what it was like back in 2019?
Before we knew that the world would fall apart at the seams
A thousand empty seats starting at a screen
Confusion, what does any of it mean?

Now we’re back in the game like it was nothing at all
Gotta brush off your knees after taking a fall
We don’t keep our distance anymore
Almost back to how it was before

But everything’s changed
Blink of an eye of a hurricane
Everything’s changed
Even though the world’s back to being the same

I’ve got one foot here and one in the past
Hard to keep your balance when it changes so fast
I guess it’s time to write the rules again
If you’ve had enough, just tell me when

Everything’s changed
Blink of an eye of a hurricane
Everything’s changed
Even though the world’s back to being the same
Nobody’s fault, ain’t nobody to blame
Everything’s changed

**Prompt** – “If You Could Go Anywhere”
Jimm, Elke, Writer A

In a house above the trees
Smell of ocean on the breeze

Weaving through the night bazaar
Mombasa market, Zanzibar

Winding roads of Tuscany
Cinque Terre above the sea

Pre Chorus:
Following the path that leads
To where the earth and sky both meet

Chorus:
If I could go anywhere
If I could chase the moon
I would rather watch the stars
From this room with you
If I could go anywhere

Climbing through the high cascades
Where the noble sisters play

Northern lights are dancing flames
From the hot springs, By the bay

Pre Chorus / Chorus

**Prompt** - “The good of destruction”
Vincent, Aidan, Carley

Build it up just to break it down
Weren't prepared for what we found
NOthing left for us to do
Had to clear the way for something new

Let’s burn it down (x2)
Take that hammer and nail
Pop the rivets, let it fail
Let’s burn it down

System’s broke, ain’t no mend
Gotta break if you can’t bend
We’ve run out of games to play
Turns out, destruction is the only way

Let’s burn it down (x2)
Fuel’s quick, flame is brighter
Skip the matches, grab the lighter
Let’s burn it down

[instrumental]

Let’s burn it down (x2)  
Take that hammer and nail  
Pop the rivets, let it fail  
Let’s burn it down

Let’s burn it down (x2)  
Free yourself from the ties that bind you  
Let the winds of the phoenix find you  
Let’s burn it down  
Let’s burn it down  
Let’s burn it down  
Let’s burn it down